



**COLLEGE OF NURSING  
CHRISTIAN MEDICAL  
COLLEGE, VELLORE-4**



WHO collaborating center for  
nursing and midwifery development



***Alumni News Letter  
July 2017 - 2018***

Dear Friends,

We are happy to greet you with the news from College of Nursing. God Almighty has been so grateful and wonderful in leading us through the past year. Thank you all for your wishes, support, and contribution towards the activities of the College of Nursing.

## **ALUMNI NEWS**

### **Alumni Award**

Mrs. Leela Ramachandran Nair, Diploma batch of 1950 and PBBSc batch of 1971 was honoured with the Alumni award for her lifelong contribution and tireless effort in improving Nursing Education and Community Health Services in CMC Vellore. She worked in Community Health and Development (CHAD) till 1989 and then in Community Health Department, College of Nursing as Senior Tutor, till her retirement in 1992. After her retirement she joined the Father Muller's College of Nursing where she worked till 1998. There she pioneered in setting up the Community Health Nursing Department, even before the inception of the Community Medicine Department. She was appreciated by the then Director, Father Bernard Moraes, currently the Archbishop of Bangalore, for in his quote "Bringing Vellore to Mangalore", in terms of academic training, integrating teaching and clinical work. After 1998 she served as visiting faculty at the Pushpagiri College of Nursing, Tiruvalla, and Lourde College of Nursing, Ernakulam at Kerala. Mrs. Nair is known for her meticulous planning and organization of patient care services and exemplary teaching skills.



### **Alumni Reunion and Workshop**

The alumni reunion was conducted on 14<sup>th</sup> & 15<sup>th</sup> July 2017 on the theme 'Sharing Legacies'. Around 350 alumni attended the reunion. It was a good time of fellowship and reminiscence. Tree planting was planned in the afternoon in the College of Nursing campus. Following this an interactive session was arranged with the senior students. The extramural alumni from the batches of 1977, 1982, 1983, 1988, 1993 and 2007 shared their experiences and motivated the final year batches of BSc and Diploma Nursing students.

A workshop was organized for the intramural and extramural alumni on July 15, 2017 which was attended by 50 participants. The theme of the workshop was titled as "Mental Health: A Hope to Cope".

### **Alumni Contribution towards Refurbishing the Chapel**

The Friendship chapel in College of Nursing was refurbished with electronic equipment like electronic piano, projector, sound system, and multi model display projector by the donations from alumni near and far. The generosity of our alumni is highly appreciated. The students are able to worship with good audio system and

music. The refurbished chapel was inaugurated on September 21, 2017 by Dr. Sunil Chandy, Former Director and Dr. J. V. Peter, Director, CMC, Vellore.



### Alumni Scholarship and Welfare Fund

Pitman Taylor alumni scholarship was given to seven PBBSC and two MSc Nursing students this year. Financial support of Rs 3000/month was continued towards the welfare of the two children of Mrs. Louisa Trinath, Diploma batch of 2000 who passed away in a road traffic accident in December 2014

### Meeting with Alumni

Mrs Jeyalindha Chritopher Additional Deputy Dean had a reunion with nearly fifteen alumni in Mary Land USA. Dr. Premila Lee Nursing Superintendent was part of the GOTC in Toronto, Canada and met with eight senior alumni.



### Obituaries

The following alumni entered into eternity during the year 2017 – 2018.

1. Mrs. Helen Inbaraj (B.Sc. 1963 & MSc. 1973)
2. Ms. Anna Jacob (First Indian Nursing Superintendent, CMC)
3. Ms. Ruth Christina (Diploma 2007)
4. Dr. Eshter Sierra (Sister Tutor course 1967 & PBBSc 1971)
5. Ms. Vinolin Siyamala (Diploma 1994)
6. Ms. Nancy Sheela (Diploma 1999)
7. Mrs. Amala Rajan (PBBSc 1989, M.Sc 1998)

We thank God for each one of their lives. May God grant peace to the family members.

## COLLEGE OF NURSING NEWS

### Administrators

Dean	: Dr. Selva Titus Chacko
Deputy Dean	: Mrs. Alice Sony
Additional Deputy Deans	: Mrs. Shandrilla Immanuel Mrs. Jeyalindha Christopher Mrs. Sophia Vijayanandhan Mrs. Margaret Manoharan
Registrar	: Dr. Manoranjitham Sathiyaseelan Mrs. Asha Solomon Mrs. Sheeba Nelson

### Educational Programmes

Students' admission was done as usual with the two step process – entrance examination and interview. Currently a total of 961 students are on roll, with 399 in the BSc Nursing, 392 in GNM, 101 in PBBSc Nursing, 57 in MSc and 12 in Post Diploma Nursing programme.

A separate Post Graduate Nursing selection process was conducted this year as there was no institutional entrance examination for Medical Post graduate selection on the account of NEET. Entrance examination (online) for the Nursing PG courses were conducted in four centers (Delhi, Vellore, Guwahati & Kolkotta) and the step 2 process of practical test and interviews were conducted in Vellore. The process was completed smoothly and 29 students were admitted to various branches of MSc Nursing, 50 students to PBBSc Nursing, and 12 students to various Post Basic Diploma Nursing programmes.

Faculty have enrolled for the Part time PhD programmes under the Tamil Nadu Dr. M.G.R. Medical University and the National Consortium for PhD in Nursing under the Indian Nursing council. One completed her PhD and one faculty is awaiting her Public Viva Voce.

### Student Learning and Feed Back

Passion for teaching and a constant drive to improve the quality of education has enabled the faculty to adopt different creative methods of teaching. Problem based learning was carried out for the M.Sc. (N) programme as one method of teaching. OSCE (Objective structured clinical examination) was introduced as a clinical evaluation method in all the departments for clinical teaching and clinical evaluation. To strengthen the uniformity in the conduction of OSCE, a workshop was arranged for all faculty on planning and conduction of OSCE. Review meetings were conducted by



the Dean for the first year students to improve their academic performance. Regular individual and class meetings were conducted by the respective class advisors and coordinators. The University has adopted OSCE as a part of the Practical examination from this academic year. To strengthen the classroom teachings and to bring about sound clinical practice the students were given opportunity to learn through simulation in the skill labs and through hands on practice in the wards and clinical areas of the hospital. The students were oriented to the primary and secondary health care systems in India through the experiences gained in Community Health and Secondary Hospital Exposure Programme. Feedback from the student and faculty served as a base for curriculum planning and implementation

### Visiting / Observership Students and Faculty

There is an increase demand from Schools/Colleges of Nursing within the country and outside to visit our institution. This year 326 students and 5 faculty from 29 private, government and mission Schools / Colleges of Nursing within country and 29 students and 7 faculty from three International Universities visited our College.

One faculty from University of Coventry, UK and University of Kansas, USA, University of Seattle, Washington, USA and 21 faculty from Institute of Mental health, Kilpauk, Nagaarthanamma College of Nursing, Bangalore and Bethel Agricultural Fellowship, Salem visited our College for observership.

### Scholarships

Scholarships are provided every year to deserving candidates. Institutional scholarships were offered to 97 undergraduate students. Elizabeth Gillespie Scholarship was awarded to three Post Basic B.Sc. Nursing Students and one M.Sc. Nursing student. Donors from overseas, Services ASCN of SDA Pvt. Ltd., The Hope House, University of Washington, Om Sakthi Narayani Siddar Peedam Trust, and H.M. Trust contributed towards the scholarship fund.

### Campus Development

The roads are paved which has given a face lift to the whole campus.. Two RO water plants have been installed. Trees are planted in the whole campus. Sports and games fields are on the progress of development.



## COLLEGE ACTIVITIES

### Lamp Lighting Ceremony

The Lamp Lighting Ceremony-2017 of the College of Nursing was held on 3<sup>rd</sup> November 2017, at the Scudder Auditorium. During this solemn occasion 200 first

year Nursing Students dedicated their lives to the noble profession of 'Nursing'. The Chief Guest Mrs. Alice Augustine, Former Nursing Superintendent, HOD & Obstetrics & Gynaecology Nursing, College of Nursing, CMC, Vellore in her address explained the meaning of Light as celebration, wisdom and wiping out of darkness. She invited the students to be sincere, compassionate, competent, humane and emphasized on exhibiting the Fruits of Spirit. Dr. Selva Titus Chacko, Dean, College of Nursing gave charge to the students and spoke on the significance of Florence Nightingale Lamp and the Ceremony. Dr. Prathap Tharyan, Former HOD, Psychiatry Department, CMC lighted the Florence Nightingale lamp that was presented to the College of Nursing by Dr. Ida S Scudder and encouraged the students to consider their professional training as a journey led by God and to share compassion to those who are suffering with the support of faculty, friends and teachers.



### Graduation Ceremony



On 6<sup>th</sup> March 2018, 200 undergraduates and 89 postgraduates of nursing crossed an important milestone in their professional journey, when they solemnly participated in the Graduation Ceremony at the Scudder Auditorium. Dr. Anne Phillips, Queens Nurse & National Teaching Fellow, Faculty of Health & life Science, Coventry, University, UK, the chief guest in her address encouraged the Graduates to carry with them the legacy of having studied in the most prestigious institution, a worldwide recognition of the quality and value of education and experiences gained. Ms. Sweatham P was awarded the Gold medal for the Best Outgoing Student and Ms. Pavithra R received the Best All-Round Student award in the Diploma Nursing

Programme. Ms. Anju Chachy Philip received the Gold Medal for the Best Outgoing Student, Ms. Angel Nicholas was awarded as the Best Academic Student and Ms. Klasens Tissiah E. received the Best All-Around Student award in the B.Sc Nursing Programme. The Gold medal for the Best Outgoing Student in Post Basic B.Sc Nursing programme was awarded to Ms. Kalaiselvi P.

### College Day

Faculty, Staff and Students of College of Nursing celebrated the College Day on March 17<sup>th</sup>, 2018. The theme of the day was “TYNGSHAIN” which means “GLOW” in Khasi language. The day commenced with flag hoisting in the College of Nursing under showers of blessings from above. Centered on the theme “Tyngshain” the entire gamut of programmes highlighted the essence of being a “Glow”. Dr. Gita Mathai, Pediatrician, Family Care Centre, Vellore was the Chief Guest. In her inaugural address, encouraged the gathering to glow wherever placed and in whatever one does. The Faculty, Staff and Students reminisced about the achievements of the College during the past year and thanked the Almighty for His ever present leading in all the achievements especially in the conduct of the first ever National Students CONFEST 2018. Dr. Gita Mathai awarded the winners of the Zenith Quiz Held at Coimbatore and also the Diploma Nursing students who received the meritorious academic medals and certificates during their course of study.



### Conferences and workshops conducted by the department of CNE and Research

The College of Nursing, hosted a National Conference on “Enhancing Excellence and innovations in Newborn Care” on 23rd & 24th November, 2017. Dr. Manju Vatsa, Principal, College of Nursing, AIIMS, New Delhi, in her Chief Guest’s address highlighted the current model of Newborn Care and envisioned new direction in Neonatal Health. Dr. Chellam Kirubakaran, Former Head of Paediatrics, CMC Vellore was the Guest of honour and she emphasized the importance of a multidisciplinary approach in achieving quality neonatal health. The conference was attended by 487 delegates from India and abroad. The Seven plenary sessions enlightened the delegates on various domains of newborn care.



Other workshops organized by the department of CNE is listed below:

S. No	Date	Name of the workshop	Department
1.	20.04.17	Update on Hemophilia	Med-Surg Speciality VI
2.	28.04.17	Rehabilitation: Nursing Care Challenges	Med-Surg Speciality III
3.	15.07.17	Mental Health: A Hope to Cope	Psychiatry Nursing
4.	21.07.17	Paediatric ALS for Nurses	Paediatric Nursing
5.	27.07.17	Oral Cancer Care: A Multidisciplinary Team Approach	Surgical Nursing
6.	08.09.17	Mixed Methods Research	CNE
7.	19.09.17	Cardiac Emergencies	Med-Surg Speciality II
8.	28.09.17	Fundamentals of Elder Care	Medical Nursing
9.	03.11.17	Trends in ENT Nursing	Med-Surg Speciality I
10.	07.12.17	Peritoneal Dialysis – Trends and Updates	Med-Surg Speciality I
11.	11.12.17	HIV/AIDS: Nursing Perspectives	Medical Nursing
12.	30.01.18	Editorial Skill update	CNE
13.	13.03.18	OSCE/OSPE	CNE
14.	21.3.18	Common Rheumatic Diseases- Update	Med-Surg Speciality VI

### Celebration of National / International days

The departments of College of Nursing observed and celebrated various national and international days. Health exhibitions, health camps, school health programmes, competitions, walkathon etc., were conducted to create health awareness among public. The various days observed are listed below:

<ul style="list-style-type: none"> <li>• The National Safe Motherhood day</li> <li>• The World Breastfeeding week</li> <li>• Newborn week</li> <li>• World Health Day</li> <li>• World Nutrition Week</li> <li>• ORS Week</li> <li>• World Diabetes Day</li> <li>• World TB day Celebration</li> <li>• World AIDS Day</li> <li>• World Cancer Awareness Day</li> <li>• World Breast Cancer Awareness Day</li> <li>• World Autism Day</li> <li>• World Hand Hygiene Day</li> <li>• World Hypertension Day</li> <li>• World Environment Day</li> </ul>	<ul style="list-style-type: none"> <li>• World Epilepsy Day</li> <li>• World Oral Health Day</li> <li>• World Alzheimer’s Day</li> <li>• World Heart Day</li> <li>• World Mental Health Day</li> <li>• World Pneumonia Day</li> <li>• World Road Safety Week</li> <li>• World Contraception Day</li> <li>• World Contraception day</li> <li>• World Kidney Day</li> <li>• World Leprosy Day</li> <li>• World Immunization week</li> <li>• Adolescent Health Week</li> <li>• International Women’s Day</li> <li>• World Sight Day</li> <li>• World Stroke Day</li> </ul>
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### **Journal Publication**

College of Nursing continues to publish the 'Indian Journal of Continuing Nursing Education'. Two issues were published this year and circulated to more than 1000 subscribers within and outside the country.

### **Ph.D. Consortium activities**

PhD Synopsis presentation, Proposal Presentation, Pre PhD Examination, Contact classes, Student Seminar presentations, Academic review committee meeting and Core committee meeting are the following activities carried out by the Continuing Nursing education Department.

### **Research activities**

The Research Committee met four times during the last academic year, 27 faculty proposals have been approved this year in addition to the study proposals by the MSc Nursing students. Seven faculty participated in the annual research day organized on October 10 & 11, 2017 and bagged prizes for poster and paper presentations. Ten BSc nursing students also presented their projects for the first time this year and competed for the Undergraduate Shubankar Research Award (Nursing). Ms. Priscilla. S got the first prize in poster and also won the Shubankar Research Award for Nursing.

### **Outreach activities**

Faculty have extended their support to mission hospitals and Schools of Nursing by participating in their hospital committees, advisory boards and providing consultations.

### **Designation of WHO Collaborating Centre**

We are proud to announce that 'World Health Organization' has designated the College of Nursing, CMC, Vellore as a WHO Collaborating Centre for Nursing and Midwifery Development (WHO CC No. IND – 138) for a period of four years from 29.11.2017 to 29.11.2021.

### **Office of the Global Network of WHO Collaborating Centres**

We Congratulate Dr. Selva Titus Chacko, Dean , College of Nursing who has been elected as the Executive Director of the Global Network of WHO Collaborating Centres of SEARO region for a period of four years from 2016 to 2020.

### **Capacity Building of Nursing Personnel, Directorate of Health Services, Madhya Pradesh**

MOU between the College of Nursing and Director of Health Services, Madhya Pradesh (DOHS, MP) have been initiated in March 2015 to assist in the Capacity Building of the nursing cadre in Critical Care, Oncology Nursing, Emergency and Trauma Nursing, Renal Nursing, Cardiac Critical care Nursing, OR Nursing,

through developing three months short term courses. This year totally 40 staff nurses were trained in two groups (Fourth & Fifth batch). The MOU was renewed for another two years (2018 & 2019)

### **Awards and prizes**

- Mrs. Anandha Ruby Jacob won 1<sup>st</sup> prize in poster presentation on Annual Research Day programme in CMC.
- Mrs. Arokiaseeli Mabel Annarani, I. won II prize for poster presentation on "Knowledge of Nurses regarding NIV Therapy" at Annual Research day programme in CMC.
- Miss Shalini Sasi, won 2<sup>nd</sup> prize in poster presentation at the World Diabetes Day celebration
- Ms. Anu Silu bagged 2<sup>nd</sup> prize for the poster competition organized by Department of Pharmacology on Pharmacy week.
- Ms. Nicole Johnson won 3<sup>rd</sup> prize in Just –a minute competition conducted in May 2017 for International Nurses Day celebrations.
- Ms. Deborah Snegalatha led and participated in a three member team quiz conducted by Pharmacy Department and won third prize.
- Ms. Hemalatha was awarded Silver Medal for the GNM Programme in the 44<sup>th</sup> CMAI Biennial Conference from 05.11.17 to 08.11.17 at Bhubaneshwar
- Ms. Ponmani was awarded Third place for the GNM Programme in the 44<sup>th</sup> CMAI Biennial Conference from 05.11.17 to 08.11.17 at Bhubaneshwar
- Mrs. Margaret Manoharan was awarded first prize for her research paper presentation on " Knowledge on triaging among Paediatric nurses in Paediatric emergency services" held on 10 – 11<sup>th</sup> Oct 2017 during the 8<sup>th</sup> annual Research day programme held in CMC Vellore
- Mrs. Irene Dorathy received the University Gold medal in community Health Nursing Speciality in the M.Sc Nursing Programme.

