



COLLEGE OF NURSING,
CHRISTIAN MEDICAL COLLEGE, VELLORE-632004

Recognized by the Indian Nursing Council &

Affiliated to the Tamil Nadu Dr. MGR Medical University, Chennai, Tamil Nadu

Email: deancon@cmcvellore.ac.in

Telephone: 0416-228-7001/7002/7003



5.3.2. Report of Student Council Activities

Student Nurses Association



*College of Nursing, Christian Medical College, Vellore.
SNA Activity Report 2022 - 2023*



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"Life cannot be lived backwards. But our memories make up for that by making some moments truly unforgettable" _ Avijeet Das



APRIL 2022 - MARCH 2023

The Student Nurses' Association of India (SNAI) is an affiliated association of the student nurses under the umbrella of TNAI. The main purpose behind the establishment of SNAI was to uphold the dignity and to promote a team spirit among students with professional ethics. SNA is dedicated to fostering the professional development of nursing students

The purposes of the SNA are to provide programs representative of fundamental and current professional interest and concerns to nursing students. Membership in SNA aids in the development of the whole person, including the professional role.

At the unit level, the unit executive committee manages SNA affairs. It comprises of President (Dean, College of Nursing), SNA Advisor, Vice President, Secretary, Treasurer and the conveners of various committees are student nurses elected by the students during their SNA General Body meeting. There were various activities conducted by SNA for the overall development of the students.

Q Infinity Quiz

The Infinity Quiz was conducted by Apollo College of Nursing, Chennai on the topic "Medical Diagnostics and Pharmacology". Preliminary round was on 4th April 2022, in CON at 4.30pm. And the finals was held on 7th April 2022, in Apollo College of Nursing, Chennai. A total of 3 teams came up to the final round from College of Nursing, CMC, Vellore.

World Health Day and Environment Day

With respect to World Health Day, a Slogan writing competition was conducted on 07/04/22. On account of World Environment Day, "Wealth out of waste" competition was held. Our students enthusiastically took part in all events.

The winners of world Environment Day were:

I. Ansu Benchamin (3rd year B.sc)

II. J. Blessy Gladies Jangam (3rd year B.sc)

III. S.Sofiya Matilda (2nd year GNM)

Talent Night (02/07/22)

After a long wait we had the TALENT NIGHT of the batch of 2021(Celestialites).The Entertainment committee did a wonderful job in planning and organizing the talent night. This was an evening solely given to our fresher's to portray their abilities and talents. The freshers showcased their talents and walked the ramp. The event commenced with the welcome address by Ms. Ashlyn Maria, entertainment chairperson followed by Dean's address and the introduction of judges. With three great rounds the talents of freshers were viewed. Students expressed their talents through music and dance.

Farewell Programme

On 7th of July 2022, a farewell program was conducted for Mrs. Jasmin Anand, Professor & Head, Medical Surgical Speciality II by the SNA in the NSH lawn. It was a memorable evening with entertainment and a blessed fellowship dinner.



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We were able to bid farewell to our dear teacher Mrs. Helen Sujatha Charles, Professor & Head, Psychiatric department on 20th of July, 2022 by 6:30 pm in the NSH Mess hall. Students were grateful for her contributions towards the academic and clinical experiences.

Annual Sports Day

On August 6th 2022, students assembled in the Oval ground by 8am for the Annual Sports Day. Chief Guest was Dr. Vinod Joseph Abraham, Vice Principal, CMC, along with his wife Dr. Priya Abraham, Consultant in Dermatology, CMC. There was a wonderful march-past followed by a mixture of dance moves and drill. Our students participated in variety of events and grabbed prizes for the same.



Independence Day

Independence Day Celebration was conducted on 15/08/22 in NSH lawn. The Chief Guest was Dr. Vathsala Sadan, Dean, College of Nursing. The Celebration came to an end with the National Anthem sung by the SNA Choir. The event invoked a sense of patriotism among the students and faculty.

International Haematology Conference

Nursing students of College of Nursing, CMC, Vellore actively participated and hoisted various cultural programmes and it was beautiful and well appreciated. The programmes were classical dance, cultural presentation, instrumental music, and folk dance.

Pegasus

The Annual Inter Collegiate Sports, Arts and Cultural Fest 'PEGASUS' for the year 2022 was held between 19th and 20th of September at the College campus, Bagayam. It was a perfect platform for the students to prove their strength in extracurricular activities.

