



WHO collaborating center for
nursing and midwifery

**COLLEGE OF NURSING
CHRISTIAN MEDICAL COLLEGE
VELLORE-4**



***Alumni News Letter
July 2019 – December 2020***

Dear Friends,

Greetings from the College of Nursing, Christian Medical College, Vellore.

It is our great delight and pleasure to meet you through this newsletter. The Lord Almighty has been so grateful and wonderful in leading us through the past year. The year 2020 was filled with anxiety and uncertainty due to the COVID 19 pandemic. However, God Almighty has been so gracious to protect us from this great pestilence. We acknowledge your contribution in the past and look forward to interact and meet with you. May the Lord help us to maintain the legacy of nursing passed by our pioneers and lead us in all our endeavors.

ALUMNI NEWS

Alumni Reunion and Workshop

The College of Nursing Alumni Reunion was held on 5th July, 2019. Seven decades of graduates were gathered together, to reflect back at their days in their Alma Mater. Over the past years, nursing has witnessed tremendous and robust changes leading towards corridors of success and quality patient care. Fifty years of success, dedication, and hard work have passed by since the inception of the M. Sc. Nursing Programme and this reunion marks its Golden Jubilee and the Silver Jubilee of the Doctoral programme. The M.Sc. Batch of 1968 and 1969 were honored during the inaugural session and the joy was manifold!

The alumni went down the memory lane and shared not just their experiences, but also the legacies of their teachers and mentors. The students had the privilege of interacting with the B.Sc. Batch of 1984. The life stories shared had created a special bonding between those who had passed out of the portals of this institution and the students who are yet to establish themselves in the world, outside. It was a rewarding moment to have a day of thanksgiving

On July 6, 2019 workshop on 'Nursing Competencies on Disaster Preparedness' was organized by the Department of Continuing Nursing Education. It was attended by 30 participants.

Obituaries

S.No	Name of the alumni	Batch	Date of demise
1	Mrs. Anna Arputha Kumari Walter	B.Sc Batch of 1963	August 31, 2019
2	Ms. Jerlin Beaula	Diploma Batch of 2000, PB.B.Sc - 2011, M.Sc.- 2017	December 3, 2019
3	Ms.Vinishyla.W	Diploma Batch of 2008	January 6,2020
4	Mrs.Suguna Stella bai	PBBSc batch of 1988	January 7,2020
5	Mrs.Yamkumari Limbu	PBD-Batch of 2003 Emergency and trauma	January 13,2020
6	Ms.Kanagapokisham	B.Sc Batch of 2012	May 7 th ,2020
7	Mrs.Greeta Varkey	B.Sc Batch of 1988	June 22,2020
8	Mrs.P.C.Chinammal	Diploma Batch of 1954	September 9 th ,2020
9	Ms.Annamma	B.Sc Batch of 1967	September 11 th ,2020
10	Ms.AleyammaKuruville	Diploma Batch of 1944	December 6 th ,2020
11	Mrs.PramilaDahya	B.Sc Batch of 1955	December 15 th ,2020

Alumni Scholarship

The Pitman Taylor Scholarship of Rs.10000 each was awarded to seven postgraduate students.

Welfare Fund

Financial support from the Alumni Welfare Fund of Rs.5000 per month was given to Ms. Kannagapokisham, B.Sc Batch of 2012 for her health concerns till her demise. Rs. 3000 is also given to the family of Late. Ms. Louisa, GNM batch of 2000.

COLLEGE OF NURSING

Dean	: Dr. Vathsala Sadan
Deputy Dean	: Mrs. Alice Sony
Additional Deputy Deans	: Mrs. Margaret Manoharan Mrs. Ida Nirmal Mrs. Reena Santhosh Mrs. Sara Emma Rosalind
Registrar	: Mrs. HelenCharles
Deputy Registrars	: Mrs. Sheeba Nelson Mrs. Shandrilal Immanuel

Faculty information

There are 100 faculty members with M.Sc qualification, of whom 5 are Ph.D qualified and 8 faculties are pursuing Ph.D in Nursing. College has 52 Tutors and 131 staff nurses.

Retirement

- Dr. Shirley David, Professor and Head of the Department of Medical Surgical Nursing retired on 20th July, 2020
- Dr. Selva Titus Chacko, Professor and Former Dean of College of Nursing retired on 18.9.20.
- Mrs.Greeta Alexander, Professor, Community Health Nursing retired on 13.12.20.

We acknowledge their contributions and wish them a happy retired life.

Educational Programmes

A total of 888 students are on roll this year. By the Grace of God, the 2020 Batch of students have been admitted into the College and currently pursuing online classes. The admission process was conducted through the virtual platform.

Visitors

On September 24, 2019 the Nursing faculty of Yonsei University visited College of Nursing to initiate a Memorandum of Understanding for the Faculty Exchange Programme.

On September 28,2019 Mrs. Gladys Staines, Australian Missionary from Orissa visited the College of Nursing and interacted with the staff and students. She shared her testimony and shared her love for Christ and answered questions regarding 'withstanding trials'.

Conferences / Workshops

A national symposium on 'Qualitative research method - Qualitative understanding for quality health care' was organized on 21st and 22nd of November 2019. The National Community Health Nursing Conference was organized on the 13th and 14th February, 2020 as a joint venture by Department of Community Health Nursing, College of Nursing, CMC and the Society of Community Health Nurses of India (SOCHNI).



The theme for the conference this year was, 'Community Health Nurses-Trendsetters for Universal Health Coverage to Combat Non Communicable Diseases (NCD's). The year 2020 holds a special place among the nursing fraternity as it has been declared as the 'Year of the Nurse and Midwife' by the World Health Organization. 320 delegates from 17 states participated.

The conference was also a highlight on the golden jubilee of the M.Sc. nursing programme, silver jubilee of the Ph.D nursing programme and the 200th Birth Anniversary of Florence Nightingale, founder of modern nursing. In keeping with her anniversary a 'Nightingale Challenge' was organised globally, in which the oath, 'I Support Nursing Now' was administered.

Commemorating the "Year of Nurse and Midwife"



Workshops, Webinars and Seminars

Various workshops, e- seminars and webinars were conducted virtually. Webinars were conducted in collaboration with Christian Medical Association of India on different topics that were assessed as felt needs through an online survey.

Short term Courses

A Distance education course on 'Stoma Care Nursing' was organized from August – November 2019 to train registered nurses in specialized care. A short course on 'Peritoneal Dialysis' was conducted for the first time from January 15 to February 14, 2020. There were totally two participants one from AIIMS, New Delhi and the other an alumnus of Government Vellore Medical College.

Ph.D. Programme

Six faculty are in the process of registering for PhD in Nursing, under The TamilNadu Dr.MGR Medical University, Chennai. Three faculty were selected for the PhD programme under the National Consortium for PhD in Nursing by the Indian Nursing Council

Journal Publication

The Indian Journal of Continuing Education (IJCNE) published by the College of Nursing is made an online journal in partnership with the Medknow, part of Wolter's and Kluwer's Health. The first online issue was published in August 2019. The journal is accessible at <http://www.ijcne.org/aboutus.asp>. Special issue for this year was done to commemorate the 50 years of Masters in nursing education and 25 years of Ph.D in nursing in our institution.

KUMC Modale Junior Faculty Research Scholarship Programme

Two faculty, Mrs. Naomi Nancy and Mrs. Priya Chandrasekar were awarded the Modale Junior faculty research scholarship and had four months' experience in Kansas University from 31/7/19 to 15/12/19.

Senior training Fellowship Programme

Mrs. Rebecca Sumathi Bai was able to pursue her training on Stroke Rehabilitation as visitor observer at Long Island, Manhasset, New York for a period of four weeks from mid-October to mid-November 2019.

Research Activities

Twenty three faculty research projects are being undertaken. Faculty and students presented their research during the Annual Research Day held in the Institution and have won prizes.

Two research proposals are being developed in collaboration with the Kansas University USA. Dr. Manoranjitham Sathiyaseelan participated in the systematic review under Mental Health Gap Action

Programme (MHGAP) of the WHO aiming to explore treatment – seeking behaviors of people living with depression, schizophrenia and epilepsy in low and middle - income countries

A collaborative research with Birmingham City University, UK on “Diabetes in Mentally ill” a Community based study is being developed.

A virtual student exchange programme is being prepared to be held as a collaborative educational exchange programme to learn on Global Health/Population based health care focused from local to Global level between College of Nursing, CMC Vellore and School of Nursing, University of Kansas, USA.

Simulation lab

We have received USAID ASHA Grant 2019 for development of an advanced skill lab for nursing students. An additional amount of Rupees 50 lakhs need to be raised towards the infrastructure development and maintenance of the facility.

Community Outreach activities during Covid Pandemic

College of Nursing Community Health (CONCH), Kannigapuram Outreach Clinic was inaugurated on 9th July 2019, to provide secondary level health care services to the people of Kannigapuram and the surrounding 25 villages where CONCH services are being provided.

The community health nursing department is involved in health screening of the construction workers of the Kannigapuram Campus. Mobile nurse led clinics and cervical cancer screening for women in the reproductive age are carried out in CONCH and Urban areas. Packed medicines were delivered for free of cost at the doorstep for all the morbid patients covered by the Community Health Department during the pandemic.



Services of Occupational Health Nurse Practitioner (OHNP)

The Nursing Students Hostel Health Clinic (NSH-HC) service was initiated and started functioning since 01.08.2019. This NSH Clinic

enables the nursing students to get their health services in the hostel premise through the OHNP. SSHS continues to see students who are in need of further management.

Services of Family Nurse Practitioner (FNP) - Shalom Family Medicine Centre

The activities of FNP in the Shalom Family Medicine Centre which caters to the citizens of Vellore city include assessment, treatment, referral, health education and counseling

Activities as a WHO collaborating center for Nursing and Midwifery (WHOCCNM)

College of Nursing, CMC, Vellore continues to be as WHO Collaborating Centre for Nursing and Midwifery. MOU between the College of Nursing and Director of Health Services, Madhya Pradesh (DOHS, MP) have been initiated in March 2015 to assist in the capacity building of the nursing cadre through developing three months short term courses. This year totally 93 staff nurses were trained in two groups. The MOU has been renewed for another two years i.e. 2020 & 2021.

