



**COLLEGE OF NURSING  
CHRISTIAN MEDICAL  
COLLEGE, VELLORE-4**



WHO collaborating center for  
nursing and midwifery development



***Alumni News Letter  
July 2017 - 2018***

Dear Friends,

We are happy to greet you with the news from College of Nursing. God Almighty has been so grateful and wonderful in leading us through the past year. Thank you all for your wishes, support, and contribution towards the activities of the College of Nursing.

**ALUMNI NEWS**

**Alumni Award**

Mrs. Leela Ramachandran Nair, Diploma batch of 1950 and PBBSc batch of 1971 was honoured with the Alumni award for her lifelong contribution and tireless effort in improving Nursing Education and Community Health Services in CMCC Vellore. She worked in Community Health and Development (CHAD) till 1989 and then in Community Health Department, College of Nursing as Senior Tutor, till her retirement in 1992. After her retirement she joined the Father Muller's College of Nursing where she worked till 1998. There she pioneered in setting up the Community Health Nursing Department, even before the inception of the Community Medicine Department. She was appreciated by the then Director, Father Bernard Moraes, currently the Archbishop of Bangalore, for in his quote "Bringing Vellore to Mangalore", in terms of academic training, integrating teaching and clinical work. After 1998 she served as visiting faculty at the Pushpagiri College of Nursing, Tiruvalla, and Lourde College of Nursing, Ernakulam at Kerala. Mrs. Nair is known for her meticulous planning and organization of patient care services and exemplary teaching skills.



**Alumni Reunion and Workshop**

The alumni reunion was conducted on 14<sup>th</sup> & 15<sup>th</sup> July 2017 on the theme 'Sharing Legacies'. Around 350 alumni attended the reunion. It was a good time of fellowship and reminiscence. Tree planting was planned in the afternoon in the College of Nursing campus. Following this an interactive session was arranged with the senior students. The extramural alumni from the batches of 1977, 1982, 1983, 1988, 1993 and 2007 shared their experiences and motivated the final year batches of BSc and Diploma Nursing students.

A workshop was organized for the intramural and extramural alumni on July 15, 2017 which was attended by 50 participants. The theme of the workshop was titled as "Mental Health: A Hope to Cope".

**Alumni Contribution towards Refurbishing the Chapel**

The Friendship chapel in College of Nursing was refurbished with electronic equipment like electronic piano, projector, sound system, and multi model display projector by the donations from alumni near and far. The generosity of our alumni is highly appreciated. The students are able to worship with good audio system and

music. The refurbished chapel was inaugurated on September 21, 2017 by Dr. Sunil Chandy, Former Director and Dr. J. V. Peter, Director, CMC, Vellore.



### Alumni Scholarship and Welfare Fund

Pitman Taylor alumni scholarship was given to seven PBBSC and two MSc Nursing students this year. Financial support of Rs 3000/month was continued towards the welfare of the two children of Mrs. Louisa Trinath, Diploma batch of 2000 who passed away in a road traffic accident in December 2014

### Meeting with Alumni

Mrs Jeyalindha Chritopher Additional Deputy Dean had a reunion with nearly fifteen alumni in Mary Land USA. Dr. Premila Lee Nursing Superintendent was part of the GOTC in Toronto, Canada and met with eight senior alumni.



### Obituaries

The following alumni entered into eternity during the year 2017 – 2018.

1. Mrs. Helen Inbaraj (B.Sc. 1963 & MSc. 1973)
2. Ms. Anna Jacob (First Indian Nursing Superintendent, CMC)
3. Ms. Ruth Christina (Diploma 2007)
4. Dr. Eshter Sierra (Sister Tutor course 1967 & PBBSc 1971)
5. Ms. Vinolin Siyamala (Diploma 1994)
6. Ms. Nancy Sheela (Diploma 1999)
7. Mrs. Amala Rajan (PBBSc 1989, M.Sc 1998)

We thank God for each one of their lives. May God grant peace to the family members.

## COLLEGE OF NURSING NEWS

### Administrators

Dean	: Dr. Selva Titus Chacko
Deputy Dean	: Mrs. Alice Sony
Additional Deputy Deans	: Mrs. Shandrilla Immanuel Mrs. Jeyalindha Christopher Mrs. Sophia Vijayanandhan Mrs. Margaret Manoharan
Registrar	: Dr. Manoranjitham Sathiyaseelan Mrs. Asha Solomon Mrs. Sheeba Nelson

### Educational Programmes

Students' admission was done as usual with the two step process – entrance examination and interview. Currently a total of 961 students are on roll, with 399 in the BSc Nursing, 392 in GNM, 101 in PBBSc Nursing, 57 in MSc and 12 in Post Diploma Nursing programme.

A separate Post Graduate Nursing selection process was conducted this year as there was no institutional entrance examination for Medical Post graduate selection on the account of NEET. Entrance examination (online) for the Nursing PG courses were conducted in four centers (Delhi, Vellore, Guwahati & Kolkotta) and the step 2 process of practical test and interviews were conducted in Vellore. The process was completed smoothly and 29 students were admitted to various branches of MSc Nursing, 50 students to PBBSc Nursing, and 12 students to various Post Basic Diploma Nursing programmes.

