



WHO collaborating center for  
nursing and midwifery

**COLLEGE OF NURSING  
CHRISTIAN MEDICAL COLLEGE  
VELLORE-4**



***Alumni News Letter  
January 2022 – December 2022***

Dear Friends,

*Greetings from the College of Nursing, Christian Medical College, Vellore.*

It is our great delight and pleasure to meet you through this newsletter. The Lord Almighty has been so grateful and wonderful in leading us through the past year. The year 2022 was a year to thank God for his abundant blessings and mercy in keeping us safe during the Pandemic. We acknowledge your contribution in the past and look forward to interact and meet with you. May the Lord help us to maintain the legacy of nursing passed by our pioneers and lead us in all our endeavors.

**ALUMNI NEWS**

**Alumni Reunion and Workshop**

The College of Nursing Alumni reunion was held virtually on 26th March 2022 via zoom. This alumni meet was organised amidst the chaos of COVID-19 pandemic to reunite with those near and far, to reflect and to encourage each other. This meeting was attended by 175 alumni, 50 were extramural from all over the world and 125 were intra mural alumni. There was a brief interval during this session where the alumni actively participated in 'Kahoot' which had questions refreshing that led the alumni along the lane of college memories.

An interesting break out session followed, where the alumni were organised into groups with facilitators encouraging discussions on pertinent issues. A special bonding was evident while the groups explored the questions together. It was a rewarding experience to have former teachers and leaders share their memories and experiences to motivate everyone.

Later, a Group song by Extra mural Alumni (Kuwait) and special programs by the Diamond Jubilee Batch of B.Sc Nursing students entertained the gathering. It was indeed a refreshing time of joy, celebration and thanksgiving for all the alumni.

**Obituary:**

Sno	Name of the alumni	Batch	Date of demise
1	Mrs.Jeyanthi	BSC batch of 1990	19 <sup>th</sup> March 2022
2	Ms.Molly Kutty.K.S	BSC batch of 1958	May 3 <sup>rd</sup> , 2022
3	Ms.Panna Rai	PD Critical care 1998	5 <sup>th</sup> July.2022
4	Mrs.Aleyamma Joykutty	BSc batch of 1965	30 <sup>th</sup> August 2022

5	Ms.Olive Paul	Diploma batch 2005	4 <sup>th</sup> August 2022
6	Ms.Deepika Mundu	PBBSC student Batch of 2019	9 <sup>th</sup> September 2022
7	Mr.K.Arun	Diploma batch 2014	11 <sup>th</sup> September 2022
8	Ms.L.Sumitha	Diploma batch of 1994	2 <sup>nd</sup> November 2022

### Alumni Scholarship

The Pitman Taylor Scholarship of Rs.10000 each was awarded to seven postgraduate students.

### Welfare Fund

Financial support from the Alumni Welfare Fund of Rs. 4000 is given to the family of Late. Ms. Louisa, GNM batch of 2000.

### COLLEGE OF NURSING

Dean	: Dr. Vathsala Sadan
Deputy Dean	: Mrs. Shandriela Immanuel
Additional Deputy Deans	: Mrs. Sheeba Nelson Mrs. Angeline Jayanth Mrs. Reena Santhosh Mrs. Sara Emma Rosalind
Protom Registrar	: Dr. Manoranjitham
Deputy Registrars	: Mrs. Jenni and Ms. Hepsa Raju

### Faculty information

There are 99 faculty members with M.Sc qualification, of whom 10 are Ph.D qualified and 11 faculties are pursuing Ph.D in Nursing. College has 52 Tutors and 131 staff nurses.

### Retirement

- Mrs. Ebenezer Ellen Benjamin, Professor and Head of the Department of Obstetrics and Gynaecology Nursing specialty retired on 18<sup>th</sup> February 2022
- Mrs. Helen Sujatha Charles, Professor and Head of Psychiatric Nursing retired on 19<sup>th</sup> July, 2022
- Mrs. Jasmine Anand, Professor and Head of Medical Surgical Nursing specialty 2 retired on 4th July 2022

We acknowledge their contributions and wish them a happy retired life.