Using WHO Disaster Management guidelines, training programmes were conducted. The CON is recognized by the TamilNadu Dr.M.G.R. Medical University and the Government of TamilNadu as the Resource Center for training nurses in emergency and disaster management. Two day workshop was conducted to final year undergraduate nursing students and PG students to prepare them as an effective workforce during disaster.

Pre Shiloh conference workshop on ‘Nursing Competencies for Disaster Management’ was conducted on 26th September 2019 for nursing students studying in various mission hospitals across the country.

A short video on the activities of the Community health nursing department was prepared and sent for the “Health for All Film Festival” organized by WHO. The photo sent for the “World Health Day 2020” Photo competition organized by WHO Regional Office for South East Asia region was selected as one of the top three winners. The center has shared few case studies for the Link Magazine of WHO.

As part of the International Year of Nurses and Midwife 2020 celebration, the National Institute of Health and family Welfare (NIHFW) conducted an Online Training course on Building Nursing and Midwifery Leadership for achieving UHC/SDG, the Director of WHOCC NM presented a talk on “Leadership for building and sustaining Model Nursing

and Midwifery management practices: integration of teaching and services” on 8th October 2020.

Indian Nursing Council in collaboration with the UNFPA (United Nations Population Fund) organized a virtual capacity building program for the midwifery faculty in the Schools and Colleges of Nursing in India. Mrs. Ebenezer Ellen serves as a resource faculty for the TOT programme for strengthening reproductive, maternal and neonatal health services by nurse practitioners in midwifery (NPMs) through Midwife Led Care Units (MLCUs).

Jhpiego in collaboration with Ministry of Health and Family Welfare (MoHFW), INC and State Government conducted a webinar on “Investing in Nursing Education, Jobs and Leadership in India: Committing to a decade of action” .Mrs. Alice Sony ,Deputy Dean made a presentation on “Integration of Nursing Education and Service and Nurse Led Community Based Care”.

Dr. Vathsala Sadan , Dean College of Nursing participated in the Eighth WHO-ICN-ICM Triad meeting held on June 16 to 18, 2020. The focus of the meeting was strengthening nursing and midwifery in the context of Covid -19 leveraging the findings from the State of the World’s Nursing report and new evidence on midwifery ,and identifying priorities for the next strategic directions for nursing and midwifery.

Student teaching and learning

Passion for teaching and a constant drive to improve the quality of education has enabled the faculty to adopt different creative methods of teaching especially during this year of pandemic.

Staff Welfare Programmes

Picnics and retreats were conducted for faculty and staff of College of Nursing

Activities during COVID 19 pandemic

Due to the lockdown pronounced by the Government of India, students were sent home. However, Online teaching programmes of all level of nursing students are continuing to be held due to the COVID-19 pandemic situation.

The institution is involved in country’s response to COVID-19 through establishing systems, capacity buildings and COVID-19 information dissemination. The nursing faculty and staff as frontline workers in the COVID -19 pandemic are involved in planning and setting

up of wards to admit COVID patients, screening, training of nursing personnel and patients on the management and prevention of COVID-19.

Faculty research projects on Psychological impact of COVID -19, Knowledge, attitude and practice, Level of satisfaction and communication on COVID-19, Compassion satisfaction and Fatigue among Oncology nurses, Experiences of Midwife caring for women in COVID wards, nurse managers’ clinical management decision making process in pandemic situation, perceived social support and stigma among patients with COVID 19 infection, fear and resilience of nurses working in COVID 19 areas are being undertaken.

Lamp Lighting Ceremony

The lamp lighting ceremony was held on December 20, 2019. Two hundred first year nursing students dedicated their lives to the noble profession of Nursing.



College Day 2020

The College of Nursing celebrated its College Day on the 29th February 2020 amidst great enthusiasm and excitement. The events were centered round the theme “Vintage” an apt one since the College is celebrating the Golden jubilee of the M.Sc. Nursing programme and Silver jubilee of Ph.D Nursing programme.



College of Nursing, Chittoor

By the grace of God, we were able to start the BSc Nursing programme at Chittoor. The first batch of 50 students registered on November 28, 2019.

Mrs. Rosaline Jayakaran, Former Dean, College of Nursing is appointed as the Principal of the CMC Vellore Chittoor College of Nursing. However there is a need for a College of Nursing ,wardens and a hostel facility for students. Currently a rented building which was once a Teacher’s Institute is being utilized.



STUDENT ACTIVITIES

The students take part in all activities of the SNA enthusiastically. The hostel continues to be a ‘Home away from home’ for the students.

Student Nurses Association (SNA) – Office Bearers

- | | |
|--------------------------|---------------------------|
| President | - Dr. Vathsala Sadan |
| Senior Advisor | - Mrs. Margaret Manoharan |
| Jr.Staff Advisor | - Ms. Hepsir. |
| Vice President | - Ms. Malavika A.S |
| Secretary | - Ms. Merin M.V |
| RAC President | - Ms. Sharon Mathew |
| Hostel General Secretary | - Ms. Jemi Ponishiya |

Annual Sports Meet

The Annual Sports Meet of the College of Nursing, CMC was held on 1st of February 2020 at Oval Ground, Bagayam. The students actively participated and performed activities centered on the theme for the year of the Nurse and Midwife “I support Nursing now”



SNA Conference

The XVIII Tamil Nadu State Student Nurses Association (SNA) Biennial Conference 2019-2020 was held at Kovai Medical College and Hospital, Coimbatore from 26th to 28th September, 2019. Ninety-seven students of College of Nursing, CMC attended the conference. Among a total of 1967 students from 61 colleges, the students of College of Nursing, CMC made the institution proud by bagging 18 trophies in various events. The College of Nursing stood first in State of Tamil Nadu by winning both Championship for cultural and the overall championship proving once again that the College of Nursing contributes largely to the overall development of students, helping them to grow personally and professionally by discovering their potentials and talents. Ms.Anya Zereen Benzy and Ms.Gnana Sheeba Pillai, III year B.Sc Nursing students were elected to be Vice president and Secretary of SNA of Tamil Nadu Branch for the year 2019 – 2021.

Four students attended the regional CMAI conference at Madurai on 26.07.2019. Ten students attended the CMAI conference at Hyderabad between 7 – 9th November,2019 on the theme “Who touched me”.

NSS, Junior Red Cross and Red ribbon

The NSS special camp programme for the year 2019-2020 for the II year B.Sc (N) students was arranged from 17.02.2020 – 22.02.2020. Screening for dental caries, diabetes and eye problems and awareness on COVID 19 were included. As Red Ribbon Alliance volunteers, the students participated in the HIV/AIDS awareness programme.

CON Youth Red Cross was given the “Best performance Unit” and the “Best Unit” award by the Vellore District Youth Red Cross.

SHILOH Conference 2020

The SHILOH was held virtually for staff and students from 1st to 4th of October on the theme “Salt and light of the Earth”.400 students participated.

Awards and Prizes

The students participated actively in various competitions in and out of the state and bagged many prizes. All three prizes(1st,2nd and 3rd prize for the GNM examination was collectively bagged by our students bringing laurels to our institution.

Religious Activity

Students are enriched spiritually through chapel services, family prayers, class retreats, scripture classes and RAC special meetings. Various other religious programmes like Teaching Mission and SHILOH in the institution are a source of support for the growth of students. Students were privileged to attend the musical programme performed by Mr. Bart Gee, Motivational speaker, pianist from UK.

Student nurture and welfare

The students are nurtured and guided in the College and hostel by the class advisors and warden. Regular Bible classes are conducted by Chaplaincy department for all batches. A counselor is available every day in the hostel for their need. The counseling classes (once a month) by the counselor along with the Bible classes is being continued which the students find very useful. Foster parent and foster batch scheme also helps in building relationships.

The needy students are being given scholarship. We acknowledge the generous contribution of the Alumni of CON continue towards this.

Lean on Me Counselling services

An Online counselling services offered by an independent emotional health services organization group from Bangalore with whom the institution has partnered was introduced. The services will be provided by a mobile app based voice call or text chat counseling therapy. The emotional fitness assessment of students was also conducted

NURSING SERVICE NEWS

Administration

Nursing Superintendent : Dr. Premila Lee till 20th October 2020,
Dr.Bala Seetharaman from 21st October 2020

Associate Nursing Superintendent : Mrs. Illavarasi Jesudoss

Associate Nursing Superintendent : Mrs. Jeyalinda Christopher

Deputy Nursing Superintendent : Mrs. Shalini Chandran

Deputy Nursing Superintendent : Mrs. Dorathy Devakirubai

Deputy Nursing Superintendent : Mrs. Sophia Vijayanathan

Workshops

Nine intravenous therapy workshops were organized and 307 staff participated. Thirteen workshops on basic life support, 6 workshops on advanced life support and 2 workshops on paediatric basic life support were organized by the Office of the Nursing Superintendent and 746 staff were certified.

Thirty in-house workshops were organized by the Office of the Nursing Superintendent in collaboration with the clinical departments. Participants were awarded 5 credit hours by the Tamilnadu Nurses and Midwives Council. Each department ensured that all of their staff attended the workshops relevant to their clinical area.

Hospital Management in COVID 19 crisis

COVID19 Pandemic has created an enormous impact in the normal functioning of the institution. The hospital was recognized as the center for screening and caring for patients with COVID 19 since mid-March. Part of the hospital wards were converted to cater to patients affected by COVID. Around 99 beds were converted for managing critical ill. A fever clinic was opened to enable outpatient care to COVID 19 suspects. Nurses were trained to take swabs to facilitate quick testing and monitoring.

Policies and protocols were laid to ensure prevention and spread of transmission of the disease. COVID care area and the regular clinical areas were delinked.

The nurses were trained in donning and doffing and in managing critically ill which enabled them to provide critical care confidently. A total of 1200 staff nurses were trained to provide care to patients affected by COVID-19. 200 staff nurses were trained to provide level III Critical Care to COVID patients. Online webinars were conducted on management and prevention of COVID-19 and modules of the same were distributed to

mission hospitals. Appropriate and adequate staffing of all area with optimal utilization of manpower was ensured.