Faculty have enrolled for the Part time PhD programmes under the Tamil Nadu Dr. M.G.R. Medical University and the National Consortium for PhD in Nursing under the Indian Nursing council. One completed her PhD and one faculty is awaiting her Public Viva Voce.

### Student Learning and Feed Back

Passion for teaching and a constant drive to improve the quality of education has enabled the faculty to adopt different creative methods of teaching. Problem based learning was carried out for the M.Sc. (N) programme as one method of teaching. OSCE (Objective structured clinical examination) was introduced as a clinical evaluation method in all the departments for clinical teaching and clinical evaluation. To strengthen the uniformity in the conduction of OSCE, a workshop was arranged for all faculty on planning and conduction of OSCE. Review meetings were conducted by



the Dean for the first year students to improve their academic performance. Regular individual and class meetings were conducted by the respective class advisors and coordinators. The University has adopted OSCE as a part of the Practical examination from this academic year. To strengthen the classroom teachings and to bring about sound clinical practice the students were given opportunity to learn through simulation in the skill labs and through hands on practice in the wards and clinical areas of the hospital. The students were oriented to the primary and secondary health care systems in India through the experiences gained in Community Health and Secondary Hospital Exposure Programme. Feedback from the student and faculty served as a base for curriculum planning and implementation

### Visiting / Observership Students and Faculty

There is an increase demand from Schools/Colleges of Nursing within the country and outside to visit our institution. This year 326 students and 5 faculty from 29 private, government and mission Schools / Colleges of Nursing within country and 29 students and 7 faculty from three International Universities visited our College.

One faculty from University of Coventry, UK and University of Kansas, USA, University of Seattle, Washington, USA and 21 faculty from Institute of Mental health, Kilpauk, Nagaarthanamma College of Nursing, Bangalore and Bethel Agricultural Fellowship, Salem visited our College for observership.

### Scholarships

Scholarships are provided every year to deserving candidates. Institutional scholarships were offered to 97 undergraduate students. Elizabeth Gillespie Scholarship was awarded to three Post Basic B.Sc. Nursing Students and one M.Sc. Nursing student. Donors from overseas, Services ASCN of SDA Pvt. Ltd., The Hope House, University of Washington, Om Sakthi Narayani Siddar Peedam Trust, and H.M. Trust contributed towards the scholarship fund.

### Campus Development

The roads are paved which has given a face lift to the whole campus.. Two RO water plants have been installed. Trees are planted in the whole campus. Sports and games fields are on the progress of development.



## COLLEGE ACTIVITIES

### Lamp Lighting Ceremony

The Lamp Lighting Ceremony-2017 of the College of Nursing was held on 3<sup>rd</sup> November 2017, at the Scudder Auditorium. During this solemn occasion 200 first

year Nursing Students dedicated their lives to the noble profession of 'Nursing'. The Chief Guest Mrs. Alice Augustine, Former Nursing Superintendent, HOD & Obstetrics & Gynaecology Nursing, College of Nursing, CMC, Vellore in her address explained the meaning of Light as celebration, wisdom and wiping out of darkness. She invited the students to be sincere, compassionate, competent, humane and emphasized on exhibiting the Fruits of Spirit. Dr. Selva Titus Chacko, Dean, College of Nursing gave charge to the students and spoke on the significance of Florence Nightingale Lamp and the Ceremony. Dr. Prathap Tharyan, Former HOD, Psychiatry Department, CMC lighted the Florence Nightingale lamp that was presented to the College of Nursing by Dr. Ida S Scudder and encouraged the students to consider their professional training as a journey led by God and to share compassion to those who are suffering with the support of faculty, friends and teachers.



### Graduation Ceremony



On 6<sup>th</sup> March 2018, 200 undergraduates and 89 postgraduates of nursing crossed an important milestone in their professional journey, when they solemnly participated in the Graduation Ceremony at the Scudder Auditorium. Dr. Anne Phillips, Queens Nurse & National Teaching Fellow, Faculty of Health & life Science, Coventry, University, UK, the chief guest in her address encouraged the Graduates to carry with them the legacy of having studied in the most prestigious institution, a worldwide recognition of the quality and value of education and experiences gained. Ms. Sweatham P was awarded the Gold medal for the Best Outgoing Student and Ms. Pavithra R received the Best All-Round Student award in the Diploma Nursing

Programme. Ms. Anju Chachy Philip received the Gold Medal for the Best Outgoing Student, Ms. Angel Nicholas was awarded as the Best Academic Student and Ms. Klasens Tissiah E. received the Best All-Around Student award in the B.Sc Nursing Programme. The Gold medal for the Best Outgoing Student in Post Basic B.Sc Nursing programme was awarded to Ms. Kalaiselvi P.

### College Day

Faculty, Staff and Students of College of Nursing celebrated the College Day on March 17<sup>th</sup>, 2018. The theme of the day was “TYNGSHAIN” which means “GLOW” in Khasi language. The day commenced with flag hoisting in the College of Nursing under showers of blessings from above. Centered on the theme “Tyngshain” the entire gamut of programmes highlighted the essence of being a “Glow”. Dr. Gita Mathai, Pediatrician, Family Care Centre, Vellore was the Chief Guest. In her inaugural address, encouraged the gathering to glow wherever placed and in whatever one does. The Faculty, Staff and Students reminisced about the achievements of the College during the past year and thanked the Almighty for His ever present leading in all the achievements especially in the conduct of the first ever National Students CONFEST 2018. Dr. Gita Mathai awarded the winners of the Zenith Quiz Held at Coimbatore and also the Diploma Nursing students who received the meritorious academic medals and certificates during their course of study.