### **STUDENT ACTIVITIES**

#### **Student Nurses Association (SNA)**

President	: Dr. Selva Titus Chacko
Senior Advisor	: Mrs. Emily Daniel
Jr.Staff Advisor	: Ms. Hepsi R.
Vice President	: Ms. Steffi Sebastian
Secretary	: Ms. Sneha Santhosh
RAC President	: Ms. Danita Daniel
Hostel General Secretary	: Ms. Suriyalakshmi

## Sports

Annual Sports day was conducted on 03.05.2018. Dr. Regi Thomas, Professor & Head, Department of ENT was the Chief guest for the programme. Dr. Anupama Thomas honoured the winners with prizes and medals. Individual Championship for women was won by Ms. P. Janani (I B.Sc.) and men by Mr. B. Prince (III Diploma). The rolling shield for overall championship in sports was won by Houghton House and the March past rolling cup was won by Taylor House.



## N.S.S.

N.S.S Special camp was conducted for the second year B.Sc (N) students from 19.3.18 – 25.3.18 at Ramapuram Village, Vellore District. Activities were organized based on the theme “Healthy Youth for Healthy India”. Village health survey, Environmental awareness day, School Health survey, Child health camp, cervical screening and women health camp and General Health Camp were conducted.

## Youth Red Cross

The World Environment day was celebrated on the 5<sup>th</sup> June 2017. A poster competition on the theme “Connecting people to nature” was held. First year B.Sc students participated in the Drug Awareness Rally organized on 29<sup>th</sup> June 2017 by the Red Cross Society of Vellore District. On account of the 68<sup>th</sup> Geneva Convention day a drawing competition was conducted by the Red Cross Vellore. Mrs. Shalini Getsy, YRC programme officer of the College of nursing received a certificate of appreciation. Health Awareness Rally on Dengue Fever was conducted on the 26<sup>th</sup> October 2017. Blood donation camp was conducted on 4<sup>th</sup> December 2017 at the College of nursing. 100 YRC members donated blood and College of nursing was awarded a certificate of appreciation from YRC, Vellore. Few students had the privilege of attending a one day course on “Disaster Management” on 10<sup>th</sup> March 2017 conducted by the YRC Vellore.

## Religious Activity

Religious activity committee special programmes were conducted every month where special speakers and worship teams were invited. Movies were screened and Bible quizzes were conducted periodically. Exam prayers, cabinet prayers, Hostel Thanks

Giving service, weekly Sunday school programme in Thottapalayam, fund raising, Christmas carols, multilingual services, carol services, ward carols, class retreats were some of the regular features. The Chaplaincy department took interest initiating and conducting Morning prayers and Sunday evening services in the College of Nursing Friendship Chapel. Tuesday Fellowships are also regularly conducted in the same chapel.

Students participated and were blessed by the musical concert conducted by Graham Kendrick titled “Banner Flying Higher” in the hostel quadrangle in October 2017. They also had the opportunity to participate in the musical play “Queen of Hearts” organized by Open House Publications at the Scudder Auditorium on 2<sup>nd</sup> September 2017. Few students had the privilege of attending the concert conducted by Christ Choir from Bangalore at the Scudder Auditorium on 10<sup>th</sup> February 2017 and Laban Presbyterian church choir on 27<sup>th</sup> January 2017. “An evening of lively classical music”, a concert conducted for the centenary celebration fundraising was conducted on 3<sup>rd</sup> March 2018 which the students attended. 200 students participated in the Shiloh conference in Scudder Auditorium. A retreat was conducted for the student cabinet members in the month of September 2017 with the theme “Plug into power” which the cabinet members found very useful. Rooted 2017 was organized by the Pondicherry Institute of Medical Sciences on the topic “Redemption into Light”. Eight students actively participated in the conference. Our students also participated in the 44<sup>th</sup> biennial conference organized between November 5 – 8, 2017 by CMAI and the ENFI conference at Christian Fellowship Hospital, Oddanchatram on April 6 & 7, 2018. These conferences helped our students to grow in the spirit of Christ.

## Secondary Hospital Experience

The secondary hospital experience was arranged for 98 third year B.Sc Nursing, 50 PB.B.Sc, and 29 M.Sc Nursing students. Students visited the Christian Fellowship Hospital, Oddanchatram, T.N., CSI Kalyani Hospital, Chennai, Basel Mission C S I hospital, Gadag, Karnataka, Asha Kiran Hospital, Lamptaput, Odisha, Padhar Hospital, Padhar, Madhya Pradesh, Christian Hospital, Bissamcuttack, Odisha, Dhantari Christain Hospital Dhantari, Chattisgarh, Christian Hospital, Chattarpur, M.P., Duncan Hospital, Raxual, Bihar, St. Thomas Mission Hospital, Kattanam, Kerala, Christian Hospital, Mungeli, Chhatisgarh, and Christian Hospital, Berhampur, Ganjam, Odisha.

## Student Nurture

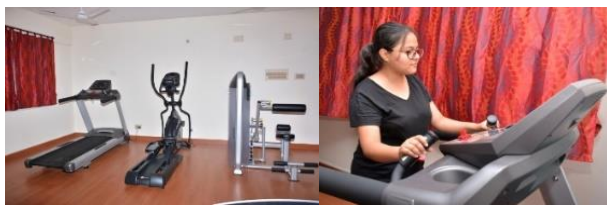
The students are nurtured and guided in the College and hostel by the class advisors and wardens. Regular Bible classes and retreats are conducted by Chaplaincy department for all batches. A counselor is available every day in the hostel for their

need. The counseling classes (once a month) by the counselor along with the Bible classes is being continued which the students find very useful. Foster parent and foster batch scheme also helps in building relationships. Various other religious programmes like Tuesday fellowship, chapel services, Teaching Mission and SHILOH in the institution are a source of support for the growth of each student. A staff nurse is available on health call duty at nights to meet any emergency health needs of the students and one nurse caters to the needs of the students who visit the staff student clinic.

### **Nursing Students Hostel**

The UG block of the new Nursing Students' Hostel has 145 rooms and accommodates 580 students. The PG block has 150 rooms and will accommodate 302 students. At present total of 756 students are housed in the Nursing Students hostel. Accommodation is arranged with 4 students in each room in the UG block and 2 in each room in the PG block. The staffing consists of 5 assistant wardens, 5 cooks (hospital attendants) and 2 hospital attendants. The maintenance and cleaning is done by the Red Sky contractors.

RO water facility had been newly installed in the kitchen for cooking purpose this year. 84 numbers of metal three seater chairs were bought and placed in the floors of the hostel. 24 cameras were fixed in the hostel. Six guest rooms were furnished with new furniture, TV, and other amenities. 48 special functions were catered during the year in addition to the regular catering. A new Television, LCD projector, UPS and a podium are new facilities added in the recreation hall. Two Gyms with Treadmill, Elliptical Trainer, Vinyl dumbbells, Gym ball etc was also added this year. Space to play Volley ball and Throw ball was allotted in front of the hostel.



### **Awards & Prizes**

The nursing students (Men) won the second place in volley ball, football, 400 meters relay and track events during Pegasus. Twenty seven students from the college of nursing participated in the Inter Nursing College sports meet conducted by the Tamil nadu Dr. M.G.R. Medical University hosted by KG College of Nursing, Coimbatore and won the third place in 400 meters relay. Students participated in the integrated sports and games organized by CMC from March 12<sup>th</sup>

– 15<sup>th</sup> 2018 and won the first place in throw ball (women) and in volley ball (men). Runners in basketball, table tennis and Shuttle Badminton.

Students had participated in the South Zone Intercollegiate quiz competition-Zenith- 2017 conducted by PSG College of nursing, Coimbatore. Our students won the first prize among five teams which headed to finals. Since this is the third consecutive win the College of Nursing, CMC Vellore is the recipient of the rolling trophy is obtained permanently. Students participated in the quiz on diabetes and in the diabetic dance competition conducted in CMC Vellore. A team of three students bagged the third prize in the pharmacy quiz

### **Conference**

CONFEST 2018, a Mega Event for the Nursing Students in India, was conducted by the College of Nursing. It was a three day event comprising of a seminar and cultural-cum-sports meet, and it was heralded as the first of its kind. The seminar held on the first day, focused on the theme 'Values Enrich Education, Ethics Strengthens it'. Mrs. Evelyn P. Kannan, Secretary General of TNAI, Chief Guest for the Inaugural ceremony, stressed upon the need of amalgamation of values and ethics in education and challenged the younger generation to take pride in their profession while carrying it forward to greater heights. An impressive total of 995 students of 35 colleges from 9 different States participated in this mega event. The second day opened up a platform to showcase the talents of the young budding nurses. A total of 12 competitions and a Quiz were held at various venues. Dr. Rohit Amritanand, Deputy Medical Superintendent, CMC, graced the Sports Meet on the third day and felicitated the gathering. Students actively participated in various track events and were a source of inspiration with their dedicated sportsmanship. The Overall Championship Trophy was won by CON, CMC. Apollo College of Nursing, Chennai and Lissie College of Nursing, Ernakulum were the First and Second Runner-ups.





One student participated in the National SNA Biennial Conference at Guntur Medical College. Five students attended the leadership conference organized by AIACHE in June 2017 at Chennai and in September 2017 at Goa. 82 students participated in the State XXVII SNA biennial conference from the 15<sup>th</sup> – 17<sup>th</sup> April, 2017 at the Sardar College of Nursing, Tirunelveli. The students participated in various competitions and won the **Overall State Championship**.

The XXVII National SNA Conference was held at Guntur, Andhra Pradesh from 30<sup>th</sup> November to 1<sup>st</sup> December, 2017. The students represented TamilNadu for events such as scientific paper presentation, personality development and sports.

### FACULTY INFORMATION

Congratulations to Dr. Bala Seetharaman who has successfully completed her PhD programme in Nursing under the Indian Nursing Council PhD consortium.

#### Faculty on roll

Professors	- 44	Assoc. Professors	- 10
Readers	- 8	Lecturers	- 9
Jr.Lecturers	- 23	Tutors	- 53
Staff Nurses (B.Sc.)	- 34	Staff Nurses (Diploma)	- 62

There were 50 appointments, 41 resignations, and 6 retirements. The details of retired faculty is given below:

- Mrs. Josephine Sukumaran, Professor in Nursing retired on 26.06.2017 after 31 years and 3 months dedicated service.
- Mrs. Beulah Premkumar, Professor & Head of Surgical Nursing & Specialty – I retired on 01.12.2017 after 20 years & 10 months of dedicated service.
- Mrs. Anbu S. Kumar, Professor & Head of Medical Surgical Specialty –III retired on 20.12.2017 after 39 years & 5 months of dedicated service.

#### Nursing Research Assistant

Two Jr. Lecturers and 7 staff nurses(B.Sc./Diploma) are working as research nurses in projects conducted by Medicine Unit –I, Neuro surgery, Child Health, Cardiology, Microbiology and Distance Education Department.

#### Study leave, Sabbatical leave and Training / Fellowship programmes

Two faculty joined after study leave and one faculty joined after sabbatical leave. There are 4 faculty on study leave and 1 on sabbatical leave.

Dr. Vinita Ravindran, Dr. Manoranjitham, Mrs. Rebecca Sumathi Bai and Mrs. Jeyalindha Christopher have been awarded the senior training fellowships.

Mrs. Reena Santhosh has been awarded the Modale Junior faculty research scholarship.

#### Obituary

Mrs. Amala Rajan, Professor & Head of Fundamentals of Nursing expired on 21.10.2017. She served in the institution for 32 years and 8 months.

### FUTURE PLANS

1. Implement plans as per Consultation 2016
2. Strengthen integration roles by planning specialist roles
3. Commence short term courses (3 months duration) in various nursing specialties
4. Completion of furnishing the Chapel
5. Complete furnishing Nursing Students' Hostel.
6. Participate in planning and construction of the Multipurpose Hall and Sports and Games field
7. Conduction of an Educational audit
8. Obtain INC recognition for the Post Diploma in nursing courses )
9. Promote and strengthen Faculty Research
10. Encourage Collaborative research within and outside the institution
11. Participate in Curriculum planning and revision at the University and INC levels.
12. Strengthen Faculty and Student exchange programmes between Universities
13. Expand Distance education programmes and e- resources in collaboration with the State Nursing Council and the Ministry of Family Health and Welfare.

### NURSING SERVICE NEWS

#### Administration

Nursing Superintendent	: Dr. Premila Lee
Deputy Nursing Superintendent	: Mrs. Florence Segaran
Deputy Nursing Superintendent	: Mrs. Ilavarasi Jesudoss
Addl. Deputy Nursing Superintendent	: Mrs. Regina Xavier
Addl. Deputy Nursing Superintendent	: Mrs. Dorathy Devakirubai
Addl. Deputy Nursing Superintendent	: Mrs. Nirmala Emmanuel

### AWARDS & ACCOLADES

#### Nursing Excellence Award

The Nursing Services of CMC, Vellore has added yet another accolade to the Institution by obtaining the 'Nursing Excellence' certification by the National Accreditation Board for Hospitals in November 2017. A



celebration was organized to honour and award the nursing staff at Scudder Auditorium on the evening of January 16, 2018. Every Nursing department was awarded a certificate . which was distributed by Dr. Girdhar J. Gyani, the Director General of Association of Healthcare Providers of India and former Director of NABH. Nearly 1000 nurses including retired Nursing Superintendents and leaders gathered on the occasion to celebrate the great day with dinner

### **Sports Championship**

Nursing staff participated in the various sports events organized by the institution and Nursing Service won the Institutional Sports Championship 2017 for the second year .

### **Individual Awards for Staff Nurses**

Nursing staff attended various conferences, workshops and other activities conducted within and outside the institution bringing glory and honor to the institution.

- Ms. Hemalatha was awarded 2<sup>nd</sup> prize for the quiz conducted at the Tamilnadu Pondicherry Oncology meet and training for nurses in JIPMER
- Ms. Sandhya won 2<sup>nd</sup> prize for quiz competition at the conference workshops of the National Academy of Burns.
- Ms. Shakila Staff Nurse PES was awarded Above and Beyond Call of Duty certificate as an appreciation towards her timely action in saving patient's life.

## **CLINICAL WORK**

### **Nursing Leadership**

The nursing leadership continues to support and promote safe delivery systems, quality practice environments, and build diversity and equity in the profession. The senior faculty head various departments and provide their leadership.

### **Additional Services & Facilities**

- MTS2, KN ward , CCU and Schell OR 2 were renovated for congenial patient care
- Heat Stroke ward: Existing injection room was converted into heat stroke ward with AC facility for 3 months (April to June 2017). .
- Specialized 4 bedded Skin Care Unitn failure.
- Eight bedded A9 ward was modified as additional Allogeneic Bone Marrow Transplant Unit.
- Bronchoscopy suite: Disposable kits were introduced for Thoracentesis and Seldinger Rocket catheter for chest aspirations.
- Sleep Disorder clinic in Alpha Clinic.

- Narrow Banded Imagine Scopy inaugurated in ENT OPD.
- X Ray Facility dedicated at Ortho OPD
- Medical Oncology Day Care center II was inaugurated.
- Hematology Day Care Services was extended for 24 hours
- Low Vision Clinic at Shalom clinic was initiated.es

### **New Initiatives**

- Chemotherapy preparation check list and monitoring records.
- Kardex system is being introduced in the Dialysis unit.
- Extension of Acute pain services
- Initial assessment and Nursing Care plan documentation form revised and introduced.
- Categorization of patients for online charging.

### **Social Outreach Health Programme**

- Kotagiri Medical Fellowship Hospital (KMF), Nilgiris: The Addl. Deputy Nursing Superintendent and CSSD Charge Nurse were deputed for assessment of the Kotagiri Medical Fellowship Hospital.
- An Asthma and Allergy Health camp at in Scudder Memorial Hospital, Ranipet.
- Sensitization on risk factors in four Colleges on World Cancer day Tuberculosis awareness programme for students at KAKM Municipal Higher secondary school .School health programmes in ten schools of Vellore to create awareness on oral cancer prevention.
- Project helmet, an outreach program organized by Rehabilitation institute for Government Engineering and polytechnic students. Homes visits and conduction of clinics in 5 areas by LCECU out reach team.
- Gynae Oncology Survivors meet and other similar survivors meets like Head and Neck Cancer, Breast cancer were conducted within and outside the hospital.
- Awareness on Hepatitis B& C on World Hepatitis day.
- CMC Emergency Care at Katpadi Railway Station continues to rail passengers. cater to patients..
- Injury Prevention Camp for wardens in Central Jail, Vellore and in APCA by Emergency team.
- Heat stroke awareness programme by Emergency Department along with Safety Cell. Staff in PATC, Vellore, RTO office and the Security personnel of CMC, Vellore.
- Regular home visits by the Rehabilitation team to monitor and assess rogress Four Regional Melas and 25<sup>th</sup> Annual Rehab mela was conducted to

review physical, socio-vocational and psychological status of rehabilitated patients.

## WORKSHOPS AND TRAINING PROGRAMMES

### In-house Workshops

Regular workshops are conducted for Nursing staff on Cardiopulmonary resuscitation, Intravenous therapy and other clinical workshops. 40 CPR workshops for 1247 nurses, 13 IV therapy for 520 nurses, and 49 other clinical workshops for 2362 nurses were conducted. 'Hand Hygiene Champions' workshop was attended by 98 members representing all the departments in CMC.