Continuous appreciation to our frontline nurses working in COVID care areas from the patients and the administration is a boon to all our staff. The commitment, courage and compassion of our staff nurses were highly commendable. The patient satisfaction survey done by the quality management cell showed that the satisfaction of nursing care was 100%.

New Orthopedic Block

The old Student Nurses' Hostel "Our glass palace" is being replaced with a new initiative to expand the services to the orthopedic patients. It has 11 theatres with 20 day care beds, a 12 bedded HDU and 3 wards with 105 beds. This facility will be inaugurated soon.

Chittoor Campus

Chittoor campus continues to expand with additional new inpatient services such as Labour Room with 5 beds, Perinatal ward with 20 beds and Nursery with 10 beds. Outpatient services like Wound management clinic, Urology OPD, Infertility Clinic, Psychiatry Counselling, Pediatric Surgery and day care facilities for surgical units known as "Exodus ward" have been initiated. A COVID care ward was opened to treat the COVID positive patients.

ALUMNI ASSOCIATION

Office Bearers

President	: Dr. Vathsala Sadan
Vice President	: Mrs. Alice Sony
Secretary	: Mrs. Priscilla Sam
Joint Secretary	: Ms. Mercy J
Treasurer	: Mrs. Reena Santhosh
Joint Treasurer	: Mrs. Angeline Esther

Coordinators

Standing Committee	: Dr. Bala Seetharaman
Welfare Committee	: Mrs. Alice Augustine
Welfare Committee member:	Mrs. Bharathy Jacob
Scholarship Committee	: Dr. Chellarani Vijayakumar
Editorial Committee	: Mrs. Nirmala Emmanuel Mrs. Deena David
Workshop Committee	: Mrs. Rebecca Sumathi Bai



Alumni Representatives-India

Sno	Name of the Alumni Representative	State
1	Mrs. Sisy Joseph	Kerala
2	Mrs. Amudha Sundari	Karnataka
3	Ms. Shimy John	Maharashtra
4	Mrs. Jothi Clara	Tamil Nadu
5	Mrs. Nirmala Margaret	Andhra Pradesh
6	Mrs. Mercy Oommen	Orissa
7	Mrs. Era Dayal	Uttarakhand
8	Ms. Jasper Damaris	Delhi
9	Mrs. Lilly Christopher	Madhya Pradesh
10	Dr. Christy Simpson	Dimapur
11	Mrs. Christy Martina	Assam
12	Mrs. Devakirubai	South Tamil Nadu
13	Mrs. Annie Veda	Puducherry
14	Mrs. Sangeetha Samuel	Ludhiana
15	Ms. Sirisha	Telangana

Alumni representatives –Global

Sno	Name of the Alumni Representative	Country
1	Dr. Leah Macaden	Scotland
2	Mrs. Aleyamma Koshy	UK
3	Mr. Boaz, Mrs. Shanthi John	Ireland
4	Mr. Ramesh	Canada
5	Mrs. Jessy Thambiraj, Ms. Alison Fernandez, Ms. Ancy Riya George	Australia
6	Dr. Selva Titus , Mrs. Priyalatha	UAE
7	Mrs. Anandhi	Muscat
8	Mrs. Aruna Samuel, Mrs. Mary Johnson	Saudi (Jeddah)
9	Ms. Jane Rita, Ms. Margaret Kumar, Ms. Vinciya Pandian	USA
10	Mrs. Asiya Ibrahim	Maldives
11	Mrs. Priscilla Talwar	Nepal
12	Mrs. Malathy Chelladurai	Doha
13	Mrs. Aminath Jameel, Mrs. Mary Nelson	Malaysia & Singapore
14	Mrs. Deepika	New Zealand

Contact details

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Fax: 0416 – 2223362

Email: deancon@cmcvellore.ac.in / alumniasso@yahoo.co.in / alumnicon@gmail.com

With best wishes

Dr. Vathsala Sadan
President
Alumni Association

Mrs. Nirmala Emmanuel
Convenor,
Editorial Committee

Mrs. Deena David
Co-convenor
Editorial Committee



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January 2021 – December 2021***

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It is our great delight and pleasure to meet you through this newsletter. The Lord Almighty has been so grateful and wonderful in leading us through the past year. The year 2021 was filled with anxiety and uncertainty due to the COVID 19 pandemic. However, God Almighty has been so gracious to protect us from this great pestilence. We acknowledge your contribution in the past and look forward to interact and meet with you. May the Lord help us to maintain the legacy of nursing passed by our pioneers and lead us in all our endeavors.

ALUMNI NEWS

Alumni Reunion and Workshop

The College of Nursing Alumni reunion was held virtually on 23rd January 2021 via zoom. This alumni meet was organised amidst the chaos of COVID-19 pandemic to reunite with those near and far, to reflect and to encourage each other. This meeting was attended by 756 alumni, 574 were extramural from all over the world and 182 were intramural alumni. The alumni went down the memory lane and shared not just their experiences, but also the legacies of their teachers and mentors.

The life stories shared had created a special bonding between those who had passed out of the portals of this institution and the students who are yet to establish themselves in the world, outside.

It was a rewarding moment to have our memories cherished virtually. It was a rewarding experience to have former teachers and leaders sharing their memories and experiences to motivate the group. It was indeed a refreshing moment of joy and celebration and thanksgiving.



Obituaries

Sno	Name of the alumni	Batch	Date of demise
1	Mrs.Evangeline Victoria	Diploma batch of 1986	7 th February, 2021
2	Mrs.Elizabeth Oomen	BSc batch of 1955	8 th February, 2021
3	Ms.K.W.Gladys	PBBSc batch of 1983	15 th February, 2021
4	Mrs.Nargis Nirmala Devi	BSc batch of 1976	21 st May 2021
5	Ms.Hannah Sugantha Praveena	Diploma batch of 1997	21 st May 2021
6	Mrs.Charlot Swarnabai Backiaseeli	BSc batch of 1978	23 rd May 2021
7	Mrs.J.F.Sujatha	BSc batch 1986	23 rd May,2021
8	Mrs.Grace Balasundaram	PBBSc batch of 1981	17 th August 2021
9	Ms.Sushmitha	Diploma batch of 2017	4 th June 2021
10	Ms.Kamala Lydia	BSC batch of 1980	22 nd November 2021
11	Mrs.Ida Ruby	BSC batch of 1980	11 th December 2021

Faculty information

There are 100 faculty members with M.Sc qualification, of whom 8 are Ph.D qualified and 8 faculties are pursuing Ph.D in Nursing. College has 52 Tutors and 131 staff nurses.

Retirement

- ii. Mrs.Florence Segaran, Professor and Head of the Department of Medical Surgical Nursing speciality retired on 13th August 2021
- iii. Mrs.Esther Aaron Senior Librarian, retired on 7th July,2021
- iv. Mrs. Alice Rachel Varghese, Sr. Secretary, College of Nursing, retired on 20th May 2021, after nearly 35 years of dedicated service to the institution.

We acknowledge their contributions and wish them a happy retired life.

Educational Programmes

A total of 888 students are on roll this year. By the Grace of God, the 2021 Batch of students have been admitted into the College and currently pursuing online classes. The admission process was conducted through the virtual platform.

College of Nursing, CMC,Vellore, Chittoor Campus :

The Lamp Lighting Ceremony for the second batch (batch of 2020) of B.Sc. Nursing students of the College of Nursing, CMC Vellore, Chittoor Campus was held on 8th October 2021, at the Hospital Chapel, Chittoor Campus. On this blessed day, 49 young and vibrant first year nursing students committed their lives to the noble profession of 'Nursing' by lighting their lamps.



The Chief Guest Dr. Chellarani Vijayakumar, Former Head of the Community Health Nursing Department and Former Dean of College of Nursing, CMC, Vellore

addressed the students. She inspired the students by narrating the significance of nursing in the healthcare. She urged the students to bring light into the lives of patients who come with different difficulties and challenges.

SHILOH 2021

The annual students' medical missions' conference SHILOH 2021 was held virtually (online) from 30th September to 3rd October, 2021. The theme this year was 'Changing Times; Unchanging God'. The theme was based on Malachi 3:6 which is an expression of God's unchanging love and faithfulness during this uncertain time.



The John Scudder Oration for the year 2021 was delivered by Mrs. Bharathy Jacob, the former dean of the college of nursing, CMC, Vellore. This was the 14th year of SHILOH which is a movement that aims to develop leaders in the healing ministry of

Christ in India and all over the world. This year there were nearly 2000 registrations for the event.

OCTOBER 25, 2021 College of Nursing, CMC, Vellore : The Lamp Lighting Ceremony - 2021 of the College of Nursing was held on 5th October, 2021 at 6 pm in the Scudder Auditorium. During this solemn occasion, 198 first year nursing students dedicated their lives to the noble profession of Nursing.



Mrs. Helen Meurial Hilkiah, Secretary, Board of Nursing Education, Nurses League, Christian Medical Association of India, South India Board, Bangalore was the Chief Guest for the occasion. She in her address emphasized nursing as a caring profession and that the students are chosen to offer true service in the spirit of Christ.



Dr. Vathsala Sadan, Dean, College of Nursing gave charge to the students and spoke on the importance of the ceremony and the Florence Nightingale

lamp which was given to the nurses by the Dean and the Nursing Superintendent.

Conferences: The National Pediatric Conference



The National Paediatric Conference was conducted through the virtual platform on the 24th and 25th of June 2021 by the Departments of Paediatric Nursing and CNE & Research, College of Nursing. The theme for the conference was, "Innovations and Advances in Paediatric Nursing: Gateway for Quality Care".