### Conferences and workshops conducted by the department of CNE and Research

The College of Nursing, hosted a National Conference on “Enhancing Excellence and innovations in Newborn Care” on 23rd & 24th November, 2017. Dr. Manju Vatsa, Principal, College of Nursing, AIIMS, New Delhi, in her Chief Guest’s address highlighted the current model of Newborn Care and envisioned new direction in Neonatal Health. Dr. Chellam Kirubakaran, Former Head of Paediatrics, CMC Vellore was the Guest of honour and she emphasized the importance of a multidisciplinary approach in achieving quality neonatal health. The conference was attended by 487 delegates from India and abroad. The Seven plenary sessions enlightened the delegates on various domains of newborn care.



Other workshops organized by the department of CNE is listed below:

S. No	Date	Name of the workshop	Department
1.	20.04.17	Update on Hemophilia	Med-Surg Speciality VI
2.	28.04.17	Rehabilitation: Nursing Care Challenges	Med-Surg Speciality III
3.	15.07.17	Mental Health: A Hope to Cope	Psychiatry Nursing
4.	21.07.17	Paediatric ALS for Nurses	Paediatric Nursing
5.	27.07.17	Oral Cancer Care: A Multidisciplinary Team Approach	Surgical Nursing
6.	08.09.17	Mixed Methods Research	CNE
7.	19.09.17	Cardiac Emergencies	Med-Surg Speciality II
8.	28.09.17	Fundamentals of Elder Care	Medical Nursing
9.	03.11.17	Trends in ENT Nursing	Med-Surg Speciality I
10.	07.12.17	Peritoneal Dialysis – Trends and Updates	Med-Surg Speciality I
11.	11.12.17	HIV/AIDS: Nursing Perspectives	Medical Nursing
12.	30.01.18	Editorial Skill update	CNE
13.	13.03.18	OSCE/OSPE	CNE
14.	21.3.18	Common Rheumatic Diseases- Update	Med-Surg Speciality VI

### Celebration of National / International days

The departments of College of Nursing observed and celebrated various national and international days. Health exhibitions, health camps, school health programmes, competitions, walkathon etc., were conducted to create health awareness among public. The various days observed are listed below:

<ul style="list-style-type: none"> <li>• The National Safe Motherhood day</li> <li>• The World Breastfeeding week</li> <li>• Newborn week</li> <li>• World Health Day</li> <li>• World Nutrition Week</li> <li>• ORS Week</li> <li>• World Diabetes Day</li> <li>• World TB day Celebration</li> <li>• World AIDS Day</li> <li>• World Cancer Awareness Day</li> <li>• World Breast Cancer Awareness Day</li> <li>• World Autism Day</li> <li>• World Hand Hygiene Day</li> <li>• World Hypertension Day</li> <li>• World Environment Day</li> </ul>	<ul style="list-style-type: none"> <li>• World Epilepsy Day</li> <li>• World Oral Health Day</li> <li>• World Alzheimer’s Day</li> <li>• World Heart Day</li> <li>• World Mental Health Day</li> <li>• World Pneumonia Day</li> <li>• World Road Safety Week</li> <li>• World Contraception Day</li> <li>• World Contraception day</li> <li>• World Kidney Day</li> <li>• World Leprosy Day</li> <li>• World Immunization week</li> <li>• Adolescent Health Week</li> <li>• International Women’s Day</li> <li>• World Sight Day</li> <li>• World Stroke Day</li> </ul>
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### **Journal Publication**

College of Nursing continues to publish the 'Indian Journal of Continuing Nursing Education'. Two issues were published this year and circulated to more than 1000 subscribers within and outside the country.

### **Ph.D. Consortium activities**

PhD Synopsis presentation, Proposal Presentation, Pre PhD Examination, Contact classes, Student Seminar presentations, Academic review committee meeting and Core committee meeting are the following activities carried out by the Continuing Nursing education Department.

### **Research activities**

The Research Committee met four times during the last academic year, 27 faculty proposals have been approved this year in addition to the study proposals by the MSc Nursing students. Seven faculty participated in the annual research day organized on October 10 & 11, 2017 and bagged prizes for poster and paper presentations. Ten BSc nursing students also presented their projects for the first time this year and competed for the Undergraduate Shubankar Research Award (Nursing). Ms. Priscilla. S got the first prize in poster and also won the Shubankar Research Award for Nursing.

### **Outreach activities**

Faculty have extended their support to mission hospitals and Schools of Nursing by participating in their hospital committees, advisory boards and providing consultations.

### **Designation of WHO Collaborating Centre**

We are proud to announce that 'World Health Organization' has designated the College of Nursing, CMC, Vellore as a WHO Collaborating Centre for Nursing and Midwifery Development (WHO CC No. IND – 138) for a period of four years from 29.11.2017 to 29.11.2021.

### **Office of the Global Network of WHO Collaborating Centres**

We Congratulate Dr. Selva Titus Chacko, Dean , College of Nursing who has been elected as the Executive Director of the Global Network of WHO Collaborating Centres of SEARO region for a period of four years from 2016 to 2020.