**Tamil Nadu Accident and Emergency Care Initiative programme:** The Government of Tamil Nadu offered an opportunity to train nurses from the Government Hospitals as Trainers for Early management of Trauma and non-trauma emergency care at Emergency Department, Christian Medical College, Vellore. Nursing Service successfully conducted two week comprehensive training program for 165 nurses in 5 batches.

### Clinical Competency Training

Clinical Competency training was organized for all the staff nurses in dialysis unit and Acute pain services unit and certified.

### Short Course in Hospital Infection Control for Nurses

The Office of the Nursing Superintendent, in collaboration with the Hospital Infection Control Committee, successfully conducted the 4th Short Course for Nurses of Mission, Private and Government hospital for 45 delegates from 24 different hospitals from 8 States of India.

### Advanced Life Support in Obstetrics (ALSO)

A two-day provider certification courses on 'Advanced Life Support in Obstetrics' Nursing service and the Obstetrics and Gynaecological nursing department. The certificate was awarded by the American Academy of family physicians (AAFP) in collaboration with GVK - Emergency Management & Research Institute, Secunderabad for thirty participants.

### Seminar on 'Beyond Excellence – A Seminar for Nurse Leaders'

A one day seminar on "Beyond Excellence – A Seminar for Nurse Leaders" was organized by the Office of the Nursing Superintendent on January 16, 2018. Dr. Ani Grace Kalaimathi, Registrar of Tamil Nadu Nurses and Midwives Council was the Chief Guest. Dr. Girdhar J. Gyani, the Director General of Association of Healthcare Providers of India and former Director of NABH was one of the speaker.

The seminar was a great learning experience for the 150 nurse leaders from South India.

### Visitor Observers from other hospitals

Nursing Service provided professional support for nurses from other health care institutions by permitting them as Visitor Observers to update themselves in the area of their choice to benefit their parent institution. Experience was provided in wound care, Hematology unit, HICC, ENT OR, BMTU, Palliative care unit, Neuro ICU, Paediatric ICU and Hemodialysis unit for 29 Nurses from 12 institutions within India.

## HUMAN RESOURCE

### Staffing

A total of 145 nurses were recruited from our institution and 84 through CBT programme. There are currently 120 Charge Nurses, 353 BSc staff Nurses, 2146 Diploma Staff Nurses, 202 MPHW, and 106 Nursing Auxiliary.

### Staff Welfare

Nursing Awards were bestowed upon the most deserving among nurses for their extraordinary and compassionate care towards patient service on Nurses Day celebration on May 2017.



- AWARD from TNMC - Mrs. Esther Paul (Accident and Emergency)
- Charge Nurses – Mrs. Latha Madankumar (P1 Ward),
- Staff Nurses – Ms. D. Violet Rani (Q6 South) and
- Auxiliary Nurses – Mr. J. Thanga Durai (Q2 Ward)

**Sabbatical leave and study leave:** Mrs. Margaret Charles is on sabbatical leave.

Two staff are on study leave to pursue MSc Nursing programme, 17 staff studying PBBSc Nursing and 12 nurses are doing their Post Basic Diploma, Diploma, and Fellowship programmes in Nursing.

**Spiritual Needs:** Annual Retreats and regular Bible study were conducted in all the nursing departments to strengthen the relationship with God. About 566 nursing staff from 7 departments attended the retreat sponsored by Nursing Service.

**Counseling Support:** Ms. Devaki, Counselor visits the wards and conducts various sessions and is available in staff hotel for personal counselling.



### **Staff Nurses Hostel**

Staff Nurses hostel continues to provide comfortable boarding for the nursing staff. Two elliptical cycles were procured and placed in the Staff Nurses hostel for staff use. Lunch room and kitchen facility was provided for the non-inmates. New audio system & speakers were procured for the conference room at the Staff Nurses Hostel which hosts the in-house training program and other social programmes for nurses

### **Retirement**

Three Charge Nurses, 4 Staff Nurses, 3 MPH, and 2 Nursing Auxiliary retired this year after completing their service.

### **RESEARCH ACTIVITIES**

. Two Charge Nurses had their research published in TNAI Journal Journal of Mental Health Nurses. Charge Nurses and Staff Nurses also took part as co-investigators.

### **CHITTOOR CAMPUS**

Chittoor campus continues to expand with additional new services being initiated. A Nurse Manager was appointed for clinical supervision.

### **ALUMNI ASSOCIATION**

#### **Office Bearers**

President : Dr. Selva Titus Chacko  
Vice President : Dr. Vinitha Ravindran  
Secretary : Mrs. Anne Jarone  
Joint Secretary : Ms. Mercy J  
Treasurer : Mrs. Regina Xavier  
Joint Treasurer : Mrs. Reena Santhosh

#### **Coordinators**

Standing Committee : Dr. Premila Lee  
Welfare Committee : Mrs. Alice Augustine  
Mrs. Jebamani Augustine  
Scholarship Committee : Dr. Mary S. Immanuel  
Editorial Committee : Mrs. Diana David  
Mrs. Nirmala Emmanuel  
Workshop Committee : Mrs. Rebecca Sumathi Bai

#### **Alumni Representatives**

##### **India**

North Tamil Nadu : Mrs. Lathi Sajan, Ranipet  
South Tamil Nadu : Mrs. Grace Kingston, Ambilikai

Karnataka : Mrs. Mildred Rani, Bangalore  
Kerala : Dr. Mariam Mathew  
West Bengal & Assam : Ms. Eshitha Chanda  
Other North East States : Mrs. Cheryl Susan Tada

#### **Over seas**

Dubai : Mrs. Rajkumari Ravi  
Kuwait : Mrs. Shanthamma Peter  
Bahrain : Mrs. Jancy Paul  
Doha : Mrs. Malathy Chelladurai  
Malaysia : Mrs. Molly Tilak  
U.K. : Rev. Isaac Poobalan  
Canada : Dr. Anna Gupta & Mrs. Sheela John  
Washington : Mrs. Vijaya Hansdak & Mrs. Pushpa Premraj  
Texas : Mrs. Annie Likose & Mrs. Anu Prakash  
California : Mrs. Dorothy Koushik & Mrs. Valsa Kuruvilla  
Florida : Mrs. Susheela Raj  
New York : Mrs. Annie Samuel  
New Jersey & Chicago : Mrs. Susan Mathew  
Illinois : Mrs. Sheela Rajan & Mrs. Beulah Azariah  
North Carolina : Mrs. Florence Rathnam  
Australia : Mrs. Alison & Mr. Solomon Victor  
New Zealand : Mrs. Kamalini Daya & Mrs. Leena Adolf

#### **Contact details**

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**Email: [deancon@cmcvellore.ac.in](mailto:deancon@cmcvellore.ac.in) / [alumniasso@yahoo.co.in](mailto:alumniasso@yahoo.co.in) / [alumnicon@gmail.com](mailto:alumnicon@gmail.com)**

#### **With best wishes**

Dr. Selva Titus Chacko  
President  
Alumni Association

Mrs. Diana David  
Convenor  
Editorial Committee  
Alumni Association

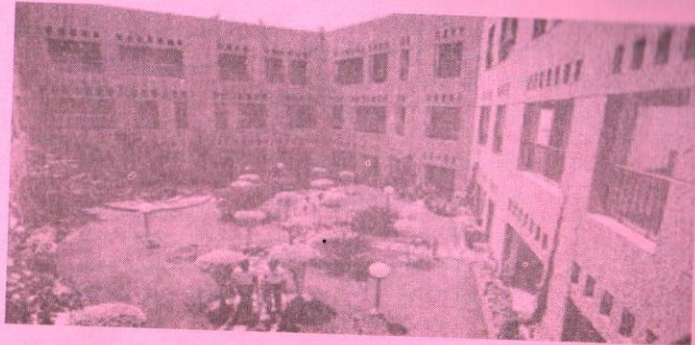
Mrs. Nirmala Emmanuel  
Joint Convenor  
Editorial Committee  
Alumni Association

With best wishes

Dr. Vathsala Sadan  
President  
Alumni Association

Mrs. Diana David  
Convenor,  
Editorial Committee  
Alumni Association

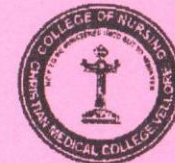
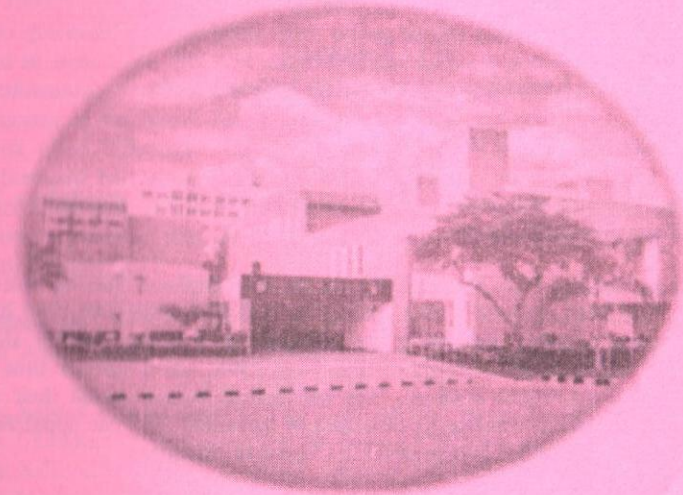
Mrs Nirmala Immanuel  
CoConvenor  
Editorial Committee  
Alumni Association



COLLEGE OF NURSING  
CHRISTIAN MEDICAL COLLEGE,  
VELLORE-4



WHO collaborating center for  
nursing and midwifery



*Alumni News Letter  
July 2018 - June 2019*



Dear Friends

Warm greetings from your Alma Mater. We are very much delighted to meet you through this newsletter and keep you updated of the various activities of the College of Nursing and Nursing Services. Our God Almighty has been so good to us throughout the past years. We thank you all for your wishes, support, prayers and contributions thus far towards the College of Nursing. Looking forward to this fellowship in the days to come.

### ALUMNI NEWS ALUMNI REUNION AND WORKSHOP

#### ALUMNI REUNION AND WORKSHOP – 2018

The Alumni Reunion was held on the 6<sup>th</sup> of July 2018. It was attended by 300 extramural and intramural alumni.

The Diploma Nursing, B.Sc(N), M.Sc(N) and the Post Diploma Nursing Batches of 1938,1943,1948,1953,1958,1963,1968,1973,1978,1983,1988,1993,1998,2003 and 2008 were honored. Following the inauguration and the General Body Meeting, the Batches of 1978,1983, 1988 and 1998 had a special time of interaction with the senior students. The extramural alumni shared their life experiences and clinical expertise in their area of work and everyone appreciated the spiritual nurturing which they received at College of Nursing.

A tree planting session was organized in the afternoon and 15 Neem tree saplings were planted in the CON campus by the honoring Batches of 1978,1983, 1988 and 1998.

A one day workshop accredited by the Tamil Nadu Nurses and Midwives Council on "Quality and Safety in Patient Care: The Essence of Nursing" was organized on the 7<sup>th</sup> of July, 2018. The workshop attended by fifty delegates had theory and practical sessions focusing on preparation of checklists for clinical audits.

#### ALUMNI SCHOLARSHIPS

Alumni Association provided educational scholarships for 7 Post Basic B.Sc(N) students and one M.Sc(N) student

#### ALUMNI AWARD

This year the recipient of the Alumni Award - 2018 was Mrs. Zirthangi R., B.Sc(N) Batch of 1970. She was given the award at the Graduation Ceremony on the 12<sup>th</sup> of February 2019. She was acknowledged for her lifelong

contribution in improving nursing education and services at the Christian Hospital, Serkwan, Mizoram. After having worked for 2 years as a staff nurse at the Rural Health Centre, Bagayam, Vellore, she worked as a sister tutor at the Christian Hospital, Mizoram from June 1976 to February 1977 after which she was appointed as the First Indian Principal of the School of Nursing, Christian Hospital, Mizoram. She also shouldered the additional responsibility of Nursing Superintendent. Serving in both capacities for 23 years, she was offered a post of Joint Secretary for the Nursing Section in the Directorate of Health Services. She gracefully declined this offer owing to her passion for Christian Nursing and in June 1999, she was commissioned as a missionary nurse. She went to Kathmandu, Nepal along with her husband, where she served as a health educator at the Nepal Bible Institute. Being an articulate writer, she wrote a book titled "Christian Nurse" published in 1979 by the Evangelical Nurses Fellowship, Mizoram, where she was the General Secretary and then became the Vice Chairman. Following her retirement, she worked as a Principal at Health Worker Training School, Mission Foundation Movement, Aizawl, Mizoram until October 2013.

#### Obituaries

- Ms. Anna Gupta - Diploma Batch of 1939 entered eternity on 05/11/2018  
Ms. Salomi Kandaswamy - B.Sc. Batch of 1957 entered eternity on 01/02/2019.  
Ms. Chandra Q. I. Walter - PB B.Sc. Batch of 1974 entered glory on 19/01/19  
Ms. Sali John - B.Sc. Batch of 1977 entered eternity on 01/03/2019  
Ms. Vimala Andrew - Diploma Batch of 1977 entered eternity on 16/03/2019  
Mrs. Asha Paulin Suresh - Diploma Batch of 1999 entered eternity on 09/05/2019

### COLLEGE OF NURSING NEWS

#### Administrators

Dr. Selva Titus Chacko completed her five year term as the Dean and Dr. Vathsala Sadan was appointed as Dean from 23<sup>rd</sup> of February 2019. Dr. Manoranjitham Sathiyaseelan, Registrar, Mrs. Sonia Sabu, Deputy Registrar, Mrs. Shandrilal Immanuel and Mrs. Jeyalinda Christopher, Addl. Deputy Deans completed their administrative responsibility this year and the current administrative team members are as follows:





Dean	: Dr. Vathsala Sadan
Deputy Dean	: Mrs. Alice Sony
Additional Deputy Deans	: Mrs. Sophia Vijayanandhan Mrs. Margaret Manoharan Mrs. Reena Santhosh Mrs. Ida Nirmal
Registrar	: Mrs. Helen Charles
Deputy Registrars	: Mrs. Asha Solomon Mrs. Sheeba Nelson

## I.FACULTY INFORMATION

The Faculty with the dual responsibility plays an important role in improving the quality of patient care and preparing committed, competent and compassionate nursing staff and students with professional excellence. The faculty of the college are actively involved in the hospital and community services, utilizing and imparting their knowledge and expertise in clinical practice. The faculty provides leadership in the management of the clinical areas, ensuring quality patient care in addition to their educational activities in the college. They are also involved in research activities and in guiding the M.Sc. students in their research projects. Some of them hold official posts in the professional organizations and academic committees at the state and national levels.

There are 99 faculty members with M.Sc(N) qualification, of whom 5 are Ph.D qualified and 2 members are pursuing Ph.D in Nursing. There are 52 Tutors and 131 staff nurses in the College of Nursing.

Faculty joined back after Study leave	..	3
On Study leave	..	4
On Sabbatical leave	..	3

### Faculty Retirements

Mrs. Nirmala Manoharan ,Professor in Maternity Nursing retired on the 3<sup>rd</sup> of February 2019 after 36 years of service

Mr. T. S. Ravikumar, Professor in Medical Surgical Nursing retired on the 31<sup>st</sup> of May 2019 after 29 years of service.

## Faculty Development Programmes:

### Senior Training Fellowship Programmes:

Dr. Vinitha Ravindran was awarded Senior training fellowship for Continuing Nursing Education activities and went as an observer to the School of Nursing, University of Washington, Seattle for one month from 7/4/ 18 to 4/5/19.

Mrs. Jeyalindha Christopher was awarded Senior Training Fellowship and went as an observer to Baltimore and Kansas University from 4/5/18 to 11/6/19.

Dr.Manoranjitham Sathiyaseelan was awarded the Senior Training Fellowship for Management of Psychiatric Emergencies in the Sheppard Pratt Health System ,Baltimore ,USA from 6/5/19 to 31/5/19

Mrs.Rebecca Sumathy Bai is awarded a one month senior training fellowship in the acute and chronic management of patients with stroke to the USA .

### KUMC Modale Junior Faculty Research Scholarship Programme:

Mrs. Reena Santhosh was awarded the Modale Junior faculty research scholarship and had four months experience in Kansas from 31/7/18 to 15/12/18.

### Faculty Welfare Programmes

*Picnic:* Faculty and staff went for a time of fun and frolic to Dhakshanchitra and Scripture Union camp site in Chennai on 26.01.19.

*Retreat:* A half day retreat was held for the Faculty and staff on 19.01.18 and for the Office staff and Wardens on 20.01.19 in the Friendship Chapel. Dr. Lesly Nagarajan, General Secretary, India Church Growth Mission, Chennai was the speaker.

**Faculty Development Programmes:** Many of our faculty have attended conferences and workshops both national and international .We have also had about 19 Staff Development Programmes this year

## II.STUDENT INFORMATION

A total of 873 students are on roll during this academic year, 2018- 2019. M.Sc - 54, PBBSsc - 99, BSc - 395, GNM - 297, and Post Basic Diploma Nursing - 28.

Part time PhD programme is also offered in the College under the Tamil Nadu Dr.M.G.R.Medical University and through the National Consortium for PhD in Nursing under the Indian Nursing council.