WINNERS OF PEGASUS EVENTS

COMPETITIONS	NAMES	CLASS
Table tennis – singles (women)	Runner up – Ms. Jeemi Delles. L	4TH Year BSc
Table tennis – doubles (womens)	Runner up -Ms. Jeemi Delles. L -Ms. Judith Ecclesia	4TH Year BSc
Duet dance	Second : -Ms. Ashlyn Maria -Ms. Sandra Joseph	4th year BSc



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Shipwreck	Third:-Ms. Sara Susan Jacob	3rd year BSc
Mandala	Second :-Ms. Sneha John	4th year BSc
Sketching	Third:-Ms. Ipsita Phadikar	2nd year BSc
Painting	Second:-Ms. Jaimee George Third :Ms. Kessiya Jolly	2nd year BSc

Others:

Toxic Inquisition quiz was conducted on 03/09/22 .The world patient safety day's quiz competition was conducted on 10/09/2022. Students actively participated in both the events.

The `CONStunts` volume 2 was released showcasing the talents and abilities of gems of College Of Nursing, CMC, Vellore.

Hostel day

After a wait of 3 long years, Hostel day of Nursing Students Hostel was planned in 2022. Hostel day 2022 was held on 8th October in the Scudder Auditorium at 6pm. The Programme started with the prayer song by the Hostel Choir. Ms. Ravina Caroline. A, Hostel General Secretary welcomed the gathering and introduced the Chief of the day. The Guest of honour, Dr. Selvamani, Associate Director of finance, CMC, Vellore addressed the gathering and announced the winners of Model making and floor decoration. The Annual reports were read by SNA Vice President, Hostel General Secretary and RAC President. Following the Dean's remarks, a vibrant entertainment programmes were presented by the students. The event came to an end with the vote of thanks by Ms. Helina.M, Hostel joint General Secretary.

SNA ELECTION

Election for new cabinet members of the cabinet year 2022-2023 was held on 28/10/22.

Investiture Ceremony 2022 - 23

Investiture ceremony for the SNA cabinet year 2022 - 23 was carried out on 18th of November, 2022 in NSH lawn. It was an auspicious occasion in the presence of Dr. Vathsala Sadan, SNA President, Dean, College of Nursing and other dignitaries with blessings from God, it was a successful program.

OFFICE BEARERS & ADVISORS (2022-2023)

Office	Office bearers	Senior Advisor	Junior Advisor
SNA Vice President	Ms.Achsah .C. Kurian	Mrs.SoniaP Abraham	Mrs.Joy Priyadarshini
SNA Assistant Vice President	Ms.Sweety .J		
SNA Secretary	Ms.Dania Anna Paul		
SNA Joint Secretary	Mr. John Knox		
SNA Treasurer	Ms. Angel Ann Thomas		
SNA Joint Treasurer	Ms.Divya .M		
Hostel General Secretary	Ms.Helina .M	Mrs.Deena David	Mrs.Prema.N



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Hostel Assistant General Secretary	Ms.Sneha .P		Ms.Malini Rachel
Hostel Joint General Secretary	Ms.Aeibel Susan Mathew		
RAC President	Ms.Jency Ruth S E		
RAC Vice President	Ms.Grace Praisy		
RAC Secretary	Ms.Afrin Rachel Rajakumari C	Mrs.Sarah Emma Roselind	Mrs.Sheeba Paul
RAC Joint Secretary	Ms.Gracy Abigail J		
RAC Treasurer	Ms.Shalini M		
Judiciary Committee	Ms.Ayelin Monsi C O	Mrs.Sheeba Nelson	Mrs.Jeslin Wils
Entertainment Chairperson	Ms.Janin Jacob	Mrs.Aruna G	Mrs. Suganya R
Assistant Entertainment Chairperson	Ms.Sneha		
Editorial Chairperson	Ms.Nidhimol A K	Mrs.Preethi Tabitha	Mr.Dani Paul
Asst. Editorial Chairperson	Ms.Jenithaa D		
Food Chairperson	Ms.Juana Austin	Mrs.Baby Saroja	Mrs. Mary Jenifer
Asst. Food Chairperson	Ms.Anina Abi		
Education Committee	Ms.Evelyn Mariam Abey	Mrs.Anne Jarone	Mr.Dinesh Kumar
Sports Chairperson	Ms.Anju Maria Biju	Mrs. Bharathy	Mr.Naveena Krishnan
Asst. Sports Chairperson	Mr.Godson Prasad		
Fundraising Chairperson	Ms.Evangeline Shalom Nissi	Mrs.Angelin Jeyarani	Ms. Shanthi K
Asst. Fundraising Chairperson	Ms. Anna Mariya		
Social Committee	Ms. S Sharen	Mrs.Rini Wils	Mrs.Sri Ranjini
Recreation Committee	Ms.Rita Chand	Mrs.Jeba Terina	Mrs.Jeevitha J
Health & Sanitation Committee	Ms.Dhanalaksmi.P	Mrs.Menaka Raghuraman	Ms.Grace Priscilla
SSHS - Mrs.Preethi & Ms.Jane			