### Educational Programmes

A total of 885 students are on roll this year. By the Grace of God, the 2022 Batch of students have been admitted into the College and currently pursuing onsite classes. The admission process was conducted through face to face interviews after a period of 2 years of break following the virtual mode

### College of Nursing, CMC, Vellore, Chittoor Campus



28th January, 2022 was an epoch-making day in the illustrious history of the College of Nursing CMC Vellore Chittoor Campus. Chief Guest Mr. Barkose Warjri, IAS (Retd.) Council Chairman, CMC Vellore Association who inaugurated the Laying of Foundation stone virtually.

He reminisced the impeccable growth of Chittoor Campus over the years. Unveiling of Plaque was done by Mrs. Rosaline Jayakaran, Former Principal, CON CMC Vellore Chittoor Campus.

### NL Devotional book launch



7<sup>th</sup> February, 2022 was a momentous day for College of Nursing, CMC, Vellore. The Dean, faculty and the CMC, Vellore Chapter of Nurses League CMAI virtually launched, the book "Before Duty Calls: A Devotional for Nurses".

The Chief Guest for this grand occasion was Mrs. Gladys Staines, Missionary. She appreciated this book and reiterated the importance of giving time to God, before duty calls. This book is a brainchild of the CMC, Vellore Chapter's Executive Committee, 2020-2021 published, for the glory of God. These 365 passages of the devotional were written for nurses by 287 nurses from across the globe.



## March 4th, 2022 College of Nursing, CMC, Vellore



The Lamp Lighting Ceremony-2022 of the College of Nursing was held on 4th March 2022 at 6.00 pm in the Scudder Auditorium. During this solemn occasion, 200 First year Nursing Students dedicated their lives to the noble profession of 'Nursing'. The Chief Guest Dr. Sundari Edwin, Dean, Karunya College of Nursing, Coimbatore and Former Nursing Superintendent, CMC in her address spoke about the meaning and significance of Lamplighting. She emphasized nursing as a caring profession and invited the students to develop and demonstrate courage, confidence and compassion in rendering



care to the sick and suffering

Dr. Vathsala Sadan, Dean, College of Nursing gave charge to the students and spoke on the importance of the ceremony and the Florence Nightingale lamp which was given to the nurses by the Dean and the Nursing Superintendent.

## College of Nursing -Graduation of the year 2020



The Graduation ceremony for the year 2020 and 2021 did not take place as planned due to the pandemic, therefore all those were also included this year .

The College of Nursing, Christian Medical College, Vellore had

organized the Graduation Ceremony of the year 2020 on 9<sup>th</sup> March, 2022.

There were 197 undergraduates and 106 postgraduates of nursing who celebrated the success of their professional journey by solemnly participating in the Graduation Ceremony at the Scudder Auditorium.



Dr. Bulbul Sood, Senior Strategic Advisor, JHPEIGO, New Delhi was the Chief Guest. In her address, she reminded the graduates that nursing is an art as well as a science, hence nurses need to

bring humanity, caring and concern as well as technology and training to the bed side.

## College of Nursing Graduation of the year 2021



Graduation 2021 was scheduled on 22<sup>nd</sup> March 2022 by College of Nursing, Christian Medical College. There were 198 Undergraduates and 108 Postgraduates of Nursing who embarked on their professional voyage.

The event was graced by

the Chief Guest Dr. T. Dileep Kumar, President of Indian Nursing Council, New Delhi. He appreciated the services of the institution in the field of health care and also acknowledged that the only institution in India where integration (Dual role) is practiced to bridge the gap between service and education.

He did persuade the graduates to update their knowledge and skills and also challenged them to be involved in policy making

## College of Nursing, Graduation of the year 2022

The Nursing Graduation Ceremony 2022 was held on the 13 July 2022 at the Scudder Auditorium. Smt. Supriya Sahu, IAS, Additional Chief Secretary to Government, Environment, Climate Change and Forest Department, Government of Tamil Nadu graced the occasion as Chief Guest. She motivated the graduates to be change agents and challenged them to conquer the world by touching millions of lives through healing ministry.