### Student Teaching Learning

Passion for teaching and a constant drive to improve the quality of education has enabled the faculty to adopt different creative methods of teaching. Problem based



learning and E-learning were used. OSCE (Objective structured clinical examination) was introduced by the University for assessment.

To strengthen the classroom teachings and to bring about sound clinical practice, the students were given opportunity to learn through simulation in the skill labs and through hands on practice in the wards and clinical areas of the hospital. The students were oriented to the primary and secondary health care systems in India through the experiences gained in Community Health and Secondary Hospital Visit Programme. Feedback from the students and faculty served as a base for curriculum planning and implementation.

Special initiatives and efforts are taken to guide and counsel students who have difficulty in coping with hostel life, academics and clinical. Referrals for special counselling are made possible as and when required.

#### Formulation of Bioethics Curriculum

Initiating the bioethics department was proposed during the Consultation 2016. The Fundamentals of Nursing Department coordinates the activities related to Bioethics. The CON Bioethics core committee members participate in the meetings held every month in the Institution to discuss bioethical issues. A curriculum on Bioethics has been formulated. Seven Faculty have registered for an Online Bioethics course under UNESCO Bioethics Chair.

#### Visiting Students and Faculty

Four students from Kansas University, USA spent three weeks in Community Health Nursing, Accident & Emergency Nursing, Cardio Thoracic Nursing, Neurological Nursing, and Obstetrics & Gynaecology Nursing clinical areas. Four students and one Co-ordinator from University of Pennsylvania, USA spent a week in Community Health (CONCH, CHAD), Psychiatric, Oncology, Neurologic, and Paediatric and Maternity Nursing clinical areas. Also, faculty and staff from Dhulikhel Hospital, Kathmandu, Reynolds Memorial Hospital, Maharashtra, Kalinga Institute of Nursing Sciences, Bhubaneswar and North Carolina Central University, Durham visited our College to observe the integration model and to gain insight in the clinical services provided in the main hospital and community health settings.

We had visiting students from 10 private, 10 Government, and 3 Mission institutions during this year.

### III.COMMUNITY OUTREACH ACTIVITIES



The Community Health Nursing Department has been actively involved in providing health services in the

rural, urban and tribal communities. A total of 30,070 urban population (Ramanaikanpalayam, Kansalpet), 3,25,547 of rural population (CHAD, RUHSA and CONCH) and 60000 tribal population(Jawadi Hills) are being served by the Department of Community Health Nursing.

DOTS clinic is conducted in OPD of CMC Hospital and Family Development programme for CMC staff is conducted at Kaspa and Byrelane. The DOTS drugs for Urban and CONCH patients are distributed by the Community Health Nursing staff in their homes/clinics. Sputum tests are done and contact examination and screening are done for the family members of the TB clients

#### New Services Initiated

- **Geriatric Clubs:** Two new geriatric clubs were inaugurated in Kilminnel village and Perumugai village this year.
- **ENT Clinic:** Organized with ENT II unit of CMC, Vellore from July 2018 on Tuesdays and Thursdays every month. Screening is done to identify hearing loss and other ear abnormalities by an audiologist. Referrals are made to ENT OPD, CMC, and the patients are followed up by Community Health Nurses.
- **Extension of CONCH services:** CONCH services were extended to one more new area, Gambarajapuram Colony with a total population of 597 and 124 families
- **CONCH Kannigapuram Outreach Clinic** will be inaugurated on 9<sup>th</sup> of July, 2019 started as an expansion of CONCH primary health care services into secondary health care services and also as a felt need of the villagers of in and around Kannigapuram. A house on the high way has been taken for rent and is being renovated so as to conduct clinics on Tuesdays and Fridays by the doctors from CHAD and LCECU and on the other days by the CONCH Nursing staff.
- **Toilet construction in a Government High School at Kilminnel Village:** As part of the 75<sup>th</sup> anniversary celebration of the Kilminnel





Government High School, the school management requested CMC to construct toilets for their students in the school premises. Hence four female toilets, two male toilets and five urinals were constructed at the cost of Rs. 5,07,025.

- **Career Guidance Centre:** A center for career guidance was inaugurated in the month of March 2019 at RUHSA.
- **Health Camps:** Five health camps were organized by the Department of Community Health Nursing in collaboration with various Departments of CMC.

**Award**

- CHAD received 3<sup>rd</sup> prize and a certificate of appreciation from the Department of Health and Family Welfare, Tamil Nadu for the best performance (maximum number of sterilizations) among voluntary organization on 28.02.19 at Egmore, Chennai from Dr. C. Vijay Baskar, Honorable Minister for Health and Family Welfare.

**IV. COLLEGE OF NURSING  
SPECIAL EVENTS**

**Lamp Lighting Ceremony**

The Lamp Lighting Ceremony was held on 19<sup>th</sup> December 2018.



During this solemn occasion 200 First year Nursing Students dedicated their lives to the noble profession of 'Nursing'. The Chief Guest, was Dr. Elizabeth Jean Abraham, Former Principal, PSG College of Nursing, Coimbatore and our alumnus, B.Sc(N) batch of 1980 and M.Sc(N) batch of 1984. She completed her Ph.D from the Rajiv Gandhi University in 2014. Dr. K.S. Jacob, Professor, Psychiatry Department, CMC lighted the Florence Nightingale lamp.

**Graduation Ceremony**



On the 12<sup>th</sup> February 2019, 204 undergraduates and 94 postgraduates of nursing crossed an important milestone in

their professional journey, when they solemnly participated in the Graduation Ceremony at the Scudder Auditorium. Dr. Jayakumar Christian, Former National Executive Director, and CEO, World Vision India, Chennai was the Chief Guest. In his address he reminded the graduates that their calling should be characterized by sacrifice that transforms beyond healing, invested in character and integrity and founded in the deep sense of security in Christ.

Ms. Revathy.B was awarded the Gold medal for the **Best Outgoing Student**, **Best All-Round Student** and the Ms. Cherian Memorial Academic award for the **Highest Standing student** in the Diploma Nursing Programme. Ms. Anju Sunny received the Gold Medal for the **Best Outgoing Student**, Ms. Milka Sara Thomas was awarded as the **Best Academic Student** and Ms. Lishma Shann Mathew.L received the **Best All-Around Student** award in the B.Sc Nursing Programme. The Gold medal for the **Best Outgoing Student** in Post Basic B.Sc Nursing programme was awarded to Ms. Iswarya.P.

**College Day Celebrations**

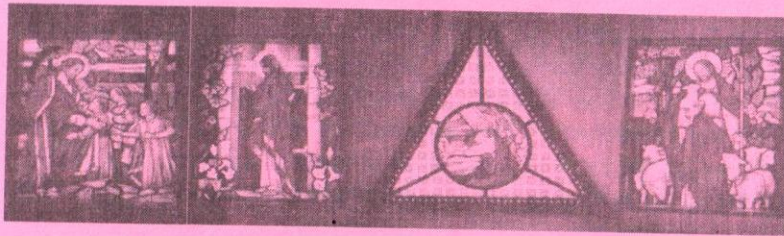
The College Day was celebrated on 23<sup>rd</sup> February, 2019 with the theme "CHAYIM" which means "The Life" in Hebrews. The day commenced with the dedication prayer as Dr. Vathsala Sadan took over as the Dean of the College of Nursing. Dr. (Sr). Regina Mary, Principal, Auxilium College, Vellore was the Chief Guest. The Faculty, Staff and Students reminisced about the achievements of the college during the past year and thanked God Almighty for His ever present leading in all the achievements. Dr.(Sr) Regina Mary awarded the winners of the Zenith Quiz and meritorious academic medals and certificates to the Diploma Nursing Students. Individual and class prizes for maximum number of voluntary blood donation among the students were also awarded.





### Dedication of glass painting in the Friendship Chapel

Faculty of College of Nursing witnessed the dedication of the beautiful Glass paintings in the chapel at Kagithapattarai campus on 23<sup>rd</sup> January 2019. Dr. Margaret Kamalini Kumar (BSc Nursing Batch of 1963), an alumnus instrumental in raising funds in refurbishing the Chapel was present and she emphasized the importance of 'Keeping God at the center of our everyday life'. We acknowledge the Grace of God and thank immensely all those who generously contributed in furnishing the 'House of Worship'.



### Reburishment

Ms. Delia M. Houghton's tombstone was refurbished and a thanksgiving prayer was held on the 22<sup>nd</sup> of February 2019 at the Tollgate Cemetery. Ms. Houghton was the earliest nursing pioneer in CMC, Vellore who was fortunate to assist our dear founder, Dr. Ida Scudder with the School of Nursing.

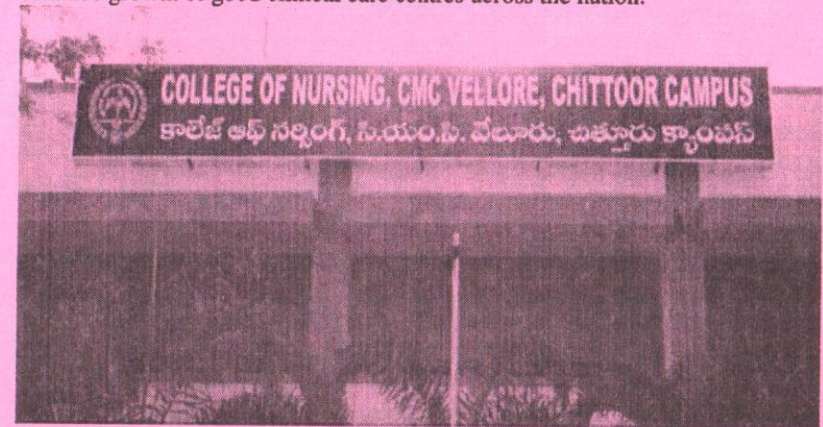
### Dedication of Sports Ground in the Kagithapattarai Campus

The Dedication of a Sports ground in the Kagithapattarai campus was held on 4.2.19. The Sports ground is equipped with basketball, volleyball and throw ball courts, shot put ground, long jump and high jump pits 100 & 200 meters track. It also has a three level small stadium with a seating capacity for three hundred people.

### Dedication of CMC, Vellore Chittoor Campus, College of Nursing Building

Adjacent to the Northern side in the CMC, Vellore Chittoor campus, a new facility for the College of Nursing was dedicated on the 25<sup>th</sup> of February 2019. This dedication was indeed an endeavour of much significance since it keeps with the major mandate by the state of Andhra Pradesh that is to set up a Christian health centre and an educational institute of excellence. The gathering was welcomed by Mrs. Roseline Jayakaran, Former Dean, College of Nursing and the Dean for the CMC Vellore Chittoor campus and Dr. Nihal Thomas, Associate Director, CMC Chittoor Campus, Dr. Vathsala Sadan, Dean College of

Nursing, CMC were present at the dedication. The prayer of dedication by Rev. Dr. Aruldas was followed by hoisting of the College of Nursing flag by Dr. (Mrs) Sulakshini Immanuel, Former Dean, College of Nursing. Felicitations were offered by Dr. (Mrs) Mary S. Immanuel, Dr. Chellarani Vijayakumar, and Dr. Punitha Ezhilarasu Former Deans of College of Nursing, CMC. A great step forward in starting a Nursing College in the Chittoor campus will strategically enhance growth of good clinical care centres across the nation.



### V. SCHOLARLY ACTIVITIES:

#### Conferences and Workshops

#### National Perioperative Conference

The First National Perioperative Nursing Conference was hosted on the 19<sup>th</sup> and 20<sup>th</sup> of November, 2018 on the theme "Improving Patient Safety in the Perioperative Setting". There were 417 delegates from 16 states. The conference was inaugurated by Dr. Sailaxmi Gandhi, Head of Nursing, NIMHANS, Bengaluru. The conference had six plenary sessions on diverse domains of patient safety. Renowned international and national speakers threw light on the recent trends in patient safety, need for nursing informatics, legal issues in operating rooms, postoperative care to minimize complications and on continuous quality improvement.





### **Nurses League National Conference**

The 70th National Conference of the Nurses League, CMAI was hosted by College of Nursing, CMC, Vellore from 22nd to 24th October 2018. The theme for this year was "Hope in Distress". A total of four hundred and twenty participants representing forty institutions from sixteen states attended the conference. The Chief Guest for the inaugural ceremony was Dr. Ani Grace Kalaimathi, Registrar of the Tamil Nadu Nurses and Midwives Council, who stressed on the importance of touch in patient care. The key note address which was a reflection on the theme and the session on the "Extended Role of Nurses in the Ministry of Healing" were deeply motivating. The academic sessions on "Climatic Changes- its Impact on Health" and "Mobile Nurse Mentoring Project, Bihar - the Unique Challenge Deserving a Unique Approach" were indeed a very valuable experience. Unique Approach".



### **Short Courses**

**Distance Education on Stoma Care Nursing:** Distance Education on Stoma care Nursing, organized by the Department of CNE & Research and the Department of Surgical Nursing had four participants from New Delhi, Andhra Pradesh and Tamil Nadu. Online modules were uploaded in the CMC E-learning website and each student was given an individual password to access the content.

**Course on Research Methodology:** A short course on Research Methodology was conducted this year. Thirty two participants including students and faculty from three different states namely Karnataka, Andhra Pradesh and Tamil Nadu attended the course.

### **Ph.D. Consortium activities**

The College of Nursing is one of the 7 nodal centres in the country for the National consortium for PhD in nursing under INC, affiliated to Rajiv Gandhi University, Bangalore. Ph.D activities such as Synopsis presentation, Proposal Presentation, Pre PhD Examination, Contact classes, Student Seminar presentations, Academic review committee meetings and Core committee meeting were carried out in the CNE class room using video conferencing facilities. Dr. Vathsala Sadan, Dean College of Nursing and Dr. Premila Lee, Nursing Superintendent are the Academic Committee members of the National Ph.D Consortium who contribute towards decision making and serve as faculty for the contact classes.

### **Journal Publication and Module Preparation**

Apart from publishing two issues of Indian Journal of Continuing Education (IJCNE) from January to June 2018 and July to December 2018, the

CNE department holds Editorial and Advisory board meetings regularly. Currently there are 1047 Individual and Institutional subscribers from 28 Indian states. 61 participants took the Continuing Education Test (Test No: 33), of which 12 secured a 100%. All the participants of the CE test who scored above 80% were awarded 2 credit hours.

### **OSCE**

OSCE online Module was created the department of CNE and hosted in LM Excellence platform (private firm for online learning) as an open access in the community portal as a test module. Invitation to take the course free of cost was sent to about 500 nurses. Thirty nurses/students took the course and got certified.

### **WHO Collaborating Centre**

College of Nursing, CMC, Vellore continues to be as WHO Collaborating Centre for Nursing and Midwifery till November 2021.

### **Capacity Building of Nursing Personnel, Directorate of Health Services, Madhya Pradesh:**

MOU between the College of Nursing and Director of Health Services, Madhya Pradesh (DOHS, MP) have been initiated in March 2015 to assist in the Capacity Building of the nursing cadre in Critical Care, Oncology Nursing, Emergency and Trauma Nursing, Renal Nursing, Cardiac Critical care Nursing, OR Nursing, through developing three months short term courses. This year totally 181 staff nurses were trained in six groups.

### **Capacity Building in Strengthening of Emergency and Disaster Nursing**

Using WHO Disaster Management guidelines, training programmes were conducted. The CON is recognized by the Tamil Nadu Dr.M.G.R. Medical University and the Government of TamilNadu as the Resource Center for training nurses in emergency and disaster management. Two day workshop was conducted for the final year undergraduate and PG nursing students to prepare them in being effective workforce during disaster. A total of 273 students were trained.

Two Faculty participated in the Asia Pacific Emergency and Disaster Nursing Network (APEDNN) core group meetings and also in the Conference held at Cambodia.

The Department of Emergency Nursing and the CNE of CON took the initiative in preparing the online teaching material on disaster management and have submitted to the TamilNadu State Nursing council

### **Research Activities**

A Survey on Nurse Migration is undertaken by Loyola Institute of Social Science Training and Research (LISSTAR), Institute of Developing Economics



(IDEJETRO), Japan and College of Nursing, CMC Vellore. The Centre for Development Studies (CDS), Trivandrum provides technical help. The study is conducted to explore the socio economic background of nursing students, their motivation to join nursing course, future career prospects, investigate career development of nurses and factors, processes and consequences of nurse international migration.

One faculty is the co-investigator in the study on "comparison of intravenous and perineural dexamethasone IN Ultra-sound guided Paravertebral Block in Pediatric Patient Undergoing Open Pyeloplasty: A Prospective Double – Blinded Randomized Clinical Study".

The College of Nursing Research Committee met 3 times during this year. Six of our faculty serve in the Institutional Review Board of CMC. 21 Faculty research studies were approved last year of which 4 are coinvestigators. 29 M.Sc Students' research studies were reviewed last year by the CON Research and Ethics Committee.

#### Innovations

Ms S. W. Naomi Nancy, Lecturer in Medical Surgical Nursing Specialty invented a pharyngeal feeding bottle, which was modified from the existing nasal douching bottle. It is in use in the ward for post maxillectomy patients.