SNA Grand Sale

The SNA Grand Sale was held on 26th of November 2022, in CMC Hospital campus. Different stalls with food items, craft works were put up and it was a great success. The Sale was conducted with the sole purpose of raising funds for SNA by the skills and talents exhibited by the young minds, to support the needy people and vulnerable in the community.

Diabetes Quiz

Diabetes quiz conducted by department of Endocrinology of Christian Medical College, Vellore was conducted on 29th November 2022 in NSH lawn. Mrs.Roselin Jeyakaran, Former Dean, College of Nursing, CMC Vellore was the Chief Guest. Almost 322 students from different batches participated for the same. Active participation of students and their enthusiasm till final round made it a success.

World AIDS Day Poster Competition



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In commemoration with World AIDS Day, Sri Narayani College of Nursing, Sripuram, Vellore conducted an intercollege handmade poster making competition with the theme 'EQUALIZE' on 1st December 2022. Ms. Nidhimol A K from 3rd year Bsc (N) bagged 3rd prize for the same.

Health Awareness Programme

On account of increasing incidence of dengue and conjunctivitis, health and sanitation committee organized an educational session in recreation hall, for the student body and the mess workers, on the topic "Awareness Programme To Prevent Dengue and Conjunctivitis " on 02/12/2022 and 03/12/2022.

Hostel Christmas Carols

Hostel Christmas carols was conducted in recreation hall, Nursing Students Hostel on 11/12/23 by Religious Activity Committee. Diversity in language, dressing, was expressed through solo, multilingual carols, etc. It was a program that spiritually enlightened the students.

Christmas Dinner

After two long years, Christmas Dinner was gracefully conducted on 13th December 2022 with Dr. Justin Benjamin, Department of Nuclear Medicine, CMCH-Vellore. The programme was enriched with the talents exhibited by the students and mess workers, which invoked the true spirit of Christmas.

ASHA Simulation Lab Inauguration

Dedication programme of ASHA -USAID grants 2018 & 2019 simulation lab inauguration was conducted on 21/01/23, Saturday by 10:30am in Jacob Chandy Hall, Paul Brand Building. Student representatives took part in the inauguration representing the student body.

MBKG Pannai Visit

Social obligations of Student Nurses' Association is expressed in many forms one of which was our visit to MBKG Pannai. It was with gratitude we were able to sponsor two children in MBKG Pannai. The visit and the recreational activities were planned and carried out by Social committee, Student Nurses' Association .

Cabinet meeting

Official cabinet meeting of the cabinet year 2022-23 happened on 25/01/23 in Board room where the year plan for new cabinet year was discussed by chairpersons of various committees in presence of Dean, Dean's office, SNA advisors, advisors of various committees. SNA year calendar, budget plan of the year 2022-23 was also discussed.

Republic Day

Republic day 2023 was conducted in NSH lawn, College of Nursing. The programme began at 6:00 am. It started with prayer song by the SNA choir. Following by the welcome address by Ms. Achsah C Kurian, SNA Vice President, flag hoisting & chief guest address was given by Mrs. Sophia Vijayanandhan, Deputy Nursing Superintendent, CMC, Vellore. Entertainment programme was given by 2nd year GNM & 3rd year Bsc (N) students. It was a memorable occasion to remember the day of national importance.





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Cabinet Retreat

Cabinet retreat was a light in path for new leaders. It was held in Friendship Chapel on 28th January 2023 from 9:30 am to 1:00pm. Through various eye-opening sessions, we were taken through the theme "A leader who pleases the master".

Talent night `22

Talent night of the freshers` was an amazing day for the newbies. They showcased their talents through singing, dancing and ramp walk was the highlight which happened as 3 rounds from which Mr. CON and Ms. CON was selected and crowned. It happened in NSH lawn by 6:30 pm on 28th January 2023.