The Chief Guest for the conference was Dr. Ani Grace Kalaimathi, Registrar, Tamil Nadu Nurses and Midwives Council, Chennai whose address motivated nurses to be innovative_in

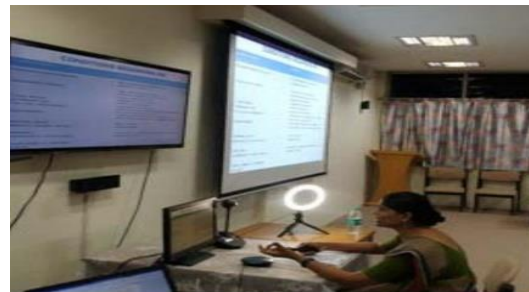
implementing interventions. There were three hundred and thirty two delegates who participated from twenty different States and Union Territories of India and three other countries namely Bhutan, Ethiopia, Oman. Forty four oral and twenty poster presentations were presented during the two concurrent sessions on both days.

- Dr. Selva Titus Chacko, Professor and Former Dean of College of Nursing retired on 18.9.20.
- Mrs. Greeda Alexander, Professor, Community Health Nursing retired on 13.12.20.

We acknowledge their contributions and wish them a happy retired life.

Workshops, Webinars and Seminars

Various workshops, e- seminars and webinars were conducted virtually.



The Departments of Surgical Nursing and Continuing Nursing Education & Research of College of Nursing, CMC, Vellore organised an e-Seminar on 'Nutrition: A Key to Early Recovery in Surgical Patients' on February 23, 2021.

A total of 45 participants registered and attended the seminar through zoom meeting room. All the sessions were highly informative and participants gave positive feedback.



An E-Seminar on "Managing the Unsaid Needs of the Patients" was conducted through the virtual platform on 30th July, 2021 by the Departments of Fundamentals of Nursing (FON) and Continuing Nursing Education (CNE) & Research, College of Nursing, CMC,

Vellore.

The aim was to rekindle the sensitivity of nurses to certain basic needs of patients that are most often unexpressed and hence go unaddressed

On 11th and 13th August, 2021, between 3-6 pm, an e-seminar was conducted to reach out to maximum beneficiaries.

The vital topics presented by the panel of experts from Medical Nursing Department were Assessment and monitoring of critically ill patients with COVID-19, Lung recruitment maneuvers in COVID ARDS, Nutrition management in critically ill patients, Prevention of Hospital Acquired Infections. Customized videos on care of patients on non-invasive



ventilation, proning and closed suctioning were played after each session to facilitate realistic observations of nursing care procedures. A total of 380 participants benefitted from these sessions.



E-Seminar Organised by Community Health Nursing The CNE e-seminar on 'Domiciliary Care for the COVID Affected : Across All Ages' was conducted on 28th September 2021, by the Department of Community Health Nursing. The e-seminar began with an inauguration. All the lectures were delivered by the Community Health Nursing faculty, College of Nursing, Christian Medical College, Vellore. A total of 66 delegates participated in the e-seminar from all over India .



Departments of Medical Surgical Nursing Specialty I and CNE & Research, of College of Nursing, CMC Vellore conducted one day e-seminar titled "Clinical Pearls in ENT Nursing" on 27th of August 2021. There were 95delegates from all over India.

Leveraging Global Partnership in Addressing COVID-19 Related Mental Health Webinar Series: The Dean and Faculty at College of Nursing, Christian Medical College, Vellore, through a collaborative



partnership with nurse leaders at Johns Hopkins, School of Nursing, USA organized and presented the Leveraging Global partnership in addressing COVID-19 Related Mental Health Webinar series from 11th June, 2021 to 16th July, 2021.

There were 11, 139 registrants from over 37 countries with 4,400 live attendees and over 2,100 recording views. Each webinar included a faculty from College of Nursing, CMC, Vellore and Johns Hopkins, School of Nursing, USA who were able to deliver mental health strategies in cultural context and shared their expertise.

Release of Postal Cover to Commemorate the 150th Birth Anniversary of Dr. Ida Scudder:



To commemorate the 150th birth Anniversary of Dr. Ida S Scudder, Founder Christian Medical College Vellore, a special postal cover was released on the occasion of Women's Day on 8th March, 2021 by

Thiru Somasundaram, Director of Postal services Chennai City Region. The event was held at the College of Nursing, CMC Vellore, and Thiru Somasundaram handed the first cover to the Director of CMC Dr. J.V. Peter, Principal Dr. Anna Pulimood, Dean Dr.Vathsala Sadan and Nursing Superintendent Dr. Bala Seetharaman. The postal cover was released to honour and remember this commitment of Dr. Ida Sophia Scudder.

Ph.D. Programme

Two faculty are in the process of registering for PhD in Nursing, under The TamilNadu Dr.MGR Medical University, Chennai. Two faculty were selected for the PhD programme under the National Consortium for PhD in Nursing by the Indian Nursing Council

Journal Publication

The Indian Journal of Continuing Education (IJCNE) published by the College of Nursing is made an online journal in partnership with the Medknow, part of Wolter's and Kluwer's Health.

Research Activities

Ten faculty research projects are being undertaken. Faculty and students presented their research during the Annual Research Day held in the Institution and have won prizes.

Student teaching and learning

Passion for teaching and a constant drive to improve the quality of education has enabled the faculty to adopt different creative methods of teaching especially during this year of pandemic.

Staff Welfare Programmes

Virtual Retreat was conducted for faculty and staff of College of Nursing

Activities during COVID 19 pandemic

Due to the lockdown pronounced by the Government of India, students were sent home. However, Online teaching programmes of all level of nursing students are continuing to be held due to the COVID-19 pandemic situation.



The institution is involved in country's response to COVID-19 through establishing systems, capacity buildings and COVID-19 information dissemination. The nursing faculty and staff as frontline workers in the COVID -19 pandemic are involved in planning and setting up of wards to admit COVID patients, screening, training of nursing personnel and patients on the management and prevention of COVID-19.

CMC, Vellore responded to the urgent need of the hour and inaugurated a new twelve bedded intensive care unit (ICU) facility at the Kannigapuram campus. The fully furnished and equipped ICU was made functional at very short notice which initially felt like an impossible task. As always, CMC's response to needs of the district and the nation has been spontaneous and efficient.

STUDENT ACTIVITIES

The students take part in all activities of the SNA enthusiastically. The hostel continues to be a 'Home away from home' for the students.

Student Nurses Association (SNA) – Office Bearers

President	- Dr. Vathsala Sadan
SeniorAdvisor	- Mrs. Margaret Manoharan
Jr.StaffAdvisor	- Ms. Joy Priyadarshini
VicePresident	- Ms. Anya Zereen Bensy.B
Secretary	- Ms. Cynthia Mary Saji
RAC President	- Ms. Sharon
Hostel General Secretary	- Ms. Anagha Susan

Awards and Prizes

The students participated actively in various competitions in and out of the state and bagged many prizes. All three prizes (1st, 2nd and 3rd prize for the GNM examination was collectively bagged by our students bringing laurels to our institution.

INFINITY QUIZ

on 7th April 2021, Apollo college of nursing conducted the infinity quiz via online mode. Students from the college participated in the quiz. By the grace of God all three prizes were won by our students

World Blood Donor Day:

On 15th June 2021, a Quiz competition was conducted online to celebrate the world blood donor day. The students participated with great enthusiasm.

INNOVUS 2021

Sri Ramachandra institution faculty of nursing organized an intercollegiate level competition for new innovative ideas on 27th July 2021. Two teams from College of nursing CMC participated. One team of three students won the first prize.

Religious Activity

Students are enriched spiritually through chapel services, family prayers, class retreats, scripture classes and RAC special meetings. Various other religious programmes like Teaching Mission and SHILOH in the institution are a source of support for the growth of students.

Student nurture and welfare

The students are nurtured and guided in the College and hostel by the class advisors and warden. Regular Bible classes are conducted by Chaplaincy department for all batches. A counselor is available every day in the hostel for their need. The counseling classes (once a month) by the counselor along with the Bible classes is being continued which the students find very useful. Foster parent and foster batch scheme also helps in building relationships.

The needy students are being given scholarship. We acknowledge the generous contribution of the Alumni of CON continue towards this.

NURSING SERVICE NEWS

Administration

Nursing Superintendent : Dr.Bala Seetharaman from 21st October 2020

Associate Nursing Superintendent : Mrs. Illavarasi Jesudoss
Associate Nursing Superintendent : Mrs. Jeyalinda Christopher
Deputy Nursing Superintendent : Mrs. Shalini Chandran
Deputy Nursing Superintendent : Mrs. Dorathy Devakirubai
Deputy Nursing Superintendent : Mrs. Sophia Vijayananthan

Workshops

Five intravenous therapy workshops were organized and 107 staff participated. Twenty four workshops on basic life support, 5 workshops on advanced life support, 4 workshops on Paediatric basic life support ,1 workshop on Pediatric Advanced life support were organized by the Office of the Nursing Superintendent and 787 staff were certified.

Fifteen in-house workshops were organized by the Office of the Nursing Superintendent in collaboration with the clinical departments. Hands on training on noninvasive ventilation, Defibrillation and Neonatal resuscitation was conducted Training on Adult and Pediatric Covid preparedness was conducted and 204 staff participated. Each department ensured that all of their staff attended the workshops relevant to their clinical area.

Hospital Management in COVID 19 crisis

COVID19 Pandemic has created an enormous impact in the normal functioning of the institution. The hospital was recognized as the center for screening and caring for patients with COVID 19 since mid-March. Part of

the hospital wards were converted to cater to patients affected by COVID. Around 99 beds were converted for managing critical ill. A fever clinic was opened to enable outpatient care to COVID 19 suspects. Nurses were trained to take swabs to facilitate quick testing and monitoring.

Policies and protocols were laid to ensure prevention and spread of transmission of the disease. COVID care area and the regular clinical areas were delinked.

Appropriate and adequate staffing of all area with optimal utilization of manpower was ensured. Continuous appreciation to our frontline nurses working in COVID care areas from the patients and the administration is a boon to all our staff. The commitment, courage and compassion of our staff nurses were highly commendable.

Vaccination for COVID-19

The first phase in CMC began on the 20th January 2021, free of cost from the Government for health care workers. In Phase 2, the Government made the vaccine available on a subsidised basis for the vulnerable population of 60 years and above and those above 45 years with co-morbidities. In all, we had together given more than 25000 doses of Covishield™ (the Oxford-AstraZeneca vaccine, manufactured in India by M / s Serum Institute of India - SII) and Covaxin™ (Indigenously developed vaccine manufactured by M/s Bharath Biotech Pvt Ltd, in India) with no major adverse events recorded from January to April 2021.