### STUDENT ACTIVITIES

#### Student Nurses Association (SNA) – Office Bearers

President	- Dr. Vathsala Sadan
Senior Advisor	- Mrs. Margaret Manoharan
Jr.Staff Advisor	- Ms. Hepsi R.
Vice President	- Ms. Sneha Santhosh
Secretary	- Ms. Malavika A.S.
RAC President	- Ms. Deepshika
Hostel General Secretary	- Ms. Priyanka

#### Sports

Annual Sports day was conducted on 2<sup>nd</sup> February 2019. Mr. Hugh Skeil, Manager, Development Office, CMC, Vellore was the chief guest for the programme. Dr. Debbie Skeil, PMR Department honoured the winners with prizes and medals. Miss. P.Janani (II B.Sc ) in the **Women category** and Mr.Nelson.J (I GNM)I n the **Men Category** were the individual champions. The rolling shield for **overall championship** in sports was won by Nightingale House and the **March past rolling cup** was won by Pitman House.

#### National Service Scheme and Youth Red Cross

Students spread awareness about health on drugs, Dengue,fever, Leprosy,Diabetes AIDS and environment through rallies and walkathon. International Disabled Day was observed and Blood donation camp was conducted .. The Youth Red Cross unit of CON was given the **Good Performance, Best Contributor and Best Performance award** by the Indian Red Cross Society.

#### Student Spiritual Nurture and Wellbeing

Students are enriched spiritually through chapel services, family prayers, class retreats, scripture classes and RAC special meetings. They are involved in Sunday school ministries at the local church. We are grateful to the Chaplaincy department for conducting service every morning, Sunday evening worship service and Fellowship worship on Tuesdays in the newly refurbished chapel at the college of nursing.

Various other religious programmes like Teaching Mission and SHILOH in the institution are a source of support for the growth of students. A SNA Cabinet members retreat was conducted. A retreat was organized on 17<sup>th</sup> November 2018 at Friendship Chapel conducted by the SISHYA Team. All nursing student's retreat was also conducted on January 19<sup>th</sup> 2019. Dr. Lesly Nagarajan was the speaker.

A counselor for students is available every day in the hostel. The students find the monthly counseling classes very useful. Foster parent and foster batch scheme also helps in building relationships. A staff nurse is on health call duty to meet any emergency health needs of the students during nights and weekends. One nurse from the Fundamentals of Nursing Department caters to the health needs of the students visiting the staff student clinic.

#### Secondary Hospital Experience

The BSc and PBBSc Nursing students in groups of 8 – 10 had their secondary hospital experience for a period of 5 days in mission hospitals like Christian Fellowship Hospital, Oddanchatram, T.N, Basel Mission C S I Hospital, Gadag, Karnataka, AshaKiran Hospital, Lamptaput, Odisha, Padhar Hospital, Padhar, Madhya, Pradesh, Christian Hospital, Bissamcuttack, Odisha, Christian Hospital, Chattarpur, M.P, Duncan Hospital, Raxual, Bihar, St. Thomas Mission Hospital, Kattanam, Kerala, Evangelical Mission Hospital, Tilda, and Raipur Christian Hospital, Berhampur, Ganjam, Odisha. The First year M.Sc Nursing students had the opportunity to visit Bihar and gain insight on the "AMANAT" project run by CARE India in collaboration with the Government of Bihar and the CMAI. The AMANAT project strives to reduce the Maternal and infant mortality rates by training the trainers on Emergency Obstetric care and newborn readiness. The trainers are taught to use simulation



as a teaching method to teach ANM who provide MCH care at the Grass root level.

### Conferences

Students participated in the following conferences

- 'Rooted 2018' at Pondicherry Institute of Medical Sciences
- SHILOH conference at CMC, Vellore.
- ENFI conference at Bhopal, MP
- 70<sup>th</sup> NL CMAI Conference at CMC Vellore
- Student Nurture workshop by SCMI and CMAI at Bangalore

### CONFEST 2019

CONFEST 2019 held from 25/01/19 – 26/01/19 brought out the best of our student's talents and potentials which were much appreciated. Prizes and certificates were given.

### Awards & Laurels

Certificate of Achievement for GNM programme issued by the Board of Nursing Education NL CMAI SIB

- 1 year : 2<sup>nd</sup> Rank – Ms. Chinthamani. Y
- 11 year : 1<sup>st</sup> Rank – Ms. Merlin Mary D  
2<sup>nd</sup> Rank – Mr. Pawan Kumar Patel  
3<sup>rd</sup> Rank – Ms. Keerthana S
- 111 Year : 1<sup>st</sup> Rank – Ms. Durga S  
2<sup>nd</sup> Rank – Ms. Revathi B  
3<sup>rd</sup> Rank – Ms. Divya T
- Emergency and Disaster Nursing : 2<sup>nd</sup> Rank – Mr. Hemanathan R
- Cardiothoracic Nursing : 1<sup>st</sup> Rank – Ms. Victoria Renita Sharon D and Ms. Sureka K

Ms. Ishwarya received the Gold Medal by the Tamilnadu Dr.M.G.R Medical University Chennai for her outstanding performance in the Post Basic B.Sc Nursing Program for the year 2016-2018.

The 9<sup>th</sup> Annual Research day was held on the 12<sup>th</sup> & 13<sup>th</sup> of October 2018. Ten BSc Nursing students presented their research projects. Shubankar Mitra Research Award (Nursing) was won by 3<sup>rd</sup> year B.Sc(N) student, Ms. Grace Lalzarzo.

Students participated in the South Zone Intercollegiate Quiz competition- Zenith- 2018 conducted by PSG College of Nursing, Coimbatore. They won the

first prize among 37 teams. Since they have been winning this trophy for three years consecutively, this rolling trophy now belongs to College of Nursing.

Students also participated and won prizes in World Diabetes Quiz and Dance competition, Pharmacy Quiz, Minerva Quiz, Intercollegiate Quiz conducted by Rotary club.

### FUTURE PLANS

1. Implement plans as per consultation 2016
2. Commence short term courses (3 months duration) in various nursing specialties
3. Obtain INC recognition for the Post Diploma in nursing courses - Burns Nursing and Renal Nursing
4. Promote and expand the Fellowship in Nursing programmes
5. Participate in Curriculum planning and revision at the University and INC levels.
6. Strengthen Faculty and student exchange programmes between Universities
7. Expand Distance education programmes and e resources in collaboration with the State Nursing Council and the Ministry of Family Health and Welfare.
8. Develop newer E- Learning Modules
9. Develop a state of the art Simulation lab
10. Strengthen WHO Collaborative nursing and Midwifery Activities
11. Strengthen integration roles by planning specialist roles
12. Promote and strengthen Faculty Research
13. Encourage collaborative research within and outside the institution
14. Facilitate Collaborative interventional research with Accident and Emergency, Psychiatric Nursing and Medical Nursing Specialty Departments on Community preparedness and Disaster Management, Youth training on Disaster preparedness, Non-communicable diseases – cancer, obesity, mental health
15. Conduct conference on Qualitative Research Methodology
16. Organize National Community Health Nursing Conference in collaboration with SOCHNI
17. NACC Accreditation of the College of Nursing
18. NABH Accreditation for CHAD and RUHSA
19. Construction of the Multipurpose Hall

### NURSING SERVICE NEWS

#### Administration

Nursing Superintendent	: Dr. Premila Lee
Deputy Nursing Superintendent	: Dr. Bala Seetharaman
Deputy Nursing Superintendent	: Mrs. Ilavarasi Jesudoss
Addl. Deputy Nursing Superintendent	: Mrs. Regina Xavier



Addl. Deputy Nursing Superintendent : Mrs. Dorathy Devakirubai  
Addl. Deputy Nursing Superintendent : Mrs. Nirmala Emmanuel

### **Tribute**

Miss Thomson Erna Marlienne, Assistant Nursing Superintendent (Years of service: 1964-1993) passed away on to glory at her home on 09.07.2018 in Adelaide, South Australia at the age of 84. A Thanksgiving service was arranged for the life and witness of Ms. Marlienne Thomson, on 09.08.2018 at the Hospital Chapel.

### **Nursing Service Endeavours and Achievements**

#### **1. Tamil Nadu Accident and Emergency Care Initiative programme (TAEI):**

Nursing Service was given the opportunity to train nurses from the Government sector in Trauma Care at our institution. This well appreciated programme by the participants and Government officials paved way to develop and implement Trauma Care Management protocol in the Government hospitals across the state of Tamil Nadu.

Following the success of the two week comprehensive training program for 165 government nurses at Emergency Department, the Government of Tamil Nadu once again collaborated with Nursing Service to conduct

- 30 days TAEI Master Trainers Training in Emergency Care exclusively for District Trauma Nurse Coordinators (DNTCs) and 24 DTNCs were trained in the month of June 2018.
- Two day orientation observership for TAEI Nursing Superintendent and DTNCs was conducted and 142 members were trained between July and September 2018.

#### **2. Clinical Initiatives:**

- **OR Pooling:** For effective utilization of OR facilities , pooling facility was introduced for optimizing flow of patients in and out of OR . Three Nurse Transfer Coordinators work in two shifts between 7:00 a.m and 10:00 p.m.
- **Online Discharge Process:** Nursing Service coordinated with Billing Section to introduce Chart Free billing service to reduce time taken for the IP bill preparation and hassle free discharge of staff and patients from the hospital.
- **Night Supervisor:** To ensure continuity and uniformity in management during night a full time Night supervisor was appointed.

- **Bio Medical equipment:** All Bio medical equipment used in the wards are brought under Nursing Service inventory and maintenance to initiate uniform charging as well as to save nursing time in entering the bio medical equipment charges for each patient.
- **Inter department knowledge share:** As new services were initiated efforts were taken to train nurses in the specific areas. For example Staff nurses from AI ward and Pediatric department were trained on Hemodialysis and Peritoneal dialysis in AK lab for two weeks and posted along with Nephrology transplant coordinator for a period of one week.

#### **3. Human Resource Initiative:**

- **Nursing staff Training Online record:** A customized online training record program was formulated with the help of CHIPS to maintain the database of the staff training record to enable nurses access details of training attended and credit points earned.
- **Privileging for Nurse Manager:** Privileging document for Nurse Managers was formulated, in which the management component was formulated by Nursing Service and the specific clinical component by the concerned nursing departments.

#### **4. Awards and Accolades**

##### **i. Sports Championship**

Nursing staff participated in the various sports events organized by the institution and Nursing Service won the Institutional Sports Championship 2018 for the third year in a row.

##### **ii. Awards and recognitions by the department**

- Various ward and OPDs bagged prizes under categories **patient friendly private ward , best General and Private wards and OPD, Patient Friendly General ward , best exhibition stall and best area of excellence** during NABH inspection on June 2018

##### **iii. Individual Awards for Staff Nurses**

Nurses actively participated in the workshops and conferences held

within and outside the institution and won many prizes.



## CLINICAL WORK

### Nursing Leadership

Nursing Superintendent was deputed to attend the Haggai Leadership training at Hawaii from 05.09.2019 to 06.10.2018 that provided God-inspired motivation to lead the department.

The nursing leadership continues to support and promote safe delivery systems and quality practice. Nursing faculty of College of Nursing heading the various departments provide resource toward positive work environment and enhanced patient outcomes in the clinical areas.

### Additional Services, Facilities and Refurbished Units

Many inpatient and outpatient services were introduced in the hospital to meet the demands of patients coming to our hospital. Many facilities are being provided to improve the quality of patient care and create better ambience

### International and National Days Celebrated

Global public health days offer great potential to raise awareness and understanding about health issues and mobilize support for action, from the local community. World Kidney Day, World TB Day, World Autism Awareness Day, World Immunization week, National safe motherhood day, World Asthma Day, World Head and Neck Cancer Day, Oral Rehydration Solution (ORS) week, Breast Feeding week, World Alzheimer's day, World Sight Day, World Prematurity Day, World AIDS Day, Adolescent week, World Optometry Day, World Hearing Day, World Kidney Day, and International Epilepsy Day were celebrated in the institution during which various activities and events like workshops, quiz, poster and slogan competitions were conducted. School health programmes and health screening were also organized in the community.

### Social Outreach Health Programme

Our nurses involved in the health outreach programs and camps, and played a critical role in improving and extending the reach of health care through activities such as health education, case management, basic health screening, and facilitating access to services.

#### i. Mission

- Nurses from the Pulmonary Department were the part of the team that conducted Asthma and Allergy Health camp in Scudder Memorial Hospital, Ranipet.
- Kotagiri Medical Fellowship Hospital (KMF), Nilgiris: Charge Nurse Mr. Charles Immanuel from Schell hospital was deputed to assist in setting the Ophthalmology theatre at KMF.

- Staff Nurse from Operating Room was the part of the team that conducted surgical camp at the Samaritan Medical Aid and Research Trust in Denkanikottai.

#### ii. Outreach programme

- Breast Care Nurse specialist participated in General Medical camp conducted by CMC Chittoor campus in Mapakshi area and displayed models, posters and pamphlets and spoke on early detection, risk factors, sign and symptoms, protective factors, breast self-examination and management of cancer breast.
- *Services of occupational health nurse practitioner (OHNP):* The OHNP is posted in the Staff Health Services and at the Shalom Family Medicine Center, her activities include pre-employment checkup and vaccination, Annual medical checkup, Hepatitis B vaccination, assessment, treatment referral, recording and reporting.
- CMC Emergency Care at Katpadi Railway Station continues to provide appropriate assessment and optimal care to the patients in the railway stations. About 320 Trauma and 880 non trauma patients were treated in the last year.
- Liver Transplant Coordinator conducted Organ awareness programme at the Employees Provident Fund Organization, Sathuvachari .
- Injury Prevention Camp for wardens in Central Jail, Vellore and in APCA was conducted by Emergency team where our nurses actively participated.
- RT OPD staff participated in the monthly Medical camps in Anaicut block, Vellore. Apart from these they also participated in the meeting organized for survivors of Breast Cancer, Cancer Cervix and Head and neck surgery
- To propagate awareness among the general public on Breast Cancer prevention, a walkathon was organized from CMC hospital campus to South Police station
- Medical nursing dept. organized outreach programme to conduct health education and health checkup at Kilithanpattarai village, Katpadi .They also organized a 'Puppet Show' and Video show on 'Prevention and First Aid' for Snake bite in Chukuvar Palli Village , Chittoor on World Snake bite Awareness day
- A video on Glaucoma prepared by Schell Eye hospital nurses was presented on Glaucoma awareness day. Also regular weekly Eye camps were conducted in and around Vellore



- Staff Nurses in LCECU conduct regular home visits in and around Vellore and also participate in Community Rehabilitation and School health programme

### iii. Other hospitals

PALS program was conducted at Gredi Gutperle Agasthiyar Muni Children & Maternity Hospital, Kanyakumari by the PICU team and nurses took active part in training the staff.

### iv. Disaster Management- CMC Response Team

The year 2018-2019 faced significant natural fury in the form of Cyclone and Floods. The Emergency department co-ordinated the relief efforts and multiple teams were sent based on the need.

- **Kerala flood :** The Emergency Nursing team with five Staff Nurses played a significant role in the Flood response and relief. Of the flood affected areas in Kerala in August 2018
- CMC response team with five Staff took materials like food items, water, clothes, toiletries and medicines to the affected places of Nagapattinam during the cyclone in November 2018



## HUMAN RESOURCE DEVELOPMENT

### Staff Position

At present, Nursing Service has 2981 nursing staff on roll. A total of 251 nurses were recruited from our institution and 57 through CBT programme.

### Continuing Nursing Education

Nursing Service organized various in-service, in-house training and workshops for nurses to help them update their skills and also to train them in all mandatory topics as required by the accreditation bodies.

## Regular In-house and In-service training

- Induction programme:** 12 induction programme of three days was conducted for new graduate nurses and new recruits in the last year.
- CPR Training:** 46 workshops were conducted in this year, where 1628 underwent training and 1601 were certified in the last year.
- PALS workshop:** 5 workshops were conducted and 173 nurses were certified in the last year.
- Advanced Cardiovascular Life support (ACLS) training programme:** 5 workshops was conducted and 170 nurses working in critical care areas were certified in the last year.
- IV Therapy:** 21 workshops were conducted and 764 nurses were certified
- Workshops:**
  - **Hand Hygiene Champions Training:** 97 participants
  - **Nursing Excellence Standards for Quality Patient Care:** 46 inhouse participants and 20 from other institutions who attended and were benefited.
  - **5th Short Course in Hospital Infection Control for Nurses:** 45 delegates registered, representing 21 different hospitals from 8 states across India.

### Clinical workshops

Nursing Service liaised with individual nursing departments to organize the 19 workshops specific to their work area .

### External workshops

Apart from the in-house training programmes conducted by the Nursing Service, Staff were deputed and sponsored to attend various workshops and training program conducted within and outside the institution.

- Nursing Service sponsored five nurses for each workshop and deputation leave was given for more staff to attend workshops conducted by the Department of Continuing Nursing Education, College of Nursing, CMC, Vellore.
- To equip and develop nurses to contribute more in the current role, they were sponsored to attend workshops conducted in other health care organizations.

### Staff Welfare

Welfare programs and activities for nurses in the institution are provided to promote professional growth and staff satisfaction.



**i. Exemplary award for the year 2018**

Every year nurses are recognized for their untiring and selfless service towards patient care. The members were recognized and awarded as **Best Charge Nurse, Best Staff Nurse, Best MPHW and Best Nursing Auxillary** during the Nurses Day celebration on May 2018.

**ii. Professional Development**

**Sabbatical leave:** One Charge Nurse is granted sabbatical leave.

**Study leave:** 31 Staff Nurses and one Charge Nurse is being sponsored for study leave for the various courses in College of Nursing.