## College of Nursing, CMC, Vellore Annual Sports Day-2022:



The Annual Sports Meet of the College of Nursing, CMC, Vellore was held on 6th August 2022 at CMC Oval Ground, Bagayam. The Chief Guest for the programme were Dr. Vinod Joseph Abraham, Vice Principal, Christian Medical College, Vellore and his wife Dr. Priya Aley Abraham, Consultant in Dermatology, CMC Vellore, Chittoor Campus. Various track and field events were conducted both on the sports day and over the past few months. Prizes were distributed by Chief Guest and Faculty of College of Nursing

## SHILOH 2022



The annual students' medical missions' conference SHILOH 2022 was held from 29th September to 2nd October, 2022. The theme this year was **“Not to be Served, but to Serve”** from Mark 10:45 focusing on to develop servant leaders in the healing ministry of Christ.

The John Scudder Oration for the year 2022 was delivered by Dr. Latha Paul, who has worked in missions in India and Africa, and is a PG alumnus from Christian Medical College, Vellore. 111 UG and PG students participated from College of Nursing.

## Conferences:

### International Haematology Nursing Conference 2022:

In commemoration of the Platinum Jubilee celebration of the BSc. (Nursing) Programme in College of Nursing, the Departments of Hematology Nursing and CNE & Research organized an International Hematology Nursing Conference on the theme : Hematopoietic Stem Cell Transplantation (HSCT): Exploring global Nursing perspectives in striving towards excellence on a hybrid mode between 6th and 7th September 2022. The Chief Guest for the

conference was Dr. Selva Titus Chacko, Former Dean, College of Nursing, CMC, Vellore & Dean, Gulf Medical University, Dubai whose address motivated Hematology & HSC transplant nurses to keep their knowledge abreast to provide the highest standard of care. Padma Shri Dr. Mammen Chandy, Former Head, Department of Hematology, CMC, Vellore, President, ISBMT & Former Director, Tata Medical Centre, Kolkata was the Guest of Honor. He encouraged the nurses through his words of wisdom and expertise, calling “Nurses as the mothers of HSCT care.” “A hand book on HSCT Nursing” developed by the Department of Hematology Nursing was released during the inauguration by Padma Shri Dr. Mammen Chandy. A total of four hundred and twenty participants enthusiastically attended the conference from all over the globe and were inquisitive to learn about HSCT care.

Various workshops and seminars were conducted on-site by the CNE department College of Nursing.

### Workshops

Various workshops and seminars were conducted on-site by the CNE department College of Nursing.

### State Level Workshop on ‘Early Management of Trauma: Nursing Perspectives

The Departments of Medical Surgical Specialty IV Nursing and CNE & Research, College of Nursing conducted a state level workshop on ‘Early Management of Trauma: Nursing Perspectives’ on the March 30, 2022. The programme started with prayer and a short inauguration. 52 delegates from 3 states and 6 different institutions attended the workshop. The aim of the workshop was to equip the participants with the early management of trauma skills which will empower the nurses to provide a system based initial nursing care.

### State Level Workshop on ‘Art of patient education – Heart of Nursing Care’

The Departments of Fundamentals of Nursing and CNE & Research,



College of Nursing conducted a state level workshop on ‘Art of Patient Education – Heart of Nursing Care’ on the 29th July, 2022. The aim of the workshop was to equip nurses in planning and providing structured and incidental teachings to patients and care givers. A total of 31 delegates attended the workshop.



Faculty from Fundamentals of Nursing shared their expertise on assessing, diagnosing, planning and implementing patient education.

### **State Level Workshop on ‘Updates in Tuberculosis’**

The Departments of Medical-Surgical Nursing Specialty I, and CNE & Research, College of Nursing conducted a State level workshop on ‘Updates in Tuberculosis’ on 1st December, 2022. A total of 50 delegates attended the workshop. Faculty from Medical- Surgical Nursing Specialty I and Respiratory Medicine shared the knowledge on Diagnosis and Management of susceptible and resistant Tuberculosis, Nursing care of patient with TB both in hospital and community, Tuberculosis & HIV, Tuberculosis & other co-morbidities, and Tuberculosis in the vulnerable population.

### **Accolades and laurels for College of Nursing:**

College of Nursing, Christian Medical College, Vellore was ranked again as the 2nd Best College for B.Sc Nursing in the Country by Education World : Education World has been ranking education institutions across a spectrum from preschools to universities since 2007. Education World India Higher Education ranking survey is based on field interviews and opinion polls. They have interviewed over 4,000 sample respondents comprising higher education faculty, final year students, and industry representatives for this 2022-23 survey. This undoubtedly, the most detailed higher education institution evaluation survey nationwide has once again ranked College of Nursing, Christian Medical College, Vellore as the 2<sup>nd</sup> Best College for B.Sc Nursing in India for the year 2022-23.