New Orthopedic Block



The old Student Nurses' Hostel "Our glass palace" is being replaced with a new initiative to expand the services to the orthopedic patients. It has 11 theatres with 20-day care beds, a 12 bedded HDU and 3 wards with 105 beds. This facility was dedicated on May 3rd 2021. The Collector of Vellore, Mr. A. Shanmuga Sundaram I.A.S., in the presence of CMC Director, Dr. J. V. Peter and various other key officials who attended in person or virtually, inaugurated the Paul Brand Block

ALUMNI ASSOCIATION

Office Bearers

President	: Dr. Vathsala Sadan
Vice President	: Mrs. Alice Sony
Secretary	: Mrs. Regina Xavier
Joint Secretary	: Ms. Sumathy . J
Treasurer	: Mrs. Reena Santhosh
Joint Treasurer	: Mrs. Angeline Esther

Coordinators

Standing Committee	: Dr. Bala Seetharaman
Welfare Committee	: Mrs. Alice Augustine
Welfare Committee member	: Mrs. Bharathy Jacob
Scholarship Committee	: Dr. Chellarani Vijayakumar
Editorial Committee convenor	: Mrs. Deena David
Workshop Committee	: Mrs. Rebecca Sumathi Bai

Alumni representatives – India

Sno	Name of the Alumni Representative	State
1	Mrs. Sisy Joseph	Kerala
2	Mrs.Amudha Sundari	Karnataka
3	Ms. Shimy John	Maharashtra
4	Mrs.Jothi Clara	Tamil Nadu
5	Mrs.Nirmala Margaret	Andhra Pradesh
6	Mrs.Mercy Oommen	Orissa
7	Mrs.Era Dayal	Uttarakhand
8	Ms.Jasper Damaris	Delhi
9	Mrs.Lilly Christophe	Madhya Pradesh
10	Dr.Christy Simpson	Dimapur
11	Mrs.Christy Martina	Assam
12	Mrs.Devakirubai	South Tamil Nadu
13	Mrs.Annie Veda	Puducherry
14	Mrs.Sangeetha Samuel	Ludhiana
15	Ms.Sirisha	Telangana

Alumni representatives –Global

Sno	Name of the Alumni Representative	Country
1	Dr.Leah Macaden	Scotland
2	Mrs. Aleyamma Koshy	UK
3	Mr.Boaz, Mrs.Shanthi John	Ireland
4	Mr.Ramesh	Canada
5	Mrs.Jessy Thambiraj, Ms.Alison Fernandez, Ms.Ancy Riya George	Australia
6	Dr.Selva Titus ,Mrs.Priyalatha	UAE
7	Mrs.Anandhi	Muscat
8	Mrs.Aruna Samuel	Saudi (Jeddah)
9	Ms.Jane Rita, Ms.Margaret Kumar, Ms.Vinciya Pandian	USA
10	Mrs.Asiya Ibrahim	Maldives
11	Mrs.Priscilla Talwar	Nepal
12	Mrs.Malathy Chelladurai	Doha
13	Mrs.Aminath Jameel, Mrs.Mary Nelson	Malaysia & Singapore
14	Mrs.Deepika	New Zealand

Contact details

Phone: 0416-307-7002 / 7003/ 7034

Fax: 0416 – 2223362

Email: deancon@cmcvellore.ac.in / alumniasso@yahoo.co.in / alumnicon@gmail.com

Wishing all our alumni “A Very Happy, Healthy, Prosperous and Blessed New Year, 2022”

With best wishes

Dr.Vathsala Sadan
President
Alumni Association

Mrs. Deena David
Convenor
Editorial Committee



WHO collaborating center for
nursing and midwifery

**COLLEGE OF NURSING
CHRISTIAN MEDICAL COLLEGE
VELLORE-4**



***Alumni News Letter
January 2022 – December 2022***

Dear Friends,

Greetings from the College of Nursing, Christian Medical College, Vellore.

It is our great delight and pleasure to meet you through this newsletter. The Lord Almighty has been so grateful and wonderful in leading us through the past year. The year 2022 was a year to thank God for his abundant blessings and mercy in keeping us safe during the Pandemic. We acknowledge your contribution in the past and look forward to interact and meet with you. May the Lord help us to maintain the legacy of nursing passed by our pioneers and lead us in all our endeavors.

ALUMNI NEWS

Alumni Reunion and Workshop

The College of Nursing Alumni reunion was held virtually on 26th March 2022 via zoom. This alumni meet was organised amidst the chaos of COVID-19 pandemic to reunite with those near and far, to reflect and to encourage each other. This meeting was attended by 175 alumni, 50 were extramural from all over the world and 125 were intra mural alumni. There was a brief interval during this session where the alumni actively participated in 'Kahoot' which had questions refreshing that led the alumni along the lane of college memories.

An interesting break out session followed, where the alumni were organised into groups with facilitators encouraging discussions on pertinent issues. A special bonding was evident while the groups explored the questions together. It was a rewarding experience to have former teachers and leaders share their memories and experiences to motivate everyone.

Later, a Group song by Extra mural Alumni (Kuwait) and special programs by the Diamond Jubilee Batch of B.Sc Nursing students entertained the gathering. It was indeed a refreshing time of joy, celebration and thanksgiving for all the alumni.

Obituary:

Sno	Name of the alumni	Batch	Date of demise
1	Mrs.Jeyanthi	BSC batch of 1990	19 th March 2022
2	Ms.Molly Kutty.K.S	BSC batch of 1958	May 3 rd , 2022
3	Ms.Panna Rai	PD Critical care 1998	5 th July.2022
4	Mrs.Aleyamma Joykutty	BSc batch of 1965	30 th August 2022

5	Ms.Olive Paul	Diploma batch 2005	4 th August 2022
6	Ms.Deepika Mundu	PBBSC student Batch of 2019	9 th September 2022
7	Mr.K.Arun	Diploma batch 2014	11 th September 2022
8	Ms.L.Sumitha	Diploma batch of 1994	2 nd November 2022

Alumni Scholarship

The Pitman Taylor Scholarship of Rs.10000 each was awarded to seven postgraduate students.

Welfare Fund

Financial support from the Alumni Welfare Fund of Rs. 4000 is given to the family of Late. Ms. Louisa, GNM batch of 2000.

COLLEGE OF NURSING

Dean	: Dr. Vathsala Sadan
Deputy Dean	: Mrs. Shandriela Immanuel
Additional Deputy Deans	: Mrs. Sheeba Nelson Mrs. Angeline Jayanth Mrs. Reena Santhosh Mrs. Sara Emma Rosalind
Protem Registrar	: Dr. Manoranjitham
Deputy Registrars	: Mrs. Jenni and Ms. Hepsa Raju

Faculty information

There are 99 faculty members with M.Sc qualification, of whom 10 are Ph.D qualified and 11 faculties are pursuing Ph.D in Nursing. College has 52 Tutors and 131 staff nurses.

Retirement

- Mrs. Ebenezer Ellen Benjamin, Professor and Head of the Department of Obstetrics and Gynaecology Nursing specialty retired on 18th February 2022
- Mrs. Helen Sujatha Charles, Professor and Head of Psychiatric Nursing retired on 19th July, 2022
- Mrs. Jasmine Anand, Professor and Head of Medical Surgical Nursing specialty 2 retired on 4th July 2022

We acknowledge their contributions and wish them a happy retired life.

Educational Programmes

A total of 885 students are on roll this year. By the Grace of God, the 2022 Batch of students have been admitted into the College and currently pursuing onsite classes. The admission process was conducted through face to face interviews after a period of 2 years of break following the virtual mode

College of Nursing, CMC, Vellore, Chittoor Campus



28th January, 2022 was an epoch-making day in the illustrious history of the College of Nursing CMC Vellore Chittoor Campus. Chief Guest Mr. Barkose Warjri, IAS (Retd.) Council Chairman, CMC Vellore Association who inaugurated the Laying of Foundation stone virtually.

He reminisced the impeccable growth of Chittoor Campus over the years. Unveiling of Plaque was done by Mrs. Rosaline Jayakaran, Former Principal, CON CMC Vellore Chittoor Campus.

NL Devotional book launch



7th February, 2022 was a momentous day for College of Nursing, CMC, Vellore. The Dean, faculty and the CMC, Vellore Chapter of Nurses League CMAI virtually launched, the book "Before Duty Calls: A Devotional for Nurses".

The Chief Guest for this grand occasion was Mrs. Gladys Staines, Missionary. She appreciated this book and reiterated the importance of giving time to God, before duty calls. This book is a brainchild of the CMC, Vellore Chapter's Executive Committee, 2020-2021 published, for the glory of God. These 365 passages of the devotional were written for nurses by 287 nurses from across the globe.

March 4th, 2022 College of Nursing, CMC, Vellore



The Lamp Lighting Ceremony-2022 of the College of Nursing was held on 4th March 2022 at 6.00 pm in the Scudder Auditorium. During this solemn occasion, 200 First year Nursing Students dedicated their lives to the noble profession of 'Nursing'. The Chief Guest Dr. Sundari Edwin, Dean, Karunya College of Nursing, Coimbatore and Former Nursing Superintendent, CMC in her address spoke about the meaning and significance of Lamplighting. She emphasized nursing as a caring profession and invited the students to develop and demonstrate courage, confidence and compassion in rendering



care to the sick and suffering

Dr. Vathsala Sadan, Dean, College of Nursing gave charge to the students and spoke on the importance of the ceremony and the Florence Nightingale lamp which was given to the nurses by the Dean and the Nursing Superintendent.

College of Nursing -Graduation of the year 2020



The Graduation ceremony for the year 2020 and 2021 did not take place as planned due to the pandemic, therefore all those were also included this year .

The College of Nursing, Christian Medical College, Vellore had

organized the Graduation Ceremony of the year 2020 on 9th March, 2022.

There were 197 undergraduates and 106 postgraduates of nursing who celebrated the success of their professional journey by solemnly participating in the Graduation Ceremony at the Scudder Auditorium.