### **Capacity Building of Nursing Personnel, Directorate of Health Services, Madhya Pradesh**

MOU between the College of Nursing and Director of Health Services, Madhya Pradesh (DOHS, MP) have been initiated in March 2015 to assist in the Capacity Building of the nursing cadre in Critical Care, Oncology Nursing, Emergency and Trauma Nursing, Renal Nursing, Cardiac Critical care Nursing, OR Nursing,

through developing three months short term courses. This year totally 40 staff nurses were trained in two groups (Fourth & Fifth batch). The MOU was renewed for another two years (2018 & 2019)

### **Awards and prizes**

- Mrs. Anandha Ruby Jacob won 1<sup>st</sup> prize in poster presentation on Annual Research Day programme in CMC.
- Mrs. Arokiaseeli Mabel Annarani, I. won II prize for poster presentation on "Knowledge of Nurses regarding NIV Therapy" at Annual Research day programme in CMC.
- Miss Shalini Sasi, won 2<sup>nd</sup> prize in poster presentation at the World Diabetes Day celebration
- Ms. Anu Silu bagged 2<sup>nd</sup> prize for the poster competition organized by Department of Pharmacology on Pharmacy week.
- Ms. Nicole Johnson won 3<sup>rd</sup> prize in Just –a minute competition conducted in May 2017 for International Nurses Day celebrations.
- Ms. Deborah Snegalatha led and participated in a three member team quiz conducted by Pharmacy Department and won third prize.
- Ms. Hemalatha was awarded Silver Medal for the GNM Programme in the 44<sup>th</sup> CMAI Biennial Conference from 05.11.17 to 08.11.17 at Bhubaneswar
- Ms. Ponmani was awarded Third place for the GNM Programme in the 44<sup>th</sup> CMAI Biennial Conference from 05.11.17 to 08.11.17 at Bhubaneswar
- Mrs. Margaret Manoharan was awarded first prize for her research paper presentation on " Knowledge on triaging among Paediatric nurses in Paediatric emergency services" held on 10 – 11<sup>th</sup> Oct 2017 during the 8<sup>th</sup> annual Research day programme held in CMC Vellore
- Mrs. Irene Dorathy received the University Gold medal in community Health Nursing Speciality in the M.Sc Nursing Programme.

### **STUDENT ACTIVITIES**

#### **Student Nurses Association (SNA)**

President	: Dr. Selva Titus Chacko
Senior Advisor	: Mrs. Emily Daniel
Jr.Staff Advisor	: Ms. Hepsi R.
Vice President	: Ms. Steffi Sebastian
Secretary	: Ms. Sneha Santhosh
RAC President	: Ms. Danita Daniel
Hostel General Secretary	: Ms. Suriyalakshmi



## Sports

Annual Sports day was conducted on 03.05.2018. Dr. Regi Thomas, Professor & Head, Department of ENT was the Chief guest for the programme. Dr. Anupama Thomas honoured the winners with prizes and medals. Individual Championship for women was won by Ms. P. Janani (I B.Sc.) and men by Mr. B. Prince (III Diploma). The rolling shield for overall championship in sports was won by Houghton House and the March past rolling cup was won by Taylor House.



## N.S.S.

N.S.S Special camp was conducted for the second year B.Sc (N) students from 19.3.18 – 25.3.18 at Ramapuram Village, Vellore District. Activities were organized based on the theme “Healthy Youth for Healthy India”. Village health survey, Environmental awareness day, School Health survey, Child health camp, cervical screening and women health camp and General Health Camp were conducted.

## Youth Red Cross

The World Environment day was celebrated on the 5<sup>th</sup> June 2017. A poster competition on the theme “Connecting people to nature” was held. First year B.Sc students participated in the Drug Awareness Rally organized on 29<sup>th</sup> June 2017 by the Red Cross Society of Vellore District. On account of the 68<sup>th</sup> Geneva Convention day a drawing competition was conducted by the Red Cross Vellore. Mrs. Shalini Getsy, YRC programme officer of the College of nursing received a certificate of appreciation. Health Awareness Rally on Dengue Fever was conducted on the 26<sup>th</sup> October 2017. Blood donation camp was conducted on 4<sup>th</sup> December 2017 at the College of nursing. 100 YRC members donated blood and College of nursing was awarded a certificate of appreciation from YRC, Vellore. Few students had the privilege of attending a one day course on “Disaster Management” on 10<sup>th</sup> March 2017 conducted by the YRC Vellore.

## Religious Activity

Religious activity committee special programmes were conducted every month where special speakers and worship teams were invited. Movies were screened and Bible quizzes were conducted periodically. Exam prayers, cabinet prayers, Hostel Thanks

Giving service, weekly Sunday school programme in Thottapalayam, fund raising, Christmas carols, multilingual services, carol services, ward carols, class retreats were some of the regular features. The Chaplaincy department took interest initiating and conducting Morning prayers and Sunday evening services in the College of Nursing Friendship Chapel. Tuesday Fellowships are also regularly conducted in the same chapel.