**Research and Publications**

Nurses actively undertook research and co-authored articles that were published in various journals, took part as *co-investigators* along with Medical and Nursing Faculty and Charge Nurses of various departments are involved in clinical projects to improve patient care.

**Retirement**

Many Nursing staff retired after serving the institution with dedication and sincerity. We thank all of them for their selfless service

**Visitor Observers from other hospitals**

Nursing Service provided professional support for nurses from other health care institutions within and outside the country by permitting them as Visitor Observers to update themselves in the area of their choice to benefit their parent institution. Forty nine Nurses from Mission, Government and few from private hospitals were posted in the requisite clinical areas for about 2 to 4 weeks.

- Haukeland University Hospital, Norway
- Govt. Military Hospital, Dhaka, Bangladesh
- CMC, Ludhiana, Punjab
- Lady Willingdon Hospital, Manali
- Herbertpur Christian Hospital, Uttarkhand
- TLM Hospital, Muzaffarpur, Bihar
- Christian Hospital, Chhatarpur, Madhya Pradesh
- Christian Hospital, Bissamcuttack, Orissa
- Pondicherry Institute of Medical Sciences, Pondicherry
- TLM Hospital, Allahabad
- KMF Hospital, Kotagiri
- Christian Fellowship Hospital, Oddanchatram
- Scudder Memorial Hospital, Ranipet.
- Narayana Medical College & Hospital, Nellore.
- Mahatma Gandhi Cancer Hospital

- TLM Community Hospital, Delhi
- Holy Family Hospital, New Delhi
- & Research Institute, Visakhapatnam
- Cytecare Cancer Hospital, Bangalore
- Karunashraya, Bangalore

**QUALITY AND SAFETY IN PATIENT CARE**

Quality and safety patient care was ensured through regular audits and quality improvement initiatives.

**Patient Safety audits**

Regular monthly nursing care audits were done from the Office of the Nursing Superintendent which included audits on DDA and CRASH cart maintenance, safe patient transfer, initial assessment, patient orientation, health education, transfusion monitoring, pressure sore assessment and documentation, staff satisfaction, basic nursing care audit, device maintenance, central vascular access device maintenance, LASA drugs, and vulnerable patient care.

**Quality Improvement initiatives**

Nursing Service was actively involved in quality improvement initiatives focused on measuring and improving patient outcomes.

- i. Hand hygiene champions
- ii. Standardization of crash cart items and revision of policy on crash cart
- iii. Modified early warning signs to identify critically ill patients and to improve monitoring
- iv. Patient orientation proforma in various languages
- v. Revision of Nursing assessment and daily care form

**TRAINED NURSES ASSOCIATION OF INDIA (TNAI)**

TNAI Local unit remained active throughout the year and participated in Regional and National activities of the organization. TNAI organized a grand Sale through which the funds were raised for various TNAI activities listed below:

- **Educational assistance:** Sponsored two children residing at MBKG Pannai financially for education.
- **Visit to retired and senior most CMC Alumni:** TNAI members visited the retired senior most members of nursing fraternity with limited mobility.
- **Staff Welfare Programmes:** Regular educational programme were conducted every month to nurture the nursing staff. Social committee organized picnic twice a year and 120 TNAI members participated in each



trip. TNAI Local unit sponsored eleven TNAI members to participate in Biennial Conference at Goa.

- *Scholarship for post graduate nursing students:* One nursing post graduate student was provided scholarship by the TNAI Local unit.
- *International Nurses Day celebration:* International Nurses Day was celebrated on May 12<sup>th</sup> 2018 to commemorate the birth anniversary of Florence Nightingale. The theme for the International Nurses Day celebration the year was "Nurses: A Voice to Lead – Health is a Human Right". On this day all the nurses in the institution were acknowledged and appreciated by the Office of the Nursing Superintendent and the TNAI, with the distribution of Badges and sweets. Various competitions like educational, games, Flower decoration, Floor decoration, Quiz, just a minute, essay writing, poster competitions were held on the theme. These celebrations culminated in a grand program on the 5<sup>th</sup> of May where the recipients for the Best Nurses award were honored and the prizes for all the competitions were distributed. The area representatives performed their task with joy and enthusiasm. On 12<sup>th</sup> May 2018, 55 TNAI members local unit attended Nurses Day Celebration in Dr. MGR University, Chennai.

#### CHITTOOR CAMPUS

Chittoor campus continues to expand with additional new inpatient services such as Labour Room and Nursery, and outpatient services like Wound management clinic, Urology OPD and Paediatric Surgery. During the year, 40 additional Staff Nurses were provided to run these services efficiently. The Deputy Nursing Superintendent incharge for Peripherals visited the campus regularly and involved in the various development. Nurses in Chittoor campus participated in all the in-house and educational activities conducted by Nursing Service. They attended area specific workshops conducted by the departments to learn and excel in their respective areas.

#### ALUMNI ASSOCIATION

##### Office Bearers

President	: Dr. Vathsala Sadan
Vice President	: Mrs. Alice Sony
Secretary	: Mrs. Anne Jarone
Joint Secretary	: Ms. Mercy J
Treasurer	: Mrs. Reena Santhosh
Joint Treasurer	: Mrs. Angeline Esther

##### Coordinators

Standing Committee	: Dr. Premila Lee
Welfare Committee	: Mrs. Alice Augustine Mrs. Jebamani Augustine

Scholarship Committee	: Dr. Mary S. Immanuel
Editorial Committee	: Mrs. Diana David Mrs. Nirmala Emmanuel
Workshop Committee	: Mrs. Rebecca Sumathi Bai

#### Alumni Representatives

##### India

North Tamil Nadu	: Mrs. Lathi Sajan, Ranipet
South Tamil Nadu	: Mrs. Grace Kingston, Ambilikai
Karnataka	: Mrs. Mildred Rani, Bangalore
Kerala	: Dr. Mariam Mathew
West Bengal & Assam	: Ms. Eshitha Chanda
Other North East States	: Mrs. Cheryl Susan Tada

##### Over seas

Dubai	: Mrs. Rajkumari Ravi
Kuwait	: Mrs. Shanthamma Peter
Bahrain	: Mrs. Jancy Paul
Doha	: Mrs. Malathy Chelladurai
Malaysia	: Mrs. Molly Tilak
U.K.	: Rev. Isaac Poobalan
Canada	: Mrs. Sheela John
Washington	: Mrs. Vijaya Hansdak & Mrs. Pushpa Premraj
Texas	: Mrs. Annie Likose & Mrs. Anu Prakash
California	: Mrs. Dorothy Koushik & Mrs. Valsa Kuruvilla
Florida	: Mrs. Susheela Raj
New York	: Mrs. Annie Samuel
New Jersey & Chicago	: Mrs. Susan Mathew
Illinois	: Mrs. Sheela Rajan & Mrs. Beulah Azariah
North Carolina	: Mrs. Florence Rathnam
Australia	: Mrs. Alison & Mr. Solomon Victor
New Zealand	: Mrs. Kamalini Daya & Mrs. Leena Adolf

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**COLLEGE OF NURSING  
CHRISTIAN MEDICAL COLLEGE VELLORE-4**



***Alumni News Letter  
July 2019 – December 2020***



Dear Friends,

*Greetings from the College of Nursing, Christian Medical College, Vellore.*

It is our great delight and pleasure to meet you through this newsletter. The Lord Almighty has been so grateful and wonderful in leading us through the past year. The year 2020 was filled with anxiety and uncertainty due to the COVID 19 pandemic. However, God Almighty has been so gracious to protect us from this great pestilence. We acknowledge your contribution in the past and look forward to interact and meet with you. May the Lord help us to maintain the legacy of nursing passed by our pioneers and lead us in all our endeavors.

## ALUMNI NEWS

### Alumni Reunion and Workshop

The College of Nursing Alumni Reunion was held on 5th July, 2019. Seven decades of graduates were gathered together, to reflect back at their days in their Alma Mater. Over the past years, nursing has witnessed tremendous and robust changes leading towards corridors of success and quality patient care. Fifty years of success, dedication, and hard work have passed by since the inception of the M. Sc. Nursing Programme and this reunion marks its Golden Jubilee and the Silver Jubilee of the Doctoral programme. The M.Sc. Batch of 1968 and 1969 were honored during the inaugural session and the joy was manifold!

The alumni went down the memory lane and shared not just their experiences, but also the legacies of their teachers and mentors. The students had the privilege of interacting with the B.Sc. Batch of 1984. The life stories shared had created a special bonding between those who had passed out of the portals of this institution and the students who are yet to establish themselves in the world, outside. It was a rewarding moment to have was a day of thanksgiving

On July 6, 2019 workshop on 'Nursing Competencies on Disaster Preparedness' was organized by the Department of Continuing Nursing Education. It was attended by 30 participants.

### Obituaries

Sno	Name of the alumni	Batch	Date of demise
1	Mrs. Anna Arputha Kumari Walter	B.Sc Batch of 1963	August 31, 2019
2	Ms. Jerlin Beaula	Diploma Batch of 2000, PB.B.Sc - 2011, M.Sc.- 2017	December 3, 2019
3	Ms. Vinishyla.W	Diploma Batch of 2008	January 6, 2020
4	Mrs. Suguna Stella bai	PBBSc batch of 1988	January 7, 2020
5	Mrs. Yamkumari Limbu	PBD-Batch of 2003 Emergency and trauma	January 13, 2020
6	Ms. Kanagapokisham	B.Sc Batch of 2012	May 7 <sup>th</sup> , 2020
7	Mrs. Greeta Varkey	B.Sc Batch of 1988	June 22, 2020
8	Mrs. P.C. Chinammal	Diploma Batch of 1954	September 9 <sup>th</sup> , 2020



9	Ms.Annamma	B.Sc Batch of 1967	September 11 <sup>th</sup> ,2020
10	Ms.AleyammaKuruvilla	Diploma Batch of 1944	December 6 <sup>th</sup> ,2020
11	Mrs.PramilaDahya	B.Sc Batch of 1955	December 15 <sup>th</sup> ,2020

### **Alumni Scholarship**

The Pitman Taylor Scholarship of Rs.10000 each was awarded to seven postgraduate students.

### **Welfare Fund**

Financial support from the Alumni Welfare Fund of Rs.5000 per month was given to Ms. Kannagapokisham, B.Sc Batch of 2012 for her health concerns till her demise. Rs. 3000 is also given to the family of Late. Ms. Louisa, GNM batch of 2000.

### **COLLEGE OF NURSING**

Dean	: Dr. Vathsala Sadan
DeputyDean	: Mrs. Alice Sony AdditionalDeputyDeans
	: Mrs. Margaret Manoharan
	Mrs. Ida Nirmal
	Mrs. Reena Santhosh
	Mrs. Sara Emma Rosalind
Registrar	: Mrs. HelenCharles
Deputy Registrars	: Mrs. Sheeba Nelson
	Mrs. Shandriila Immanuel

### **Faculty information**

There are 100 faculty members with M.Sc qualification, of whom 5 are Ph.D qualified and 8 faculties are pursuing Ph.D in Nursing. College has 52 Tutors and 131 staff nurses.

### **Retirement**

- Dr. Shirley David, Professor and Head of the Department of Medical Surgical Nursing retired on 20<sup>th</sup> July, 2020
- Dr. Selva Titus Chacko, Professor and Former Dean of College of Nursing retired on 18.9.20.
- Mrs.Greeda Alexander, Professor,Community Health Nursing retired on 13.12.20.

We acknowledge their contributions and wish them a happy retired life.

### **Educational Programmes**

A total of 888 students are on roll this year. By the Grace of God, the 2020 Batch of students have been admitted into the College and currently pursuing online classes. The admission process was conducted through the virtual platform.

### **Visitors**

On September 24, 2019 the Nursing faculty of Yonsei University visited College of Nursing to initiate a Memorandum of Understanding for the Faculty Exchange Programme.

On September 28,2019 Mrs. Gladys Staines, Australian Missionary from Orissa visited the College of Nursing and interacted with the staff and students. She shared her testimony and shared her love for Christ and answered questions regarding 'withstanding trials'.



## Conferences / Workshops

A national symposium on 'Qualitative research method -Qualitative understanding for quality health care' was organized on 21<sup>st</sup> and 22<sup>nd</sup> of November 2019. The National Community Health Nursing Conference was organized on the 13<sup>th</sup> and 14<sup>th</sup> February, 2020 as a joint venture by Department of Community Health Nursing, College of Nursing, CMC and the Society of Community Health Nurses of India (SOCHNI).



The theme for the conference this year was, 'Community Health Nurses- Trendsetters for Universal Health Coverage to Combat Non Communicable Diseases (NCD's). The year 2020 holds a special place among the nursing fraternity as it has been declared as the 'Year of the Nurse and Midwife' by the World Health Organization. 320 delegates from 17 states participated. The conference was also a highlight on the golden jubilee of the M.Sc. nursing programme, silver jubilee of the Ph.D nursing programme and the 200<sup>th</sup> Birth Anniversary of Florence Nightingale, founder of modern nursing. In keeping with her anniversary a 'Nightingale Challenge' was organised globally, in which the oath, 'I Support Nursing Now' was administered.

### Commemorating the "Year of Nurse and Midwife"



## Workshops, Webinars and Seminars

Various workshops, e- seminars and webinars were conducted virtually.

Webinars were conducted in collaboration with Christian Medical Association of India on different topics that were assessed as felt needs through an online survey.

## Short term Courses

A Distance education course on 'Stoma Care Nursing' was organized from August – November 2019 to train registered nurses in specialized care. A short course on 'Peritoneal Dialysis' was conducted for the first time from January 15 to February 14, 2020. There were totally two participants one from AIIMS, New Delhi and the other an alumnus of Government Vellore Medical College.



### **Ph.D. Programme**

Six faculty are in the process of registering for PhD in Nursing, under Dr.MGR Medical University, Chennai. Three faculty were selected for the PhD programme under the National Consortium for PhD in Nursing by the Indian Nursing Council

### **Journal Publication**

The Indian Journal of Continuing Education (IJCNE) published by the College of Nursing is made an online journal in partnership with the Medknow , part of Wolter's and Kluwer's Health. The first online issue was published in August 2019. The journal is accessible at <http://www.ijcne.org/aboutus.asp>. Special issue for this year was done to commemorate the 50 years of Masters in nursing education and 25years of Ph.D in nursing in our institution.

### **KUMC Modale Junior Faculty Research Scholarship Programme**

Two faculty, Mrs. Naomi Nancy and Mrs. Priya Chandrasekar were awarded the Modale Junior faculty research scholarship and had four months experience in Kansas University from 31/7/19 to 15/12/19.

### **Senior training Fellowship Programme**

Mrs. Rebecca SumathiBai was able to pursue her training on Stroke Rehabilitation as visitor observer at Long Island, Manhasset, New York for a period of four weeks from mid October to mid November 2019.

### **Research Activities**

Twenty three faculty research projects are being undertaken. Faculty and students presented their research during the Annual Research Day held in the Institution and have won prizes.

Two research proposals are being developed in collaboration with the Kansas University USA. Dr. Manoranjitham Sathiyaseelan participated in the systematic review under Mental Health Gap Action Programme (MHGAP) of the WHO aiming to explore treatment – seeking behaviors of people living with depression, schizophrenia and epilepsy in low and middle - income countries

A collaborative research with Birmingham City University, UK on “Diabetes in Mentally ill” a Community based study is being developed.

A virtual student exchange programme is being prepared to be held as a collaborative educational exchange programme to learn on Global Health/Population based health care focused from local to Global level between College of Nursing, CMC Vellore and School of Nursing, University of Kansas,US.

### **Simulation lab**

We have received USAID ASHA Grant 2019 for development of an advanced skill lab for nursing students. An additional amount of Rupees 50 lakhs need to be raised towards the infrastructure development and maintenance of the facility.

### **Community Outreach activities during Covid Pandemic**

College of Nursing Community Health (CONCH), Kannigapuram Outreach Clinicwasinauguratedon9thJuly2019, to provide secondary level health care services to the people of Kannigapuram and the surrounding 25 villages where CONCH services are being provided.



The community health nursing department is involved in health screening of the construction workers of the Kannigapuram Campus. Mobile nurse led clinics and cervical cancer screening for women in the reproductive age are carried out in CONCH and Urban areas. Packed medicines were delivered for free of cost at the doorstep for all the morbid patients covered by the Community Health Department during the pandemic.



### **Services of Occupational Health Nurse Practitioner (OHNP)**

The Nursing Students Hostel Health Clinic (NSH-HC) service was initiated and started functioning since 01.08.2019. This NSH Clinic enables the nursing students to get their health services in the hostel premise through the OHNP. SSHS continues to see students who are in need of further management.

### **Services of Family Nurse Practitioner (FNP) - Shalom Family Medicine Centre**

The activities of FNP in the Shalom Family Medicine Centre which caters to the citizens of Vellore city include assessment, treatment, referral, health education and counseling

### **Activities as a WHO collaborating center for Nursing and Midwifery (WHOCCNM)**

College of Nursing, CMC, Vellore continues to be as WHO Collaborating Centre for Nursing and Midwifery. MOU between the College of Nursing and Director of Health Services, Madhya Pradesh (DOHS, MP) have been initiated in March 2015 to assist in the capacity building of the nursing cadre through developing three months short term courses. This year totally 93 staff nurses were trained in two groups. The MOU has been renewed for another two years i.e. 2020 & 2021.

Using WHO Disaster Management guidelines, training programmes were conducted. The CON is recognized by the Tamil Nadu Dr.M.G.R. Medical University and the Government of TamilNadu as the Resource Center for training nurses in emergency and disaster management. Two day workshop was conducted to final year undergraduate nursing students and PG students to prepare them as an effective workforce during disaster.