### **Ph.D. Programme**

Two faculty are in the process of registering for PhD in Nursing, under Dr.MGR Medical University, Chennai. One faculty was selected for the PhD programme under the National Consortium for PhD in Nursing by the Indian Nursing Council.

### **Journal Publication**

The Indian Journal of Continuing Education (IJCNE) published by the College of Nursing is made an online journal in partnership with the Medknow , part of Wolter’s and Kluwer’s Health.

### **Research Activities**

Seventeen faculty research projects are being undertaken. Faculty and students presented their research during the Annual Research Day held in the Institution and have won prizes.

### **Staff Welfare Programmes**

Virtual Retreat was conducted for faculty and staff of College of Nursing

### **STUDENT ACTIVITIES**

The students take part in all activities of the SNA enthusiastically. The hostel continues to be a ‘Home away from home’ for the students.

### **Student Nurses Association (SNA) – Office Bearers**

President	- Dr. Vathsala Sadan
SeniorAdvisor	- Mrs. Margaret Manoharan
Jr.StaffAdvisor	- Ms. Joy Priyadarshini
VicePresident	- Ms. Jeemi Delles
Secretary	- Ms. Bini Elizabeth
RAC President	- Ms. Irene Mary
Hostel General Secretary	- Ms. Ravina Caroline.A

### **Awards and Prizes**

The students participated actively in various competitions in and out of the state and bagged many prizes.

All three prizes(1<sup>st</sup>,2<sup>nd</sup> and 3<sup>rd</sup> prize for the GNM examination was collectively bagged by our students bringing laurels to our institution.

### **Diabetes Dance competition:**



Students enthusiastically participated in the Diabetes dance competition organised by the Endocrinology department on March 26<sup>th</sup> 2022 and won 3<sup>rd</sup> prize

### **WORLD BLOOD DONOR DAY:**

On 15th June 2021, a Quiz competition was conducted online to celebrate the world blood donor day. The students participated with great enthusiasm.

## PEGASUS 22<sup>nd</sup> September 2022:



Students actively in participated in PEGASUS and bagged many prizes

### Religious Activity:

Students are enriched spiritually through chapel services, family prayers, class retreats, scripture classes and RAC special meetings. Various other religious programmes like Teaching Mission and SHILOH in the institution are a source of support for the growth of students.

### Student nurture and welfare



The students are nurtured and guided in the College and hostel by the class advisors and warden. Regular Bible classes are conducted by Chaplaincy department for all batches.

A counselor is available every day in the hostel for their need. The counseling classes (once a month) by the counselor along with the Bible classes is being continued which the students find very useful. Foster parent and foster batch scheme also helps in building relationships.

The needy students are being given scholarship. We acknowledge the generous contribution of the Alumni of CON continue towards this.



## NURSING SERVICE NEWS

### Administration

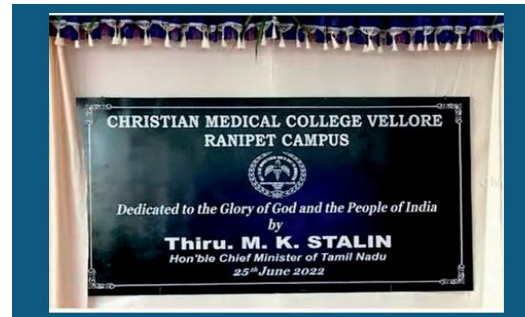
Nursing Superintendent : Dr. Bala Seetharaman  
Associate Nursing Superintendent : Mrs. Illavarasi Jesudoss  
Associate Nursing Superintendent : Mrs. Jeyalinda Christopher  
Deputy Nursing Superintendent : Mrs. Shalini Chandran  
Deputy Nursing Superintendent : Mrs. Dorathy Devakirubai  
Deputy Nursing Superintendent : Mrs. Sophia Vijayananthan  
Deputy Nursing Superintendent: Mrs. Shanthi Gladston(Ranipet Campus)

### Workshops

Eight intravenous therapy workshops were organized and 107 staff participated. Fifty eight workshops on basic life support, 5 workshops on Paediatric basic life support, 1 workshop on Pediatric Advanced life support were organized by the Office of the Nursing Superintendent and 1846 staff were certified.