Students participated and were blessed by the musical concert conducted by Graham Kendrick titled “Banner Flying Higher” in the hostel quadrangle in October 2017. They also had the opportunity to participate in the musical play “Queen of Hearts” organized by Open House Publications at the Scudder Auditorium on 2<sup>nd</sup> September 2017. Few students had the privilege of attending the concert conducted by Christ Choir from Bangalore at the Scudder Auditorium on 10<sup>th</sup> February 2017 and Laban Presbyterian church choir on 27<sup>th</sup> January 2017. “An evening of lively classical music”, a concert conducted for the centenary celebration fundraising was conducted on 3<sup>rd</sup> March 2018 which the students attended. 200 students participated in the Shiloh conference in Scudder Auditorium. A retreat was conducted for the student cabinet members in the month of September 2017 with the theme “Plug into power” which the cabinet members found very useful. Rooted 2017 was organized by the Pondicherry Institute of Medical Sciences on the topic “Redemption into Light”. Eight students actively participated in the conference. Our students also participated in the 44<sup>th</sup> biennial conference organized between November 5 – 8, 2017 by CMAI and the ENFI conference at Christian Fellowship Hospital, Oddanchatram on April 6 & 7, 2018. These conferences helped our students to grow in the spirit of Christ.

## Secondary Hospital Experience

The secondary hospital experience was arranged for 98 third year B.Sc Nursing, 50 PB.B.Sc, and 29 M.Sc Nursing students. Students visited the Christian Fellowship Hospital, Oddanchatram, T.N., CSI Kalyani Hospital, Chennai, Basel Mission C S I hospital, Gadag, Karnataka, Asha Kiran Hospital, Lamptaput, Odisha, Padhar Hospital, Padhar, Madhya Pradesh, Christian Hospital, Bissamcuttack, Odisha, Dhamtari Christain Hospital Dhamtari, Chattisgarh, Christian Hospital, Chattarpur, M.P., Duncan Hospital, Raxual, Bihar, St. Thomas Mission Hospital, Kattanam, Kerala, Christian Hospital, Mungeli, Chhatisgarh, and Christian Hospital, Berhampur, Ganjam, Odisha.

## Student Nurture

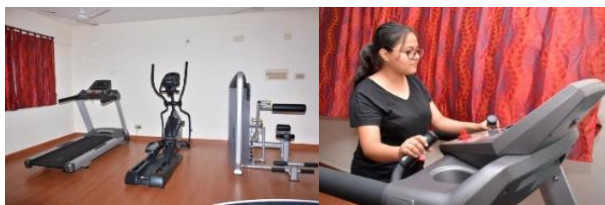
The students are nurtured and guided in the College and hostel by the class advisors and wardens. Regular Bible classes and retreats are conducted by Chaplaincy department for all batches. A counselor is available every day in the hostel for their

need. The counseling classes (once a month) by the counselor along with the Bible classes is being continued which the students find very useful. Foster parent and foster batch scheme also helps in building relationships. Various other religious programmes like Tuesday fellowship, chapel services, Teaching Mission and SHILOH in the institution are a source of support for the growth of each student. A staff nurse is available on health call duty at nights to meet any emergency health needs of the students and one nurse caters to the needs of the students who visit the staff student clinic.

### Nursing Students Hostel

The UG block of the new Nursing Students' Hostel has 145 rooms and accommodates 580 students. The PG block has 150 rooms and will accommodate 302 students. At present total of 756 students are housed in the Nursing Students hostel. Accommodation is arranged with 4 students in each room in the UG block and 2 in each room in the PG block. The staffing consists of 5 assistant wardens, 5 cooks (hospital attendants) and 2 hospital attendants. The maintenance and cleaning is done by the Red Sky contractors.

RO water facility had been newly installed in the kitchen for cooking purpose this year. 84 numbers of metal three seater chairs were bought and placed in the floors of the hostel. 24 cameras were fixed in the hostel. Six guest rooms were furnished with new furniture, TV, and other amenities. 48 special functions were catered during the year in addition to the regular catering. A new Television, LCD projector, UPS and a podium are new facilities added in the recreation hall. Two Gyms with Treadmill, Elliptical Trainer, Vinyl dumbbells, Gym ball etc was also added this year. Space to play Volley ball and Throw ball was allotted in front of the hostel.



### Awards & Prizes

The nursing students (Men) won the second place in volley ball, football, 400 meters relay and track events during Pegasus. Twenty seven students from the college of nursing participated in the Inter Nursing College sports meet conducted by the Tamil nadu Dr. M.G.R. Medical University hosted by KG College of Nursing, Coimbatore and won the third place in 400 meters relay. Students participated in the integrated sports and games organized by CMC from March 12<sup>th</sup>

– 15<sup>th</sup> 2018 and won the first place in throw ball (women) and in volley ball (men). Runners in basketball, table tennis and Shuttle Badminton.