NAAC peer team visit

NAAC Peer team visit with regard to NAAC Accreditation was completely a new experience for the administration as well as the student body. The preparation towards this visit was a long journey coordinated by Dean, Convenors of various criterions, HODs, Advisors of various committees of SNA, and student body leaders.

SNA responsibilities included display of works of various committees of SNA through models, pictures & videography. Following NAAC inspection in various criterion, NAAC inspection in NSH happened. The SNA exhibition was in recreation hall which was well appreciated.

The NAAC cultural programs were an epitome of diversity, elegance and grace. Through theme presentation, ramp walk and various cultural forms of different states, the students showed their excellence in talents.

All together through NAAC inspection, the excellence of students in academics and co-curricular activities were showcased.



Mr. Ravi Farewell

Mr. Ravi, senior cook in NSH was given farewell and was honoured by the administration and student body in the farewell program conducted by Student Nurses` Association on 11th February 2023 in Recreation Hall NSH. His colleagues shared on how composed and well content he is in everything he does and his contribution and hard work for the student body for over three decades was specially appreciated by Dean, College of Nursing, CMC, Vellore.



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College Day 2023

College Day 2023 on the theme "CELEBRA LA VIDA" was exquisite all together. It was a long awaited event for the college & student body as it was the first time celebrating college day following the COVID pandemic. The NAAC Accreditation with an A grade was also an extra essence in `celebrating`. The college day was held in Scudder auditorium on 25th February,2023 from 8:15 am to 4:30pm following the flag hoisting ceremony in College of Nursing.

The college day celebrations were also an opportunity for thanksgiving and acknowledging the efforts put towards NAAC Accreditation. Honourable dignitaries including Dean Dr.Vathsala Sadan, College of Nursing, CMC, Vellore, Dr.Vikram Mathew Director, CMC, Vellore, Dr. Bala Seetaraman, Nursing Superintendent, CMC graced the occasion.

Following the official program, the entertainment programmes brought joy and happiness to the students and faculty..

Diabetic dance competition

The diabetic dance competition organized by department of endocrinology on 4th November 2023, our students' actively participated and was an opportunity to showcase their talents.

Dr. Bala Seetharaman Farewell program

The student body bid "Adieu" to Dr. Bala Seetharaman, Nursing Superintendent, College of Nursing,CMC,Vellore on 8th March,2023 .The farewell program was conducted by Student Nurses` Association in NSH Lawn from 6:30pm. Her long years of service as a Mentor, Teacher, Staff Nurse, Charge Nurse, Research Guide, HOD, Nursing Superintendent were cherished & remembered.

Annual Sports Day 2023

Annual Sports day 2023 was conducted in Oval Ground, Bagayam, on 11th March 2023 coordinated by Mr. Naveena Krishnan, Sports Director, College of Nursing, CMC & sports committee of SNA. Various sports events were conducted the previous days and final events took place on the day. There was a wonderful march-past followed by a mixture of dance moves and drill by 1st year & 2nd year students which was a feast to the eye. It was energetic, and students unleashed the best athlete in them. Mr. Godson Prasad was awarded the Individual championship.

Women's day Celebration

Organized by social committee of our SNA unit, Women`s day celebration 2023 was conducted in recreation hall, NSH on March 8th 2023. The chief guest, Mrs. Rajeswari Siva, addressed the gathering and gave message on the theme "DigitALL: Innovation and technology for gender equality". It was small program to acknowledge and appreciate the female mess workers of NSH hostel. Gifts were distributed to them following which short entertainment program was organized.

Senior`s farewell & fresher`s welcome

"Every new beginning comes from some other beginning's end..." "The farewell program of BSc batch of 2018 & GNM batch of 2019 was conducted on 22nd March 2023 in NSH lawn from 6pm. It was an occasion with mixed emotions remembering the bittersweet memories of their student life and how they wish time flew back.



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Freshers' welcome of batch of 2022 was an essence to the occasion. The fresher batch shared on how their few months of this new hostel journey felt like. Chief Guest, Mrs. Rajeswari Siva wished the best for both the batches sharing her lovely memories during her student period. Entertainment programs were highlight of the day like always.

*Dr. Vathsala Sadan
SNA President & Dean
College of Nursing, CMC, Vellore*

*Mrs. Sonia Sabu
Professor & Senior Advisor
College of Nursing, CMC, Vellore*

*Mrs. Joy Priyadharshini,
Asst. Professor & Junior Advisor
College of Nursing, CMC, Vellore*



Quitha Ravindran
**Dean, College of Nursing,
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