Pre Shiloh conference workshop on 'Nursing Competencies for Disaster Management' was conducted on 26<sup>th</sup> September 2019 for nursing students studying in various mission hospitals across the country.

A short video on the activities of the Community health nursing department was prepared and sent for the "Health for All Film Festival" organized by WHO. The photo sent for the "World Health Day 2020" Photo competition organized by WHO Regional Office for South East Asia region was selected as one of the top three winners. The center has shared few case studies for the Link Magazine of WHO.

As part of the International Year of Nurses and Midwife 2020 celebration, the National Institute of Health and family Welfare (NIHFW) conducted an Online Training course on Building Nursing and Midwifery Leadership for achieving UHC/SDG, the Director of WHOCC NM presented a talk on "Leadership for building and sustaining Model Nursing and Midwifery



management practices: integration of teaching and services” on 8<sup>th</sup> October 2020.

Indian Nursing Council in collaboration with the UNFPA (United Nations Population Fund) organized a virtual capacity building program for the midwifery faculty in the Schools and Colleges of Nursing in India. Mrs.Ebenezer Ellen serves as a resource faculty for the TOT programme for strengthening reproductive, maternal and neonatal health services by nurse practitioners in midwifery (NPMs) through Midwife Led Care Units (MLCUs).

Jhpiego in collaboration with Ministry of Health and Family Welfare (MoHFW), INC and State Government conducted a webinar on “Investing in Nursing Education, Jobs and Leadership in India: Committing to a decade of action” .Mrs.Alice Sony ,Deputy Dean made a presentation on “Integration of Nursing Education and Service and Nurse Led Community Based Care”.

Dr.Vathsala Sadan , Dean College of Nursing participated in the Eighth WHO-ICN-ICM Triad meeting held on June 16 to 18,2020.The focus of the meeting was strengthening nursing and midwifery in the context of Covid -19 leveraging the findings from the State of the World’s Nursing report and new evidence on midwifery ,and identifying priorities for the next strategic directions for nursing and midwifery.

### **Student teaching and learning**

Passion for teaching and a constant drive to improve the quality of education has enabled the faculty to adopt different creative methods of teaching especially during this year of pandemic.

### **Staff Welfare Programmes**

Picnics and retreats were conducted for faculty and staff of College of Nursing

### **Activities during COVID 19 pandemic**

Due to the lockdown pronounced by the Government of India, students were sent home. However, Online teaching programmes of all level of nursing students are continuing to be held due to the COVID-19 pandemic situation.

The institution is involved in country’s response to COVID-19 through establishing systems, capacity buildings and COVID-19 information dissemination.The nursing faculty and staff as frontline workers in the COVID -19 pandemic are involved in planning and setting up of wards to admit COVID patients, screening, training of nursing personnel and patients on the management and prevention of COVID-19.

Faculty research projects on Psychological impact of COVID -19, Knowledge, attitude and practice, Level of satisfaction and communication on COVID-19, Compassion satisfaction and Fatigue among Oncology nurses, Experiences of Midwife caring for women in COVID wards, nurse managers’ clinical management decision making process in pandemic situation, perceived social support and stigma among patients with COVID 19 infection, fear and resilience of nurses working in COVID 19 areas are being undertaken.

### **Lamp Lighting Ceremony**

The lamp lighting ceremony was held on December 20, 2019. Two hundred first year nursing students dedicated their lives to the noble profession of Nursing.





## College Day 2020

The College of Nursing celebrated its College Day on the 29th February 2020 amidst great enthusiasm and excitement. The events were centered round the theme “Vintage” an apt one since the College is celebrating the Golden jubilee of the M.Sc. Nursing programme and Silver jubilee of Ph.D Nursing programme.



## College of Nursing, Chittoor

By the grace of God, we were able to start the BSc Nursing programme at Chittoor. The first batch of 50 students registered on November 28, 2019. Mrs. Rosaline Jayakaran, Former Dean, College of Nursing is appointed as the Principal of the CMC Vellore Chittoor College of Nursing. However there is a need for a College of Nursing ,wardens and a hostel facility for students. Currently a rented building which was once a Teacher’s Institute is being utilized.



## STUDENT ACTIVITIES

The students takepart in all activities of the SNA enthusiastically. The hostel continues to be a ‘Home away from home’ for the students.

### Student Nurses Association (SNA) – Office Bearers

President	- Dr. Vathsala Sadan
SeniorAdvisor	- Mrs. Margaret Manoharan
Jr.StaffAdvisor	- Ms. HepsiR.
VicePresident	- Ms. Malavika A.S
Secretary	- Ms. Merin M.V
RAC President	- Ms. Sharon Mathew
HostelGeneralSecretary	- Ms. Jemi Ponishiya



### **Annual Sports Meet**

The Annual Sports Meet of the College of Nursing, CMC was held on 1st of February 2020 at Oval Ground, Bagayam. The students actively participated and performed activities centered on the theme for the year of the Nurse and Midwife "I support Nursing now"



### **SNA Conference**

The XVIII Tamil Nadu State Student Nurses Association (SNA) Biennial Conference 2019-2020 was held at Kovai Medical College and Hospital, Coimbatore from 26th to 28th September, 2019. Ninety seven students of College of Nursing, CMC attended the conference. Among a total of 1967 students from 61 colleges, the students of College of Nursing, CMC made the institution proud by bagging 18 trophies in various events. The College of Nursing stood first in State of Tamil Nadu by winning both Championship for cultural and the overall championship proving once again that the College of Nursing contributes largely to the overall development of students, helping them to grow personally and professionally by discovering their potentials and talents. Ms.AnyaZereenBenzy and Ms.GnanaSheebaPillai, III year B.Sc Nursing students were elected to be Vice president and Secretary of SNA of Tamil Nadu Branch for the year 2019 – 2021.

Four students attended the regional CMAI conference at Madurai on 26.07.2019. Ten students attended the CMAI conference at Hyderabad between 7 – 9<sup>th</sup> November,2019 on the theme "Who touched me" .

### **NSS, Junior Red Cross and Red ribbon**

The NSS special camp programme for the year 2019-2020 for the II year B.Sc (N) students was arranged from 17.02.2020 – 22.02.2020. Screening for dental caries, diabetes and eye problems and awareness on COVID 19 were included. As Red Ribbon Alliance volunteers, the students participated in the HIV/AIDS awareness programme. CON Youth Red Cross was given the "Best performance Unit" and the "Best Unit" award by the Vellore District Youth Red Cross.

### **SHILOH Conference 2020**

The SHILOH was held virtually for staff and students from 1<sup>st</sup> to 4<sup>th</sup> of October on the theme "Salt and light of the Earth". 400 students participated.



### **Awards and Prizes**

The students participated actively in various competitions in and out of the state and bagged many prizes. All three prizes (1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> prize for the GNM examination) were collectively bagged by our students bringing laurels to our institution.

### **Religious Activity**

Students are enriched spiritually through chapel services, family prayers, class retreats, scripture classes and RAC special meetings. Various other religious programmes like Teaching Mission and SHILOH in the institution are a source of support for the growth of students. Students were privileged to attend the musical programme performed by Mr. Bart Gee, Motivational speaker, pianist from UK.

### **Student nurture and welfare**

The students are nurtured and guided in the College and hostel by the class advisors and warden. Regular Bible classes are conducted by Chaplaincy department for all batches. A counselor is available every day in the hostel for their need. The counseling classes (once a month) by the counselor along with the Bible classes is being continued which the students find very useful. Foster parent and foster batch scheme also helps in building relationships.

The needy students are being given scholarship. We acknowledge the generous contribution of the Alumni of CON towards this.

### **Lean on Me Counselling services**

An Online counselling services offered by an independent emotional health services organization group from Bangalore with whom the institution has partnered was introduced. The services will be provided by a mobile app based voice call or text chat counseling therapy. The emotional fitness assessment of students was also conducted.

## **NURSING SERVICE NEWS**

### **Administration**

Nursing Superintendent : Dr. Premila Lee till 20<sup>th</sup> October 2020,  
Dr. Bala Seetharaman from 21<sup>st</sup> October 2020  
Deputy Nursing Superintendent : Mrs. Illavarasi Jesudoss  
Deputy Nursing Superintendent : Mrs. Jeyalinda Christopher  
Addl. Deputy Nursing Superintendent : Mrs. Shalini Chandran  
Addl. Deputy Nursing Superintendent : Mrs. Dorathy Devakirubai  
Addl. Deputy Nursing Superintendent : Mrs. Sophia Vijayanathan

### **Workshops**

Nine intravenous therapy workshops were organized and 307 staff participated. Thirteen workshops on basic life support, 6 workshops on advanced life support and 2 workshops on paediatric basic life support were organized by the Office of the Nursing Superintendent and 746 staff were certified.

Thirty in-house workshops were organized by the Office of the Nursing Superintendent in collaboration with the clinical departments. Participants were awarded 5 credit hours by the



Tamilnadu Nurses and Midwives Council. Each department ensured that all of their staff attended the workshops relevant to their clinical area.

### **Hospital Management in COVID 19 crisis**

COVID19 Pandemic has created an enormous impact in the normal functioning of the institution. The hospital was recognized as the center for screening and caring for patients with COVID 19 since mid-March. Part of the hospital wards were converted to cater to patients affected by COVID. Around 99 beds were converted for managing critical ill. A fever clinic was opened to enable outpatient care to COVID 19 suspects.. Nurses were trained to take swabs to facilitate quick testing and monitoring.

Policies and protocols were laid to ensure prevention and spread of transmission of the disease. COVID care area and the regular clinical areas were delinked.

The nurses were trained in donning and doffing and in managing critically ill which enabled them to provide critical care confidently. A total of 1200 staff nurses were trained to provide care to patients affected by COVID-19. 200 staff nurses were trained to provide level III Critical Care to COVID patients. Online webinars were conducted on management and prevention of COVID-19 and modules of the same were distributed to mission hospitals. Appropriate and adequate staffing of all area with optimal utilization of manpower was ensured.

Continuous appreciation to our frontline nurses working in COVID care areas from the patients and the administration is a boon to all our staff. The commitment, courage and compassion of our staff nurses were highly commendable. The patient satisfaction survey done by the quality management cell showed that the satisfaction of nursing care was 100%.

### **New Orthopedic Block**

The old Student Nurses' Hostel "Our glass palace" is being replaced with a new initiative to expand the services to the orthopedic patients. It has 11 theatres with 20 day care beds, a 12 bedded HDU and 3 wards with 105 beds. This facility will be inaugurated soon.

### **Chittoor Campus**

Chittoor campus continues to expand with additional new inpatient services such as Labour Room with 5 beds, Perinatal ward with 20 beds and Nursery with 10 beds. Outpatient services like Wound management clinic, Urology OPD, Infertility Clinic, Psychiatry Counselling, Paediatric Surgery and day care facilities for surgical units known as "Exodus ward" have been initiated. A COVID care ward was opened to treat the COVID positive patients.





## ALUMNI ASSOCIATION

### Office Bearers

President	: Dr. Vathsala Sadan
VicePresident	: Mrs. AliceSony
Secretary	: Mrs. PriscillaSam
JointSecretary	: Ms. MercyJ
Treasurer	: Mrs. Reena Santhosh
JointTreasurer	: Mrs. Angeline Esther

### Coordinators

StandingCommittee	: Dr. Bala Seetharaman
WelfareCommittee	: Mrs. Alice Augustine
Welfare Committee member:	Mrs. Bharathy Jacob
ScholarshipCommittee	: Dr. Chellarani Vijayakumar
EditorialCommittee	: Mrs. Nirmala Emmanuel Mrs. Deena David
WorkshopCommittee	: Mrs. Rebecca Sumathi Bai

### Alumni representatives-India

Sno	Name of the Alumni Representative	State
1	Mrs. Sisy Joseph	Kerala
2	Mrs.Amudha Sundari	Karnataka
3	Ms.Shimy John	Maharashtra
4	Mrs.Jothi Clara	Tamil Nadu
5	Mrs.Nirmala Margaret	Andra Pradesh
6	Mrs.Mercy Oommen	Orissa
7	Mrs.Era Dayal	Uttarakhand
8	Ms.Jasper Damaris	Delhi
9	Mrs.Lilly Christopher	Madhya Pradesh
10	Dr.Christy Simpson	Dimapur
11	Mrs.Christy Martina	Assam
12	Mrs.Devakirubai	South Tamil Nadu
13	Mrs.Annie Veda	Puducherry
14	Mrs.Sangeetha Samuel	Ludhiana
15	Ms.Sirisha	Telangana

**Alumni representatives –Global**

<b>Sno</b>	<b>Name of the Alumni Representative</b>	<b>Country</b>
1	Dr.Leah Macaden	Scotland
2	Mrs. Aleyamma Koshy	UK
3	Mr.Boaz, Mrs.Shanthi John	Ireland
4	Mr.Ramesh	Canada
5	Mrs.Jessy Thambiraj Ms.Alison Fernandez,Ms.Ancy Riya George	Australia
6	Dr.Selva Titus ,Mrs.Priyalatha	UAE
7	Mrs.Anandhi	Muscat
8	Mrs.Aruna Samuel, Mrs.Mary Johnson	Saudi (Jeddah)
9	Ms.Jane Rita, Ms.Margaret Kumar, Ms.Vinciya Pandian	USA
10	Mrs.Asiya Ibrahim	Maldives
11	Mrs.Priscilla Talwar	Nepal
12	Mrs.Malathy Chelladurai	Doha
13	Mrs.Aminath Jameel Mrs.Mary Nelson	Malaysia and Singapore
14	Mrs.Deepika	New Zealand

*The Alumni Association, College of Nursing, CMC Vellore invites you for” A Virtual Alumni Meet” on 23<sup>rd</sup> January, 2021 from 05.30 pm onwards*

**Zoom meeting ID : 81040469997**

**Passcode : 217396**



**Contact details**

Phone: 0416-307-7002 / 7003/ 7034

Email: [deancon@cmcvellore.ac.in](mailto:deancon@cmcvellore.ac.in)/ [alumni\\_asso@yahoo.co.in](mailto:alumni_asso@yahoo.co.in)/ [cmconalumni@gmail.com](mailto:cmconalumni@gmail.com)

**Wishing all our alumni “A Very Happy, Healthy, Prosperous and Blessed New Year, 2021”**

**With best wishes**

Dr. Vathsala Sadan  
President  
Alumni Association

Mrs. Nirmala Emmanuel  
Convenor,  
Editorial Committee

Mrs. Deena David  
Co-convenor  
Editorial Committee





**COLLEGE OF NURSING  
CHRISTIAN MEDICAL COLLEGE VELLORE-4**



***Alumni News Letter***

***January 2021 – December 2021***



Dear Friends,

*Greetings from the College of Nursing, Christian Medical College, Vellore.*

It is our great delight and pleasure to meet you through this newsletter. The Lord Almighty has been so grateful and wonderful in leading us through the past year. The year 2021 was filled with anxiety and uncertainty due to the COVID 19 pandemic. However, God Almighty has been so gracious to protect us from this great pestilence. We acknowledge your contribution in the past and look forward to interact and meet with you. May the Lord help us to maintain the legacy of nursing passed by our pioneers and lead us in all our endeavors.

## ALUMNI NEWS

### Alumni Reunion and Workshop

The College of Nursing Alumni reunion was held virtually on 23rd January 2021 via zoom. This alumni meet was organised amidst the chaos of COVID-19 pandemic to reunite with those near and far, to reflect and to encourage each other. This meeting was attended by 756 alumni, 574 were extramural from all over the world and 182 were intramural alumni. The alumni went down the memory lane and shared not just their experiences, but also the legacies of their teachers and mentors.

The life stories shared had created a special bonding between those who had passed out of the portals of this institution and the students who are yet to establish themselves in the world, outside.



It was a rewarding moment to have our memories cherished virtually. It was a rewarding experience to have former teachers and leaders sharing their memories and experiences to motivate the group. It was indeed a refreshing moment of joy and celebration and thanksgiving.

### Obituary:

Sno	Name of the alumni	Batch	Date of demise
1	Mrs.Evangeline Victoria	Diploma batch of 1986	7 <sup>th</sup> February, 2021
2	Mrs.Elizabeth Oomen	BSc batch of 1955	8 <sup>th</sup> February, 2021
3	Ms.K.W.Gladys	PBBSc batch of 1983	15 <sup>th</sup> February, 2021
4	Mrs.Nargis Nirmala Devi	BSc batch of 1976	21 <sup>st</sup> May 2021
5	Ms.Hannah Sugantha Praveena	Diploma batch of 1997	21 <sup>st</sup> May 2021
6	Mrs.Charlot Swarnabai Backiaseeli	BSc batch of 1978	23 <sup>rd</sup> May 2021
7	Mrs.J.F.Sujatha	BSc batch 1986	23 <sup>rd</sup> May,2021
8	Mrs.Grace Balasundaram	PBBSc batch of 1981	17 <sup>th</sup> August 2021
9	Ms.Sushmitha	Diploma batch of 2017	4 <sup>th</sup> June 2021
10	Ms.Kamala Lydia	BSC batch of 1980	22 <sup>nd</sup> November 2021
11	Mrs.Ida Ruby	BSC batch of 1980	11 <sup>th</sup> December 2021
12	Mrs.Jeyanthi	BSC batch of 1990	19 <sup>th</sup> March 2022

### Alumni Scholarship

The Pitman Taylor Scholarship of Rs.10000 each was awarded to seven postgraduate

students.