Students had participated in the South Zone Intercollegiate quiz competition-Zenith- 2017 conducted by PSG College of nursing, Coimbatore. Our students won the first prize among five teams which headed to finals. Since this is the third consecutive win the College of Nursing, CMC Vellore is the recipient of the rolling trophy is obtained permanently. Students participated in the quiz on diabetes and in the diabetic dance competition conducted in CMC Vellore. A team of three students bagged the third prize in the pharmacy quiz

### Conference

CONFEST 2018, a Mega Event for the Nursing Students in India, was conducted by the College of Nursing. It was a three day event comprising of a seminar and cultural-cum-sports meet, and it was heralded as the first of its kind. The seminar held on the first day, focused on the theme 'Values Enrich Education, Ethics Strengthens it'. Mrs. Evelyn P. Kannan, Secretary General of TNAI, Chief Guest for the Inaugural ceremony, stressed upon the need of amalgamation of values and ethics in education and challenged the younger generation to take pride in their profession while carrying it forward to greater heights. An impressive total of 995 students of 35 colleges from 9 different States participated in this mega event. The second day opened up a platform to showcase the talents of the young budding nurses. A total of 12 competitions and a Quiz were held at various venues. Dr. Rohit Amritanand, Deputy Medical Superintendent, CMC, graced the Sports Meet on the third day and felicitated the gathering. Students actively participated in various track events and were a source of inspiration with their dedicated sportsmanship. The Overall Championship Trophy was won by CON, CMC. Apollo College of Nursing, Chennai and Lissie College of Nursing, Ernakulum were the First and Second Runner-ups.



One student participated in the National SNA Biennial Conference at Guntur Medical College. Five students attended the leadership conference organized by AIACHE in June 2017 at Chennai and in September 2017 at Goa. 82 students participated in the State XXVII SNA biennial conference from the 15<sup>th</sup> – 17<sup>th</sup> April, 2017 at the Sardar College of Nursing, Tirunelveli. The students participated in various competitions and won the **Overall State Championship**.

The XXVII National SNA Conference was held at Guntur, Andhra Pradesh from 30<sup>th</sup> November to 1<sup>st</sup> December, 2017. The students represented TamilNadu for events such as scientific paper presentation, personality development and sports.

### FACULTY INFORMATION

Congratulations to Dr. Bala Seetharaman who has successfully completed her PhD programme in Nursing under the Indian Nursing Council PhD consortium.

#### Faculty on roll

Professors	- 44	Assoc. Professors	- 10
Readers	- 8	Lecturers	- 9
Jr.Lecturers	- 23	Tutors	- 53
Staff Nurses (B.Sc.)	- 34	Staff Nurses (Diploma)	- 62

There were 50 appointments, 41 resignations, and 6 retirements. The details of retired faculty is given below:

- Mrs. Josephine Sukumaran, Professor in Nursing retired on 26.06.2017 after 31 years and 3 months dedicated service.
- Mrs. Beulah Premkumar, Professor & Head of Surgical Nursing & Specialty – I retired on 01.12.2017 after 20 years & 10 months of dedicated service.
- Mrs. Anbu S. Kumar, Professor & Head of Medical Surgical Specialty –III retired on 20.12.2017 after 39 years & 5 months of dedicated service.

#### Nursing Research Assistant

Two Jr. Lecturers and 7 staff nurses(B.Sc./Diploma) are working as research nurses in projects conducted by Medicine Unit –I, Neuro surgery, Child Health, Cardiology, Microbiology and Distance Education Department.

#### Study leave, Sabbatical leave and Training / Fellowship programmes

Two faculty joined after study leave and one faculty joined after sabbatical leave. There are 4 faculty on study leave and 1 on sabbatical leave.

Dr. Vinitha Ravindran, Dr. Manoranjitham, Mrs. Rebecca Sumathi Bai and Mrs. Jeyalindha Christopher have been awarded the senior training fellowships.

Mrs. Reena Santhosh has been awarded the Modale Junior faculty research scholarship.

#### Obituary

Mrs. Amala Rajan, Professor & Head of Fundamentals of Nursing expired on 21.10.2017. She served in the institution for 32 years and 8 months.

### FUTURE PLANS

1. Implement plans as per Consultation 2016
2. Strengthen integration roles by planning specialist roles
3. Commence short term courses (3 months duration) in various nursing specialties
4. Completion of furnishing the Chapel
5. Complete furnishing Nursing Students' Hostel.
6. Participate in planning and construction of the Multipurpose Hall and Sports and Games field
7. Conduction of an Educational audit
8. Obtain INC recognition for the Post Diploma in nursing courses )
9. Promote and strengthen Faculty Research
10. Encourage Collaborative research within and outside the institution
11. Participate in Curriculum planning and revision at the University and INC levels.
12. Strengthen Faculty and Student exchange programmes between Universities
13. Expand Distance education programmes and e- resources in collaboration with the State Nursing Council and the Ministry of Family Health and Welfare.

### NURSING SERVICE NEWS

#### Administration

Nursing Superintendent	: Dr. Premila Lee
Deputy Nursing Superintendent	: Mrs. Florence Segaran
Deputy Nursing Superintendent	: Mrs. Ilavarasi Jesudoss
Addl. Deputy Nursing Superintendent	: Mrs. Regina Xavier
Addl. Deputy Nursing Superintendent	: Mrs. Dorathy Devakirubai
Addl. Deputy Nursing Superintendent	: Mrs. Nirmala Emmanuel

### AWARDS & ACCOLADES

#### Nursing Excellence Award

The Nursing Services of CMC, Vellore has added yet another accolade to the Institution by obtaining the 'Nursing Excellence' certification by the National Accreditation Board for Hospitals in November 2017. A





celebration was organized to honour and award the nursing staff at Scudder Auditorium on the evening of January 16, 2018. Every Nursing department was awarded a certificate . which was distributed by Dr. Girdhar J. Gyani, the Director General of Association of Healthcare Providers of India and former Director of NABH. Nearly 1000 nurses including retired Nursing Superintendents and leaders gathered on the occasion to celebrate the great day with dinner

### **Sports Championship**

Nursing staff participated in the various sports events organized by the institution and Nursing Service won the Institutional Sports Championship 2017 for the second year .

