



STATE LEVEL WORKSHOP ON – “BREAST CANCER MANAGEMENT - A MULTIDISCIPLINARY APPROACH”



DEPARTMENTS OF MEDICAL-SURGICAL NURSING SPECIALITY III AND CONTINUING NURSING EDUCATION & RESEARCH, COLLEGE OF NURSING, CMC, VELLORE

Breast cancer is one the most common cancers in women globally as well as in India. According to the American Cancer Society (ACS), about one in eight women will be diagnosed with breast cancer during their lifetime. Breast cancer continues to threaten women’s health all over the world despite the many advances in treatment in recent years. It is our responsibility as nurses to ensure that patients who have been diagnosed with breast cancer receive the highest level of holistic nursing care.

OBJECTIVES:

This workshop will enable participants to

- Update their knowledge on benign and malignant breast disorders
- Understand the approaches to breast cancer management
- Demonstrate skills in caring for patients with Breast Cancer undergoing different modalities of treatment

31.03.2023

07.30-08.00 am: Registration

08.00-08.30 am: Inauguration

08.15 - 08.30 AM: PRETEST

08.30 - 09.00 AM: BENIGN BREAST DISORDERS

MRS. LEENA VENSON. K, CHARGE NURSE, CMC, VELLORE

09.00 - 09.30 AM: MALIGNANT BREAST DISORDER

MRS. ANANDHA RUBY JACOB, PROFESSOR, CON, CMC, VELLORE.

09.30 - 10.00 AM: SURGICAL APPROACHES

DR. M. J. PAUL, PROFESSOR & HEAD, DEPT OF ENDOCRINE SURGERY, CMC, VELLORE.

10.00 - 10.15 AM: BREAK

10.15 - 10.45 AM: CHEMOTHERAPY

DR. ASHISH SINGH, PROFESSOR & HEAD OF DEPT OF MEDICAL ONCOLOGY, CMC, VELLORE.

10.45 - 11.15 AM: RADIATION THERAPY

DR. B. RAJESH, PROFESSOR & HEAD OF DEPT OF RADIATION ONCOLOGY, CMC, VELLORE

11.15 - 12.00 N: PERIOPERATIVE NURSING CARE

MRS. SHALINI CHANDRAN, PROFESSOR, CON, CMC, VELLORE.

12.00 - 12.45 PM: NUTRITION AND BREAST CANCER

MS. DIVYA THAMARAI, TUTOR, CON, CMC, VELLORE.

12.45 - 01.15 PM: LUNCH

01.15 - 04.30 PM: SKILL STATIONS

SKILL STATION I -BREAST SELF EXAMINATION

MRS. SILVIA RANI. R, CHARGE NURSE, CMC, VELLORE

SKILL STATION II - .IDENTIFICATION OF BENIGN AND MALIGNANT BREAST

MS. DIVYA THAMARAI, TUTOR, CON, CMC, VELLORE.

SKILL STATION III -SEROMA ASPIRATION

MRS. SUDHA KUPPUSWAMY, BREAST CARE NURSE, CMC, VELLORE.

SKILL STATION IV - WOUND DRAIN MANAGEMENT

MRS. LEENA VENSON. K, CHARGE NURSE, CMC, VELLORE.

SKILL STATION V - LYMPHEDEMA MANAGEMENT

MRS. SHAKILA PUNITHA KUMARI, CHARGE NURSE, CMC, VELLORE.

SKILL STATION VI - BREAST PROSTHESIS

MS. ANU PRIYA. M, CLINICAL INSTRUCTOR, CMC, VELLORE.

SKILL STATION VII - . POST MASTECTOMY EXERCISES

MRS. LOURDU PRINCY. P, STAFF NURSE, CMC, VELLORE

04.30 - 04.45 PM: POST TEST AND VALEDICTORY

PATRONS

**DR. VATHSALA SADAN
DEAN
COLLEGE OF NURSING
CMC, VELLORE.**

**DR. BALA SEETHARAMAN
NURSING SUPERINTENDENT
CMC, VELLORE.**

ORGANISING CHAIRPERSONS

**DR. VINITHA RAVINDRAN
PROFESSOR & HEAD
DEPT OF CNE & RESEARCH
CON, CMC, VELLORE.**

**MRS. ANANDHA RUBY JACOB
PROFESSOR & HEAD
DEPT OF MEDICAL
SURGICAL SPL III NURSING
CON, CMC, VELLORE.**



Registration Fee–

Rs. 500/- (including GST)

**Scan the QR code OR click the following
link for registration**

<https://forms.gle/tNZXvSDzZZUWUh1SA>

Last date for registration

15.03.2023

Venue : CNE Lecture Hall, College of Nursing, CMC, Vellore

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cnecon@cmcvellore.ac.in

ORGANIZING SECRETARY

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PROFESSOR
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