Thirty six in-house workshops were organized by the Office of the Nursing Superintendent in collaboration with the clinical departments. Hands on training on Intravenous therapy and handling infusion pumps and cytotoxic drugs, infection control techniques and Neonatal resuscitation was conducted. Each department ensured that all of their staff attended the workshops relevant to their clinical area.

### Inauguration of the CMC Vellore Ranipet campus



The formal inauguration of the Ranipet Campus by Hon'be Chief Minister, Thiru M.K Stalin took place virtually in 25th June along with Mr. Duraimurugan, Minister of water resources of Tamil Nadu and Mr.

Jagathrashakan, Lok Sabha, MP..A video on the evolution of the Ranipet Campus was played for the Chief Minister after which he unveiled the plaque and declared the campus open for public. The Ranipet campus has now opened all specialities of Trauma, cardiothoracic, Medical Oncology. Nephrology, Neurosurgery and Neuromedicine, Gastroenterology. Pulmonary Medicine and Hematology has taken place smoothly with all ancillary facilities also moved parallelly with it.

## ALUMNI ASSOCIATION

### Office Bearers

President	: Dr. Vathsala Sadan
Vice President	: Mrs. Mary Johnson
Secretary	: Mrs. Regina Xavier
Joint Secretary	: Ms. Sumathy . J
Treasurer	: Mrs. Angeline Esther
Joint Treasurer	: Mrs. Angeline Jayarani

### Coordinators

Standing Committee	: Dr. Bala Seetharaman
Welfare Committee	: Mrs. Alice Augustine
Scholarship Committee	: Dr. Chellarani Vijayakumar
Editorial Committee Convenor	: Mrs. Deena David
Editorial Committee Co Convenor	: Ms. Deborah Snegalatha
Workshop Committee	: Mrs. Menaka Raghuraman

### Alumni Representatives-India

Sno	Name of the Alumni Representative	State
1	Mrs. Sisy Joseph	Kerala
2	Mrs. Amudha Sundari	Karnataka
3	Ms. Shimy John	Maharashtra
4	Mrs. Jothi Clara	Tamil Nadu
5	Mrs. Nirmala Margaret	Andhra Pradesh
6	Mrs. Mercy Oommen	Orissa
7	Mrs. Era Dayal	Uttarakhand
8	Ms. Jasper Damaris	Delhi
9	Mrs. Lilly Christopher	Madhya Pradesh
10	Dr. Christy Simpson	Dimapur
11	Mrs. Christy Martina	Assam
12	Mrs. Devakirubai	South Tamil Nadu
13	Mrs. Annie Veda	Puducherry
14	Mrs. Sangeetha Samuel	Ludhiana
15	Ms. Sirisha	Telangana

### Alumni representatives –Global

Sno	Name of the Alumni Representative	Country
1	Dr. Leah Macaden	Scotland
2	Mrs. Aleyamma Koshy	UK
3	Mr. Boaz, Mrs. Shanthi John	Ireland
4	Mr. Ramesh	Canada
5	Mrs. Jessie Thambiraj, Ms. Alison Fernandez, Ms. Ancy Riya George	Australia
6	Dr. Selva Titus, Mrs. Priyalatha	UAE
7	Mrs. Anandhi	Muscat
8	Mrs. Aruna Samuel	Saudi (Jeddah)
9	Ms. Jane Rita, Ms. Margaret Kumar, Ms. Vinciya Pandian	USA
10	Mrs. Asiya Ibrahim	Maldives
11	Mrs. Priscilla Talwar	Nepal
12	Mrs. Malathy Chelladurai	Doha
13	Mrs. Aminath Jameel, Mrs. Mary Nelson	Malaysia & Singapore
14	Mrs. Deepika	New Zealand

### Contact details

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[cmcconalumni@gmail.com](mailto:cmcconalumni@gmail.com)

**Wishing all our alumni “A Very Happy, Healthy, Prosperous and Blessed New Year, 2023”**

### With best wishes

Dr. Vathsala Sadan  
President  
Alumni Association

Mrs. Deena David  
Convenor  
Editorial Committee