### **Individual Awards for Staff Nurses**

Nursing staff attended various conferences, workshops and other activities conducted within and outside the institution bringing glory and honor to the institution.

- Ms. Hemalatha was awarded 2<sup>nd</sup> prize for the quiz conducted at the Tamilnadu Pondicherry Oncology meet and training for nurses in JIPMER
- Ms. Sandhya won 2<sup>nd</sup> prize for quiz competition at the conference workshops of the National Academy of Burns.
- Ms. Shakila Staff Nurse PES was awarded Above and Beyond Call of Duty certificate as an appreciation towards her timely action in saving patient's life.

## **CLINICAL WORK**

### **Nursing Leadership**

The nursing leadership continues to support and promote safe delivery systems, quality practice environments, and build diversity and equity in the profession. The senior faculty head various departments and provide their leadership.

### **Additional Services & Facilities**

- MTS2, KN ward , CCU and Schell OR 2 were renovated for congenial patient care
- Heat Stroke ward: Existing injection room was converted into heat stroke ward with AC facility for 3 months (April to June 2017). .
- Specialized 4 bedded Skin Care Unitn failure.
- Eight bedded A9 ward was modified as additional Allogeneic Bone Marrow Transplant Unit.
- Bronchoscopy suite: Disposable kits were introduced for Thoracentesis and Seldinger Rocket catheter for chest aspirations.
- Sleep Disorder clinic in Alpha Clinic.

- Narrow Banded Imagine Scopy inaugurated in ENT OPD.
- X Ray Facility dedicated at Ortho OPD
- Medical Oncology Day Care center II was inaugurated.
- Hematology Day Care Services was extended for 24 hours
- Low Vision Clinic at Shalom clinic was initiated.es

### **New Initiatives**

- Chemotherapy preparation check list and monitoring records.
- Kardex system is being introduced in the Dialysis unit.
- Extension of Acute pain services
- Initial assessment and Nursing Care plan documentation form revised and introduced.
- Categorization of patients for online charging.

### **Social Outreach Health Programme**

- Kotagiri Medical Fellowship Hospital (KMF), Nilgiris: The Addl. Deputy Nursing Superintendent and CSSD Charge Nurse were deputed for assessment of the Kotagiri Medical Fellowship Hospital.
- An Asthma and Allergy Health camp at in Scudder Memorial Hospital, Ranipet.
- Sensitization on risk factors in four Colleges on World Cancer day Tuberculosis awareness programme for students at KAKM Municipal Higher secondary school .School health programmes in ten schools of Vellore to create awareness on oral cancer prevention.
- Project helmet, an outreach program organized by Rehabilitation institute for Government Engineering and polytechnic students. Homes visits and conduction of clinics in 5 areas by LCECU out reach team.
- Gynae Oncology Survivors meet and other similar survivors meets like Head and Neck Cancer, Breast cancer were conducted within and outside the hospital.
- Awareness on Hepatitis B& C on World Hepatitis day.
- CMC Emergency Care at Katpadi Railway Station continues to rail passengers. cater to patients..
- Injury Prevention Camp for wardens in Central Jail, Vellore and in APCA by Emergency team.
- Heat stroke awareness programme by Emergency Department along with Safety Cell. Staff in PATC, Vellore, RTO office and the Security personnel of CMC, Vellore.
- Regular home visits by the Rehabilitation team to monitor and assess rogressFour Regional Melas and 25<sup>th</sup> Annual Rehab mela was conducted to

review physical, socio-vocational and psychological status of rehabilitated patients.

## WORKSHOPS AND TRAINING PROGRAMMES

### In-house Workshops

Regular workshops are conducted for Nursing staff on Cardiopulmonary resuscitation, Intravenous therapy and other clinical workshops. 40 CPR workshops for 1247 nurses, 13 IV therapy for 520 nurses, and 49 other clinical workshops for 2362 nurses were conducted. 'Hand Hygiene Champions' workshop was attended by 98 members representing all the departments in CMC.

**Tamil Nadu Accident and Emergency Care Initiative programme:** The Government of Tamil Nadu offered an opportunity to train nurses from the Government Hospitals as Trainers for Early management of Trauma and non-trauma emergency care at Emergency Department, Christian Medical College, Vellore. Nursing Service successfully conducted two week comprehensive training program for 165 nurses in 5 batches.

### Clinical Competency Training

Clinical Competency training was organized for all the staff nurses in dialysis unit and Acute pain services unit and certified.

### Short Course in Hospital Infection Control for Nurses

The Office of the Nursing Superintendent, in collaboration with the Hospital Infection Control Committee, successfully conducted the 4th Short Course for Nurses of Mission, Private and Government hospital for 45 delegates from 24 different hospitals from 8 States of India.