### **Welfare Fund**

Financial support from the Alumni Welfare Fund of Rs. 4000 is given to the family of Late. Ms. Louisa, GNM batch of 2000.

### **COLLEGE OF NURSING**

Dean	: Dr. Vathsala Sadan
DeputyDean	: Mrs. Alice Sony
AdditionalDeputyDeans	: Mrs. Margaret Manoharan Mrs. Angeline Jayanth Mrs. Reena Santhosh Mrs. Sara Emma Rosalind
Protem Registrar	: Dr. Manoranjitham
Deputy Registrars	:Mrs. Shandriela Immanuel

### **Faculty information**

There are 100 faculty members with M.Sc qualification, of whom 8 are Ph.D qualified and 8 faculties are pursuing Ph.D in Nursing. College has 52 Tutors and 131 staff nurses.

### **Retirement**

- Mrs.Florence Segaran, Professor and Head of the Department of Medical Surgical Nursing speciality retired on 13<sup>th</sup> August 2021
- Mrs.Esther Aaron Senior Librarian , retired on 7<sup>th</sup> July,2021
- Mrs. Alice Rachel Varghese, Sr. Secretary, College of Nursing, retired on 20th May 2021, after nearly 35 years of dedicated service to the institution.

We acknowledge their contributions and wish them a happy retired life.

### **Educational Programmes**

A total of 888 students are on roll this year. By the Grace of God, the 2021 Batch of students have been admitted into the College and currently pursuing online classes. The admission process was conducted through the virtual platform.

**College of Nursing, CMC,Vellore, Chittoor Campus** : The Lamp Lighting Ceremony for the second batch (batch of 2020) of B.Sc. Nursing students of the College of Nursing, CMC Vellore, Chittoor Campus was held on 8th October 2021, at the Hospital Chapel, Chittoor Campus. On this blessed day, 49 young and vibrant first year nursing students committed their lives to the noble profession of 'Nursing' by lighting their lamps.



The Chief Guest Dr. Chellarani Vijayakumar, Former Head of the Community Health Nursing Department and Former Dean of College of Nursing, CMC, Vellore addressed the students. She inspired the students by narrating the significance of nursing in the healthcare. She urged the students to bring light into

the lives of patients who come with different difficulties and challenges.

**OCTOBER 18, 2021 SHILOH 2021** The annual students' medical missions' conference SHILOH 2021 was held virtually (online) from 30th September to 3rd October, 2021. The



theme this year was ‘Changing Times; Unchanging God’. The theme was based on Malachi 3:6 which is an expression of God’s unchanging love and faithfulness during this uncertain time.



The John Scudder Oration for the year 2021 was delivered by Mrs. Bharathy Jacob, the former dean of the college of nursing, CMC, Vellore. This was the 14th year of SHILOH which is a movement that aims to develop leaders in the healing ministry of Christ in India and all over the world. This year there were nearly 2000 registrations for the event.

**OCTOBER 25, 2021 College of Nursing, CMC, Vellore : The Lamp Lighting**

Ceremony - 2021 of the College of Nursing was held on 5th October, 2021 at 6 pm in the Scudder Auditorium. During this solemn occasion, 198 first year nursing students dedicated their lives to the noble profession of Nursing.



Mrs. Helen Meurial Hilkieh, Secretary, Board of Nursing Education, Nurses League, Christian Medical Association of India, South India Board, Bangalore was the Chief Guest for the occasion. She in her address emphasized nursing as a caring profession and that the students are chosen to offer true service in the spirit of Christ.



Dr. Vathsala Sadan, Dean, College of Nursing gave charge to the students and spoke on the importance of the ceremony and the Florence Nightingale lamp which was given to the nurses by the Dean and the Nursing Superintendent.

**Conferences /Workshop:  
The National Pediatric Conference**



The National Paediatric Conference was conducted through the virtual platform on the 24th and 25th of June 2021 by the Departments of Paediatric Nursing and CNE & Research, College of Nursing. The theme for the conference was, “Innovations and Advances in Paediatric Nursing: Gateway for Quality Care”. The Chief Guest for the conference was Dr. Ani Grace Kalaimathi, Registrar, Tamil Nadu Nurses and Midwives Council, Chennai whose address motivated nurses to be innovative in implementing interventions. There were three hundred and thirty two delegates who participated from twenty different States and Union

Territories of India and three other countries namely Bhutan, Ethiopia, Oman. Forty four oral

and twenty poster presentations were presented during the two concurrent sessions on both days.

### Workshops, Webinars and Seminars

Various workshops, e- seminars and webinars were conducted virtually. The Departments of Surgical Nursing and Continuing Nursing Education & Research of College of Nursing, CMC, Vellore organised an e-Seminar on 'Nutrition: A Key to Early Recovery in Surgical Patients' on February 23, 2021.



A total of 45 participants registered and attended the seminar through zoom meeting room. All the sessions were highly informative and participants gave positive feedback.

An E-Seminar on "Managing the Unsaid Needs of the Patients" was conducted through the virtual platform on 30th July, 2021 by the Departments of Fundamentals of Nursing (FON) and Continuing Nursing Education (CNE) & Research, College of Nursing, CMC, Vellore.



The aim was to rekindle the sensitivity of nurses to certain basic needs of patients that are most often unexpressed and hence go unaddressed

On 11th and 13th August, 2021, between 3-6 pm, an e-seminar was conducted to

reach out to maximum beneficiaries.

The vital topics presented by the panel of experts from Medical Nursing Department were Assessment and monitoring of critically ill patients with COVID-19, Lung recruitment maneuvers in COVID ARDS, Nutrition management in critically ill patients, Prevention of Hospital Acquired Infections. Customized videos on care of patients on non-invasive ventilation, proning and closed suctioning were played after each session to facilitate realistic observations of nursing care procedures. A total of 380 participants benefitted from these sessions.



E-Seminar Organised by Community Health Nursing The CNE e-seminar on 'Domiciliary Care for the COVID Affected : Across All Ages' was conducted on 28th September 2021, by the Department of Community Health Nursing. The e- seminar began with an inauguration. All the lectures were delivered by the Community Health Nursing faculty, College of Nursing, Christian Medical College, Vellore. A total of 66 delegates participated in the e-seminar from all over India . Departments of Medical Surgical

Nursing Specialty I and CNE & Research, of College of Nursing, CMC Vellore conducted one day e-seminar titled "Clinical Pearls in ENT Nursing" on 27th of August 2021. There were 95 delegates from all over India.



**Leveraging Global Partnership in Addressing COVID-19 Related Mental Health Webinar Series:** The Dean and Faculty at College of Nursing, Christian Medical College, Vellore, through a collaborative partnership with nurse leaders at Johns Hopkins, School of Nursing, USA organized and presented the Leveraging Global partnership in addressing COVID-19 Related Mental Health Webinar series from 11th June, 2021 to 16th July, 2021.



There were 11, 139 registrants from over 37 countries with 4,400 live attendees and over 2,100 recording views. Each webinar included a faculty from College of Nursing, CMC, Vellore and Johns Hopkins, School of Nursing, USA who were able to deliver mental health strategies in cultural context and shared their expertise.

**Release of Postal Cover to Commemorate the 150th Birth Anniversary of Dr. Ida Scudder:**

To commemorate the 150th birth Anniversary of Dr. Ida S Scudder, Founder Christian Medical College Vellore, a special postal cover was released on the occasion of Women's Day on 8th March, 2021 by Thiru Somasundaram, Director of Postal services Chennai City Region.



The event was held at the College of Nursing, CMC Vellore, and Thiru Somasundaram handed the first cover to the Director of CMC Dr. J.V. Peter, Principal Dr. Anna Pulimood, Dean Dr. Vathsala Sadan and Nursing Superintendent Dr. Bala Seetharaman. The postal

cover was released to honour and remember this commitment of Dr. Ida Sophia Scudder.

**Ph.D. Programme**

Two faculty are in the process of registering for PhD in Nursing, under Dr.MGR Medical University, Chennai. Two faculty were selected for the PhD programme under the National Consortium for PhD in Nursing by the Indian Nursing Council

**Journal Publication**

The Indian Journal of Continuing Education (IJCNE) published by the College of Nursing is made an online journal in partnership with the Medknow, part of Wolter's and Kluwer's Health.

**Research Activities**

Ten faculty research projects are being undertaken. Faculty and students presented their research during the Annual Research Day held in the Institution and have won prizes.

**Student teaching and learning**

Passion for teaching and a constant drive to improve the quality of education has enabled the faculty to adopt different creative methods of teaching especially during this year of pandemic.

## Staff Welfare Programmes

Virtual Retreat was conducted for faculty and staff of College of Nursing

### Activities during COVID 19 pandemic

Due to the lockdown pronounced by the Government of India, students were sent home. However, Online teaching programmes of all level of nursing students are continuing to be held due to the COVID-19 pandemic situation.

The institution is involved in country's response to COVID-19 through establishing systems, capacity buildings and COVID-19 information dissemination. The nursing faculty and staff as frontline workers in the COVID -19 pandemic are involved in planning and setting up of wards to admit COVID patients, screening, training of nursing personnel and patients on the management and prevention of COVID-19.



CMC, Vellore responded to the urgent need of the hour and inaugurated a new twelve bedded intensive care unit (ICU) facility at the Kannigapuram campus. The fully furnished and equipped ICU was made functional at very short notice which initially felt like an impossible task. As always, CMC's response to needs of the district and the nation has been spontaneous and efficient.

## STUDENT ACTIVITIES

The students take part in all activities of the SNA enthusiastically. The hostel continues to be a 'Home away from home' for the students.

### Student Nurses Association (SNA) – Office Bearers

President	- Dr. Vathsala Sadan
Senior Advisor	- Mrs. Margaret Manoharan
Jr. Staff Advisor	- Ms. Joy Priyadarshini
Vice President	- Ms. Anya Zereen Bensy.B
Secretary	- Ms. Cynthia Mary Saji
RAC President	- Ms. Sharon
Hostel General Secretary	- Ms. Anagha Susan

## Awards and Prizes

The students participated actively in various competitions in and out of the state and bagged many prizes.

All three prizes (1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> prize for the GNM examination) were collectively bagged by our students bringing laurels to our institution.

## INFINITY QUIZ

On 7th April 2021, Apollo College of Nursing conducted the Infinity Quiz via online mode. Students from the college participated in the quiz. By the grace of God, all three prizes were won by our students.



## **WORLD BLOOD DONOR DAY:**

On 15th June 2021, a Quiz competition was conducted online to celebrate the world blood donor day. The students participated with great enthusiasm.

## **INNOVUS 2021**

Sri Ramachandra institution faculty of nursing organized an intercollegiate level competition for new innovative ideas on 27th July 2021. Two teams from College of nursing CMC participated. One team of three students won the first prize.

## **Religious Activity**

Students are enriched spiritually through chapel services, family prayers, class retreats, scripture classes and RAC special meetings. Various other religious programmes like Teaching Mission and SHILOH in the institution are a source of support for the growth of students.

### **Student nurture and welfare**

The students are nurtured and guided in the College and hostel by the class advisors and warden. Regular Bible classes are conducted by Chaplaincy department for all batches. A counselor is available every day in the hostel for their need. The counseling classes (once a month) by the counselor along with the Bible classes is being continued which the students find very useful. Foster parent and foster batch scheme also helps in building relationships.

The needy students are being given scholarship. We acknowledge the generous contribution of the Alumni of CON continue towards this.

## **NURSING SERVICE NEWS**

### **Administration**

Nursing Superintendent : Dr.Bala Seetharaman from 21<sup>st</sup> October 2020

Deputy Nursing Superintendent : Mrs. Illavarasi Jesudoss

Deputy Nursing Superintendent : Mrs. Jeyalinda Christopher

Addl. Deputy Nursing Superintendent : Mrs. Shalini Chandran

Addl. Deputy Nursing Superintendent : Mrs. Dorathy Devakirubai

Addl. Deputy Nursing Superintendent : Mrs. Sophia Vijayanathan

### **Workshops**

Five intravenous therapy workshops were organized and 107 staff participated. Twenty four workshops on basic life support, 5 workshops on advanced life support , 4 workshops on Paediatric basic life support ,1 workshop on Pediatric Advanced life support were organized by the Office of the Nursing Superintendent and 787 staff were certified.

Fifteen in-house workshops were organized by the Office of the Nursing Superintendent in collaboration with the clinical departments. Hands on training on non invasive ventilation ,Defibrillation and Neonatal resuscitation was conducted Training on Adult and Pediatric Covid preparedness was conducted and 204 staff participated. Each department ensured that all of their staff attended the workshops relevant to their clinical area.

## Hospital Management in COVID 19 crisis

COVID19 Pandemic has created an enormous impact in the normal functioning of the institution. The hospital was recognized as the center for screening and caring for patients with COVID 19 since mid-March. Part of the hospital wards were converted to cater to patients affected by COVID. Around 99 beds were converted for managing critical ill. A fever clinic was opened to enable outpatient care to COVID 19 suspects. Nurses were trained to take swabs to facilitate quick testing and monitoring.

Policies and protocols were laid to ensure prevention and spread of transmission of the disease. COVID care area and the regular clinical areas were delinked.

Appropriate and adequate staffing of all area with optimal utilization of manpower was ensured. Continuous appreciation to our frontline nurses working in COVID care areas from the patients and the administration is a boon to all our staff. The commitment, courage and compassion of our staff nurses were highly commendable.

**Vaccination for COVID-19:** The first phase in CMC began on the 20th January 2021, free of cost from the Government for health care workers. In Phase 2, the Government made the vaccine available on a subsidised basis for the vulnerable population of 60 years and above and those above 45 years with co-morbidities. In all, we had together given more than 25000 doses of Covishield™ (the Oxford- AstraZeneca vaccine, manufactured in India by M / s Serum Institute of India - SII) and Covaxin™ (Indigenously developed vaccine manufactured by M/s Bharath Biotech Pvt Ltd, in India) with no major adverse events recorded from January to April 2021.

## New Orthopedic Block

The old Student Nurses' Hostel "Our glass palace" is being replaced with a new initiative to expand the services to the orthopedic patients. It has 11 theatres with 20 day care beds, a 12 bedded HDU and 3 wards with 105 beds. This facility was dedicated on May 3<sup>rd</sup> 2021. The Collector of Vellore, Mr. A. Shanmuga Sundaram I.A.S., in the presence of CMC Director, Dr. J. V. Peter and various other key officials who attended in person or virtually, inaugurated the Paul Brand Block



## ALUMNI ASSOCIATION

### Office Bearers

President	: Dr. Vathsala Sadan
Vice President	: Mrs. Alice Sony
Secretary	: Mrs. Regina Xavier
Joint Secretary	: Ms. Sumathy . J
Treasurer	: Mrs. Reena Santhosh
Joint Treasurer	: Mrs. Angeline Esther

### Coordinators

Standing Committee	: Dr. Bala Seetharaman
Welfare Committee	: Mrs. Alice Augustine



Welfare Committee member: Mrs. Bharathy Jacob  
 Scholarship Committee : Dr. Chellarani Vijayakumar  
 Editorial Committee :Mrs. Deena David  
 Workshop Committee : Mrs. Rebecca Sumathi Bai

**Alumni representatives-India**

<b>Sno</b>	<b>Name of the Alumni Representative</b>	<b>State</b>
1	Mrs. Sisy Joseph	Kerala
2	Mrs.Amudha Sundari	Karnataka
3	Ms. Shimy John	Maharashtra
4	Mrs.Jothi Clara	Tamil Nadu
5	Mrs.Nirmala Margaret	Andhra Pradesh
6	Mrs.Mercy Oommen	Orissa
7	Mrs.Era Dayal	Uttarakhand
8	Ms.Jasper Damaris	Delhi
9	Mrs.Lilly Christopher	Madhya Pradesh
10	Dr.Christy Simpson	Dimapur
11	Mrs.Christy Martina	Assam
12	Mrs.Devakirubai	South Tamil Nadu
13	Mrs.Annie Veda	Puducherry
14	Mrs.Sangeetha Samuel	Ludhiana
15	Ms.Sirisha	Telangana

**Alumni representatives –Global**

<b>Sno</b>	<b>Name of the Alumni Representative</b>	<b>Country</b>
1	Dr.Leah Macaden	Scotland
2	Mrs. Aleyamma Koshy	UK
3	Mr.Boaz, Mrs.Shanthi John	Ireland
4	Mr.Ramesh	Canada
5	Mrs.Jessy Thambiraj Ms.Alison Fernandez,Ms.Ancy Riya George	Australia
6	Dr.Selva Titus ,Mrs.Priyalatha	UAE
7	Mrs.Anandhi	Muscat

8	Mrs.Aruna Samuel	Saudi (Jeddah)
9	Ms.Jane Rita, Ms.Margaret Kumar, Ms.Vinciya Pandian	USA
10	Mrs.Asiya Ibrahim	Maldives
11	Mrs.Priscilla Talwar	Nepal
12	Mrs.Malathy Chelladurai	Doha
13	Mrs.Aminath Jameel Mrs.Mary Nelson	Malaysia and Singapore
14	Mrs.Deepika	New Zealand

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**Wishing all our alumni “A Very Happy, Healthy, Prosperous and Blessed New Year, 2022”**

**With best wishes**

Dr.VathsalaSadan  
President  
Alumni Association  
Committee

Mrs. Deena David  
Convenor  
Editorial