Dr. Bulbul Sood, Senior Strategic Advisor, JHPEIGO, New Delhi was the Chief Guest. In her address, she reminded the graduates that nursing is an art as well as a science, hence nurses need to

bring humanity, caring and concern as well as technology and training to the bed side.

College of Nursing Graduation of the year 2021



Graduation 2021 was scheduled on 22nd March 2022 by College of Nursing, Christian Medical College. There were 198 Undergraduates and 108 Postgraduates of Nursing who embarked on their professional voyage.

The event was graced by

the Chief Guest Dr. T. Dileep Kumar, President of Indian Nursing Council, New Delhi. He appreciated the services of the institution in the field of health care and also acknowledged that the only institution in India where integration (Dual role) is practiced to bridge the gap between service and education.

He did persuade the graduates to update their knowledge and skills and also challenged them to be involved in policy making

College of Nursing, Graduation of the year 2022

The Nursing Graduation Ceremony 2022 was held on the 13 July 2022 at the Scudder Auditorium. Smt. Supriya Sahu, IAS, Additional Chief Secretary to Government, Environment, Climate Change and Forest Department, Government of Tamil Nadu graced the occasion as Chief Guest. She motivated the graduates to be change agents and challenged them to conquer the world by touching millions of lives through healing ministry.

College of Nursing, CMC, Vellore Annual Sports Day-2022:



The Annual Sports Meet of the College of Nursing, CMC, Vellore was held on 6th August 2022 at CMC Oval Ground, Bagayam. The Chief Guest for the programme were Dr. Vinod Joseph Abraham, Vice Principal, Christian Medical College, Vellore and his wife Dr. Priya Aley Abraham, Consultant in Dermatology, CMC Vellore, Chittoor Campus. Various track and field events were conducted both on the sports day and over the past few months. Prizes were distributed by Chief Guest and Faculty of College of Nursing

SHILOH 2022



The annual students' medical missions' conference SHILOH 2022 was held from 29th September to 2nd October, 2022. The theme this year was **“Not to be Served, but to Serve”** from Mark 10:45 focusing on to develop servant leaders in the healing ministry of Christ.

The John Scudder Oration for the year 2022 was delivered by Dr. Latha Paul, who has worked in missions in India and Africa, and is a PG alumnus from Christian Medical College, Vellore. 111 UG and PG students participated from College of Nursing.

Conferences:

International Haematology Nursing Conference 2022:

In commemoration of the Platinum Jubilee celebration of the BSc. (Nursing) Programme in College of Nursing, the Departments of Hematology Nursing and CNE & Research organized an International Hematology Nursing Conference on the theme : Hematopoietic Stem Cell Transplantation (HSCT): Exploring global Nursing perspectives in striving towards excellence on a hybrid mode between 6th and 7th September 2022. The Chief Guest for the

conference was Dr. Selva Titus Chacko, Former Dean, College of Nursing, CMC, Vellore & Dean, Gulf Medical University, Dubai whose address motivated Hematology & HSC transplant nurses to keep their knowledge abreast to provide the highest standard of care. Padma Shri Dr. Mammen Chandy, Former Head, Department of Hematology, CMC, Vellore, President, ISBMT & Former Director, Tata Medical Centre, Kolkata was the Guest of Honor. He encouraged the nurses through his words of wisdom and expertise, calling “Nurses as the mothers of HSCT care.” “A hand book on HSCT Nursing” developed by the Department of Hematology Nursing was released during the inauguration by Padma Shri Dr. Mammen Chandy. A total of four hundred and twenty participants enthusiastically attended the conference from all over the globe and were inquisitive to learn about HSCT care.

Various workshops and seminars were conducted on-site by the CNE department College of Nursing.

Workshops

Various workshops and seminars were conducted on-site by the CNE department College of Nursing.

State Level Workshop on ‘Early Management of Trauma: Nursing Perspectives

The Departments of Medical Surgical Specialty IV Nursing and CNE & Research, College of Nursing conducted a state level workshop on ‘Early Management of Trauma: Nursing Perspectives’ on the March 30, 2022. The programme started with prayer and a short inauguration. 52 delegates from 3 states and 6 different institutions attended the workshop. The aim of the workshop was to equip the participants with the early management of trauma skills which will empower the nurses to provide a system based initial nursing care.

State Level Workshop on ‘Art of patient education – Heart of Nursing Care’

The Departments of Fundamentals of Nursing and CNE & Research,



College of Nursing conducted a state level workshop on ‘Art of Patient Education – Heart of Nursing Care’ on the 29th July, 2022. The aim of the workshop was to equip nurses in planning and providing structured and incidental teachings to patients and care givers. A total of 31 delegates attended the workshop.

Faculty from Fundamentals of Nursing shared their expertise on assessing, diagnosing, planning and implementing patient education.

State Level Workshop on ‘Updates in Tuberculosis’

The Departments of Medical-Surgical Nursing Specialty I, and CNE & Research, College of Nursing conducted a State level workshop on ‘Updates in Tuberculosis’ on 1st December, 2022. A total of 50 delegates attended the workshop. Faculty from Medical- Surgical Nursing Specialty I and Respiratory Medicine shared the knowledge on Diagnosis and Management of susceptible and resistant Tuberculosis, Nursing care of patient with TB both in hospital and community, Tuberculosis & HIV, Tuberculosis & other co-morbidities, and Tuberculosis in the vulnerable population.

Accolades and laurels for College of Nursing:

College of Nursing, Christian Medical College, Vellore was ranked again as the 2nd Best College for B.Sc Nursing in the Country by Education World : Education World has been ranking education institutions across a spectrum from preschools to universities since 2007. Education World India Higher Education ranking survey is based on field interviews and opinion polls. They have interviewed over 4,000 sample respondents comprising higher education faculty, final year students, and industry representatives for this 2022-23 survey. This undoubtedly, the most detailed higher education institution evaluation survey nationwide has once again ranked College of Nursing, Christian Medical College, Vellore as the 2nd Best College for B.Sc Nursing in India for the year 2022-23.

Ph.D. Programme

Two faculty are in the process of registering for PhD in Nursing, under Dr.MGR Medical University, Chennai. One faculty was selected for the PhD programme under the National Consortium for PhD in Nursing by the Indian Nursing Council.

Journal Publication

The Indian Journal of Continuing Education (IJCNE) published by the College of Nursing is made an online journal in partnership with the Medknow , part of Wolter’s and Kluwer’s Health.

Research Activities

Seventeen faculty research projects are being undertaken. Faculty and students presented their research during the Annual Research Day held in the Institution and have won prizes.

Staff Welfare Programmes

Virtual Retreat was conducted for faculty and staff of College of Nursing

STUDENT ACTIVITIES

The students take part in all activities of the SNA enthusiastically. The hostel continues to be a ‘Home away from home’ for the students.

Student Nurses Association (SNA) – Office Bearers

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VicePresident	- Ms. Jeemi Delles
Secretary	- Ms. Bini Elizabeth
RAC President	- Ms. Irene Mary
Hostel General Secretary	- Ms. Ravina Caroline.A

Awards and Prizes

The students participated actively in various competitions in and out of the state and bagged many prizes. All three prizes(1st,2nd and 3rd prize for the GNM examination was collectively bagged by our students bringing laurels to our institution.

Diabetes Dance competition:



Students enthusiastically participated in the Diabetes dance competition organised by the Endocrinology department on March 26th 2022 and won 3rd prize

WORLD BLOOD DONOR DAY:

On 15th June 2021, a Quiz competition was conducted online to celebrate the world blood donor day. The students participated with great enthusiasm.

PEGASUS 22nd September 2022:



Students actively in participated in PEGASUS and bagged many prizes

Religious Activity:

Students are enriched spiritually through chapel services, family prayers, class retreats, scripture classes and RAC special meetings. Various other religious programmes like Teaching Mission and SHILOH in the institution are a source of support for the growth of students.

Student nurture and welfare



The students are nurtured and guided in the College and hostel by the class advisors and warden. Regular Bible classes are conducted by Chaplaincy department for all batches.

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NURSING SERVICE NEWS

Administration

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Associate Nursing Superintendent : Mrs. Illavarasi Jesudoss
Associate Nursing Superintendent : Mrs. Jeyalinda Christopher
Deputy Nursing Superintendent : Mrs. Shalini Chandran
Deputy Nursing Superintendent : Mrs. Dorathy Devakirubai
Deputy Nursing Superintendent : Mrs. Sophia Vijayananthan
Deputy Nursing Superintendent: Mrs. Shanthi Gladston(Ranipet Campus)

Workshops

Eight intravenous therapy workshops were organized and 107 staff participated. Fifty eight workshops on basic life support, 5 workshops on Paediatric basic life support, 1 workshop on Pediatric Advanced life support were organized by the Office of the Nursing Superintendent and 1846 staff were certified.

Thirty six in-house workshops were organized by the Office of the Nursing Superintendent in collaboration with the clinical departments. Hands on training on Intravenous therapy and handling infusion pumps and cytotoxic drugs, infection control techniques and Neonatal resuscitation was conducted. Each department ensured that all of their staff attended the workshops relevant to their clinical area.

Inauguration of the CMC Vellore Ranipet campus



The formal inauguration of the Ranipet Campus by Hon'ble Chief Minister, Thiru M.K Stalin took place virtually in 25th June along with Mr. Duraimurugan, Minister of water resources of Tamil Nadu and Mr.

Jagathrashakan, Lok Sabha, MP..A video on the evolution of the Ranipet Campus was played for the Chief Minister after which he unveiled the plaque and declared the campus open for public. The Ranipet campus has now opened all specialities of Trauma, cardiothoracic, Medical Oncology. Nephrology, Neurosurgery and Neuromedicine, Gastroenterology. Pulmonary Medicine and Hematology has taken place smoothly with all ancillary facilities also moved parallelly with it.