### Advanced Life Support in Obstetrics (ALSO)

A two-day provider certification courses on 'Advanced Life Support in Obstetrics' Nursing service and the Obstetrics and Gynaecological nursing department. The certificate was awarded by the American Academy of family physicians (AAFP) in collaboration with GVK - Emergency Management & Research Institute, Secunderabad for thirty participants.

### Seminar on 'Beyond Excellence – A Seminar for Nurse Leaders'

A one day seminar on "Beyond Excellence – A Seminar for Nurse Leaders" was organized by the Office of the Nursing Superintendent on January 16, 2018. Dr. Ani Grace Kalaimathi, Registrar of Tamil Nadu Nurses and Midwives Council was the Chief Guest. Dr. Girdhar J. Gyani, the Director General of Association of Healthcare Providers of India and former Director of NABH was one of the speaker.

The seminar was a great learning experience for the 150 nurse leaders from South India.

### Visitor Observers from other hospitals

Nursing Service provided professional support for nurses from other health care institutions by permitting them as Visitor Observers to update themselves in the area of their choice to benefit their parent institution. Experience was provided in wound care, Hematology unit, HICC, ENT OR, BMTU, Palliative care unit, Neuro ICU, Paediatric ICU and Hemodialysis unit for 29 Nurses from 12 institutions within India.

## HUMAN RESOURCE

### Staffing

A total of 145 nurses were recruited from our institution and 84 through CBT programme. There are currently 120 Charge Nurses, 353 BSc staff Nurses, 2146 Diploma Staff Nurses, 202 MPHWS, and 106 Nursing Auxiliary.

### Staff Welfare

Nursing Awards were bestowed upon the most deserving among nurses for their extraordinary and compassionate care towards patient service on Nurses Day celebration on May 2017.



- AWARD from TNMC - Mrs. Esther Paul (Accident and Emergency)
- Charge Nurses – Mrs. Latha Madankumar (P1 Ward),
- Staff Nurses – Ms. D. Violet Rani (Q6 South) and
- Auxiliary Nurses – Mr. J. Thanga Durai (Q2 Ward)

**Sabbatical leave and study leave:** Mrs. Margaret Charles is on sabbatical leave.

Two staff are on study leave to pursue MSc Nursing programme, 17 staff studying PBBSc Nursing and 12 nurses are doing their Post Basic Diploma, Diploma, and Fellowship programmes in Nursing.

**Spiritual Needs:** Annual Retreats and regular Bible study were conducted in all the nursing departments to strengthen the relationship with God. About 566 nursing staff from 7 departments attended the retreat sponsored by Nursing Service.

**Counseling Support:** Ms. Devaki, Counselor visits the wards and conducts various sessions and is available in staff hotel for personal counselling.

### Staff Nurses Hostel

Staff Nurses hostel continues to provide comfortable boarding for the nursing staff. Two elliptical cycles were procured and placed in the Staff Nurses hostel for staff use. Lunch room and kitchen facility was provided for the non-inmates. New audio system & speakers were procured for the conference room at the Staff Nurses Hostel which hosts the in-house training program and other social programmes for nurses

### Retirement

Three Charge Nurses, 4 Staff Nurses, 3 MPHWS, and 2 Nursing Auxiliary retired this year after completing their service.

### RESEARCH ACTIVITIES

Two Charge Nurses had their research published in TNAI Journal Journal of Mental Health Nurses. Charge Nurses and Staff Nurses also took part as co-investigators.

### CHITTOOR CAMPUS

Chittoor campus continues to expand with additional new services being initiated. A Nurse Manager was appointed for clinical supervision.

### ALUMNI ASSOCIATION

#### Office Bearers

President	: Dr. Selva Titus Chacko
Vice President	: Dr. Vinitha Ravindran
Secretary	: Mrs. Anne Jarone
Joint Secretary	: Ms. Mercy J
Treasurer	: Mrs. Regina Xavier
Joint Treasurer	: Mrs. Reena Santhosh

#### Coordinators

Standing Committee	: Dr. Premila Lee
Welfare Committee	: Mrs. Alice Augustine Mrs. Jebamani Augustine
Scholarship Committee	: Dr. Mary S. Immanuel
Editorial Committee	: Mrs. Diana David Mrs. Nirmala Emmanuel
Workshop Committee	: Mrs. Rebecca Sumathi Bai

### Alumni Representatives

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North Tamil Nadu	: Mrs. Lathi Sajan, Ranipet
South Tamil Nadu	: Mrs. Grace Kingston, Ambilikai

Karnataka	: Mrs. Mildred Rani, Bangalore
Kerala	: Dr. Mariam Mathew
West Bengal & Assam	: Ms. Eshitha Chanda
Other North East States	: Mrs. Cheryl Susan Tada

### Over seas

Dubai	: Mrs. Rajkumari Ravi
Kuwait	: Mrs. Shanthamma Peter
Bahrain	: Mrs. Jancy Paul
Doha	: Mrs. Malathy Chelladurai
Malaysia	: Mrs. Molly Tilak
U.K.	: Rev. Isaac Poobalan
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New Zealand	: Mrs. Kamalini Daya & Mrs. Leena Adolf

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### With best wishes

Dr. Selva Titus Chacko	Mrs. Diana David	Mrs. Nirmala Emmanuel
President	Convenor	Joint Convenor
Alumni Association	Editorial Committee	Editorial Committee
	Alumni Association	Alumni Association