ALUMNI ASSOCIATION

Office Bearers

President	: Dr. Vathsala Sadan
Vice President	: Mrs. Mary Johnson
Secretary	: Mrs. Regina Xavier
Joint Secretary	: Ms. Sumathy . J
Treasurer	: Mrs. Angeline Esther
Joint Treasurer	: Mrs. Angeline Jayarani

Coordinators

Standing Committee	: Dr. Bala Seetharaman
Welfare Committee	: Mrs. Alice Augustine
Scholarship Committee	: Dr. Chellarani Vijayakumar
Editorial Committee Convenor	: Mrs. Deena David
Editorial Committee Co Convenor	: Ms. Deborah Snegalatha
Workshop Committee	: Mrs. Menaka Raghuraman

Alumni Representatives-India

Sno	Name of the Alumni Representative	State
1	Mrs. Sisy Joseph	Kerala
2	Mrs. Amudha Sundari	Karnataka
3	Ms. Shimy John	Maharashtra
4	Mrs. Jothi Clara	Tamil Nadu
5	Mrs. Nirmala Margaret	Andhra Pradesh
6	Mrs. Mercy Oommen	Orissa
7	Mrs. Era Dayal	Uttarakhand
8	Ms. Jasper Damaris	Delhi
9	Mrs. Lilly Christopher	Madhya Pradesh
10	Dr. Christy Simpson	Dimapur
11	Mrs. Christy Martina	Assam
12	Mrs. Devakirubai	South Tamil Nadu
13	Mrs. Annie Veda	Puducherry
14	Mrs. Sangeetha Samuel	Ludhiana
15	Ms. Sirisha	Telangana

Alumni representatives –Global

Sno	Name of the Alumni Representative	Country
1	Dr. Leah Macaden	Scotland
2	Mrs. Aleyamma Koshy	UK
3	Mr. Boaz, Mrs. Shanthi John	Ireland
4	Mr. Ramesh	Canada
5	Mrs. Jessie Thambiraj, Ms. Alison Fernandez, Ms. Ancy Riya George	Australia
6	Dr. Selva Titus, Mrs. Priyalatha	UAE
7	Mrs. Anandhi	Muscat
8	Mrs. Aruna Samuel	Saudi (Jeddah)
9	Ms. Jane Rita, Ms. Margaret Kumar, Ms. Vinciya Pandian	USA
10	Mrs. Asiya Ibrahim	Maldives
11	Mrs. Priscilla Talwar	Nepal
12	Mrs. Malathy Chelladurai	Doha
13	Mrs. Aminath Jameel, Mrs. Mary Nelson	Malaysia & Singapore
14	Mrs. Deepika	New Zealand

Contact details

Phone: 0416-307-7002 / 7003/ 7034

Email: deancon@cmcvellore.ac.in/ alumni_asso@yahoo.co.in/
cmcconalumni@gmail.com

Wishing all our alumni “A Very Happy, Healthy, Prosperous and Blessed New Year, 2023”

With best wishes

Dr. Vathsala Sadan
President
Alumni Association

Mrs. Deena David
Convenor
Editorial Committee



**COLLEGE OF NURSING
CHRISTIAN MEDICAL COLLEGE
VELLORE-4**



***Alumni News Letter
January 2023 December 2023***



Dear Friends,

Greetings from the College of Nursing, Christian Medical College, Vellore.

It is our great delight and pleasure to meet you through this newsletter. The Lord Almighty has been so grateful and wonderful in leading us through the past year. The year 2023 was a year to thank God for his abundant blessings and mercy in carrying us through every situation and leading our College to greater heights. As always, we are excited to share updates and news from the nursing program and the broader healthcare community.

We are proud of the incredible work that our alumni are doing in the nursing profession and beyond, and we are eager to share their stories with you.

Finally, we want to express our gratitude to all of you for your continued support of the nursing program. Your contributions and achievements inspire us, and we are honored to be a part of your journey.

Thank you for your ongoing commitment to excellence in nursing, and we hope you enjoy this edition of the alumni newsletter. We acknowledge your contribution in the past and look forward to interact and meet with you. May the Lord help us to maintain the legacy of nursing passed by our pioneers and lead us in all our endeavours.

ALUMNI NEWS

Alumni Reunion and Workshop

The College of Nursing Alumni Reunion was held on 4th August, 2023 in the Recreation Hall of the Nursing Student's Hostel. We had the inaugural session followed by the Business session. The business session commenced with homage paid to 13 of our dear alumni who had passed away last year. Dr. Vinitha Ravindran, Dean and President, elaborated on the complete picture of the activities planned and accomplished in the College of Nursing. The research collaboration and MOUs with other universities from overseas were also mentioned by the Dean. She applauded the efforts of Dr. Vathsala Sadan former Dean and the faculty of CON in successfully getting the NAAC accreditation for College of Nursing. Programs by the Diamond Jubilee Batch of B.Sc Nursing students entertained the gathering. It was indeed a refreshing time of joy, celebration and thanks giving for all the alumni.

Obituary:			
Sno	Name of the alumni	Batch	Date of demise
1	Mr.Sam Selvin Kumar	Diploma Batch of 1983	15 th January 2023
2	Ms.Tamilselvi	Diploma Batch of 2017	14 th April 2023
3	Ms.Vijayalakshmi	Bsc batch of 1981	29 th April 2023
4	Sr.Soosamma Philip	Diploma Batch of 1979	27 th June 2023
5	Mrs.Omana Thomas	Diploma Batch of 1980	14 th November 2023
6	Mrs.Palur Jeyalakshmi Margaret	P.B.BSc Batch of 1978	9 th December 2023
7	Mrs.GracyVenkatrangam	BSc Batch of 1957	13 th December 2023

Alumni Scholarship

The Pitman Taylor Scholarship of Rs.10000 each was awarded to five Postgraduate students.

Welfare Fund

Financial support from the Alumni Welfare Fund of Rs. 5000 is given every month to Ms.Porkodi, BSc batch of 2012 as she struggles to support herself with a Chronic illness.

COLLEGE OF NURSING

Dean : Dr. Vathsala Sadan(Till June 2023)
Dr. Vinitha Ravindran(June 2023 till date)

Deputy Dean : Mrs. Shandriela Immanuel

Additional Deputy Deans: Mrs. Sheeba Nelson

Mrs. Sara Emma Rosalind

Mrs. Deena.E

Mrs. Angeline Jayanth

Registrar : Dr.Asha Solomon

Deputy Registrars : Mrs. Jenny and Ms.Hepsi Raju

Faculty information

There are 95 faculty members with M.Sc qualification, of whom 5 are Ph.D qualified and 11 faculties are pursuing Ph.D in Nursing. College has 46 Tutors and 143 staff nurses.

Retirement

- **Mrs. Meenakshi Sekar**, Professor and HOU Specialty Nursing IV (Emergency & OPD) retired on 04.03.2023
- **Dr. Bala Seetharaman**, Nursing Superintendent, Professor and Head of the Department of Medical Surgical Nursing Specialty I retired on 14.3.2023
- **Mrs. Rajeshwari Siva**, Professor Community Health Nursing Department retired on 31.5.2023
- **Dr. Vathsala Sadan**, Dean College of Nursing retired on 10.6.2023
- **Dr. Premila Lee**, Professor and Head of Medical Surgical Nursing and Former Nursing Superintendent retired on 29.7.2023
- **Mrs. Margaret Manoharan**, Professor in Pediatric Nursing Department and Former Additional Deputy Dean retired on 12.7.2023
- **Ms. Ruma Nayak**, Professor Pediatric Nursing Department retired on 13.8.2023
- **Mrs. Lydia Johnson** Senior tutor in Fundamentals of Nursing Department retired on 31.10.2023
- **Mrs. Alice Suresh**, Professor in Medical Surgical Nursing Specialty I retired on 29.12.2023

We acknowledge the contributions of these eminent faculty members and wish them a happy retired life.

Educational Programmes

A total of 857 students are on roll this year. 2023 Batch of students were admitted into the College through the regular CMC admission process without any problem.

COLLEGE OF NURSING, CMC, VELLORE IS NOW NAAC ACCREDITED WITH "A" GRADE



Being accredited by the National Assessment and Accreditation Council (NAAC), the College of Nursing,

Christian Medical College, Vellore has secured “A” grade in the first cycle for its academic excellence in Nursing Education. NAAC so far has accredited 24 stand-alone Nursing Colleges; among them, we are the first to be accredited with the highest score in the country. College of Nursing, Christian Medical College, Vellore has stood tall for over 110 years now; obtaining this accreditation has made our Alma Mater see yet another milestone. The Assessment and Accreditation process entailed meeting 7 Criteria with 33 Key Indicators and 109 Metrics, covering eight aspects namely, Curricular aspects, Teaching-Learning and Evaluation, Research, Innovation and Extension, Infrastructure and Learning Resources, Student support and Progression, Governance, Leadership and Management, Institutional Values and Best Practices and finally Nursing Quality Indicators. Apart from an online evaluation of our self-study report, three assessors visited our college on the 8th and 9th February 2023 for physical verification of the infrastructure and documents in alignment with the seven criteria. On 9th February 2023 during the exit meeting the chairperson of the assessors spoke high about our functioning and highlighted our sincerity and integrity. This accreditation is valid for 5 years.

Lamp Lighting Ceremony

The Lamp Lighting Ceremony for the Batch of 2023 of the College of Nursing was held on **01st November 2023 at 6.00 pm** in the Scudder Auditorium. During this solemn occasion, 200 First Year Nursing Students dedicated themselves to the noble profession of Nursing.



The Chief Guest Mrs. Rosaline Jayakaran, Former Dean, College of Nursing, Christian Medical College, Vellore in her address emphasized the meaning and significance of Lamplighting.



Dr. Vinitha Ravindran, Dean, College of Nursing gave charge to the students and spoke on the significance of Florence Nightingale Lamp and the ceremony. She inspired the students to pursue their calling with single minded devotion,

considering themselves as instruments of God in the healing ministry. Dr. Rachel George Chandy, Professor in Department of Gynecologic Oncology, Christian Medical College, Vellore lighted the Florence Nightingale lamp that was presented to the College of Nursing by our Founder Dr. Ida S Scudder.

College of Nursing Graduation



The Nursing Graduation Ceremony 2023 was held on the 25th April 2023 at the Scudder Auditorium. Dr. Deepika Cecil Khakha, Nursing Advisor to Government of India,

Directorate General of Health Services, Ministry of Health & Family Welfare, Government of India, New Delhi graced the occasion as Chief Guest. Dr. Deepika appreciated the humble beginning of the founder and the success of the institution that is evident in its vision and mission of caring for the patients. She acknowledged and applauded the unique feature of College of Nursing in having an integration model of nursing service and education., Dr. Vathsala Sadan, Dean, College of Nursing, emphasized that education and service are deeply integrated. She encouraged the graduates to emulate the model of caring with

compassion demonstrating the spirit of Christ to enable patients to live their lives to the fullest. 189 Undergraduate and 19 Post Basic Diploma Nursing students were presented with the certificates by the Dean while Mrs. Alice Sony, the Nursing Superintendent presented the College pins to them.

COLLEGE DAY

After three long years, the faculty and students of College of Nursing came together to mark February 25th, as College Day-2023, with a Spanish theme, "Celebra la Vida" meaning "Celebrate Life". The celebrations began with three cheers for the silver and blue as the college flag was hoisted at the College of Nursing campus.



The Chief Guest for the occasion was Dr. Banumathy R, Principal, DKM College for Women, who in her inaugural address impressed that CMC is the pride of Vellore and expressed her high regards for the good work

being done by the institution. She placed on record her congratulations to College of Nursing for the well-deserved 'A' grade by National Assessment and Accreditation Council (NAAC). She encouraged the faculty and students to continue the caring ministry in the best possible way. The achievements of the College during the past year were presented to the audience; the highlights being the National Hematology Conference and the 'A' grade accreditation of our Alma Mater by NAAC. During the event, it was declared that with this accreditation the College of Nursing, CMC Vellore is now officially top among Nursing colleges from across the country. A snippet of the process of acquiring Accreditation was screened to celebrate the Success of College of Nursing. Following this the Director Dr. Vikram Mathews handed over the NAAC Report to Dean, Dr. Vathsala Sadan.

Annual Sports Day: The Annual Sports Day of the College of Nursing, CMC, Vellore was held on 11th March 2023 at CMC Oval Ground, Bagayam. The Chief Guest for the programme was Dr. Joy John Mammen, Associate Director(Medical) and Professor of Transfusion Medicine and Immunohematology Department, CMC, Vellore.



The day started with welcome address by Mrs. Bharathy R, Associate Professor in Medical Nursing and Advisor, Sports Committee. The sports events started with spectacular March Past by 1st year Nursing Students followed by lighting of the Olympic

Torch by the Chief Guest in the presence of Dr. Vathsala Sadan, Dean, College of Nursing, Mrs. Jeyalinda Christopher, Associate Nursing Superintendent, Heads of Departments/Units, Faculty, Sports Chairperson Ms. Anju Maria Biju, Students Nurses Association Vice President Ms. Achsah C Kurien and the House Captains. The sports day was declared open by the Chief Guest by symbolically letting doves fly with freedom and peace. The day was filled with colorful music and group activity showcasing patriotism.



SHILOH 2023 The annual students' medical missions' conference SHILOH 2023 was held from 28.09.2023 to 01.10.2023 at Scudder Auditorium, Bagayam.

The theme this year was **"Overcomers, more than Conquerors"** from Romans 8:37 focussing on how to overcome doubts, shame, failures, fear and temptations and to prepare the students to face challenges in their personal lives as well as in the mission fields they are called to serve in the future.

The John Scudder Oration for the year 2023 was delivered by Dr. Philip Alexander and Anna Alexander, who has worked in missions in India and Africa, and is a PG alumnus from Christian Medical College, Vellore. A total of 252 UG and PG students participated from College of Nursing.

Conferences /Workshop:

QUALITY ASSURANCE CONCLAVE-2023

Quality Enhancement in Higher Education: "Exploring Interdisciplinary Perspectives as a Way Forward to Academic

Excellence" in honor of Dr. Vathsala Sadan, Dean College of Nursing, Christian Medical College Vellore, on her retirement, the Internal Quality Assurance Cell and the Department of CNE & Research organized a Quality Assurance Conclave-2023 on the theme, Quality Enhancement in Higher Education: Exploring Interdisciplinary Perspectives as a Way Forward to Academic Excellence on 7th June 2023. The Guest of honor for this conclave was Dr. Vathsala Sadan, whose keynote address inspired the faculty and students to strive towards academic excellence through Quality Assurance,



This conclave included delegates from institutes of Engineering, Arts and Science, Medicine, Teachers Training, Nursing and Allied Health Sciences.

The resource faculty were not only from the field of Nursing, but also from the fields of Medicine, Engineering, Business Management and Life Skills. Following the conclave, on the same evening a celebration of our success for being accredited with A grade by the National Assessment and Accreditation Council (NAAC) took place. The Chief Guest for the celebration was Dr. Bindhu Mathew, Dean, Faculty of Nursing, Rajiv Gandhi University of Health Sciences, & Vice Principal, St. John's National Academy of Health Sciences, Bengaluru, whose inspiring talk made the faculty and students feel proud to be a part of this Alma Mater. Dr. Bindhu Mathew handed over the NAAC Certificate to the members of the Internal Quality Assurance Cell's Core committee in the presence of Dr. Joy Mammen, Associate Director, Christian Medical College, Vellore



The National Surgical Nursing Conference
National Surgical Nursing Conference at CMC, Vellore under the theme "Way forward to impact patient outcome"

highlighted the role of surgical nurses in recovery after surgery
Continuum of surgical nursing care is the The National Surgical Nursing Conference was organized by the Surgical Nursing Department of College of Nursing, Christian Medical College, Vellore on the 25th of July 2023, focusing on the theme, "Continuum of Nursing Care in Gastrointestinal Surgeries - The Way Forward". The objective of the Conference was to update the nurses on fundamental shifts in the process of care after gastrointestinal surgeries. The keynote address on 'Evolution, History and Challenges of Surgical Nursing' was delivered by Dr. Premila Lee, Professor and Head of Medical Surgical Nursing, former Nursing Superintendent, and former Head of Surgical Nursing who was retiring after 39 years of illustrious service in the field of nursing and in whose honor this Conference was held. The conference was attended by more than 400 nurses from 8 states of our Country.

Workshops and Short-term Courses

This year we had 11 in house workshops and 5 short term courses which was effectively organised by the Continuing Nursing Department

Accolades for our Alumnus

Mrs.Rebecca Sumathy Bai received the Dr,A,D,Sehgal's Oration award from the Society of Indian Neuro science Nurses' (SINN) for her various achievements and contributions to the field of Neuro nursing in the 43rd SINNCON 2023 on 15.12.2023



The Lifetime achievement award by the Association of Nurse Executives India was awarded to Dr.Mary Sulakshini Immanuel for her illustrious career spanning for 47 years and her contributions to Nursing Education and service.

One of our Alumnus Mrs.Jebaroseline ,1975 Batch of GNM and 1984 Batch of PBBS (N) had received the following awards: 3 times Best Principal Award at MIOT SON, Chennai, Best Nursing Supervisor Award in Muscat MOH and the Life Time Achievement Award for the year 2022 - 2023 from State Nursing Council, Tamil Nadu.Mr.T.S.Ravikumar was awarded the recipient of 'Life Time Achievement Award' from the Tamil Nadu Nurses and Midwives Council.



Our Alumnus in UK were invited to meet King Charles at a reception for Nurses and midwives working in the UK held at Buckingham Palace in 2023. Our Alumnus Brigadier Amita Devarani.S.P received the National Florence Nightingale award for the year 2023.



Dr .Leah Macaden our Alumni was recognised as a National Teaching Fellow by Advance HE,UK in September 2022.This high profile National award recognises, rewards and celebrates individuals who have made an outstanding impact on student outcomes and higher education in the United Kingdom

Ph.D. Programme: Two faculty are in the process of registering for PhD in Nursing, under Dr.MGR Medical University. One faculty was selected for the PhD programme under the National Consortium for PhD in Nursing by the Indian Nursing Council

Journal Publication The Indian Journal of Continuing Education (IJCNE) is being published biannually by the College of Nursing .

Research Activities Twenty faculty research projects have been undertaken this year. Faculty and students presented their research during the Annual Research Day held on 12th October 2023 in the Institution and won prizes.

Staff Welfare Programmes: Retreat was conducted for the faculty and staff of College of Nursing by the SISYA team led by Mr.Ashok Vedanayagam

STUDENT ACTIVITIES

Students active participation in varied events has helped create a vibrant college community. Apart from their academic activity they have taken part in numerous competitions at the local, state and National levels demonstrating their talents and creativeness **Student Nurses Association [SNA] Office bearers**

- President : Dr.Vathsala Sadan & Dr.Vinitha Ravindran
- Senior Advisor : Mrs. Margaret Manoharan & Mrs. Sonia Abraham
- Junior Advisor : Mrs. Joy Priyadharshini
- SNA Vice President : Ms. Achsah. C. Kurian
- SNA Secretary : Ms. Dania Anna Paul
- RAC President : Ms. Jencey Ruth. S.E
- Hostel General secretary: Ms. Helina. M

Awards and Prizes

S. No	Competition	Organised by	Students' name	Prize received
1.	Zenith Quiz [zonal level] 19 th Jan 2023	PSG College, Coimbatore	Anna Gabriella - 4 th yrBsc Pretty Stephen - 4 th yrBsc Sureka - 1 st yrPBBS	2 nd prize
2.	Annual Sports Day 2023 -	CON, CMC Vellore	Godson Prasad [Men] Roseline. R [Women]	Individual championship
3.	Q-Infinity Inter-collegiate Quiz competition	Apollo CON, Chennai	Alina Kuriachen- 4 th yrBsc Christy Philip - 4 th yrBsc Hebseba A E 3 rd yrBsc	2 nd Prize
4.	Thirukural Essay writing contest 8 th October 2023		Manisha. S- 3 rd yrBsc Neeta Premi - 2 nd yrBsc Merlin Cynthia - 2 nd yrBsc	1 st prize 2 nd prize 3 rd Prize
5.	Thirukural Drawing contest		Ms. Anne Sherin- 3 rd yr BSc	2 nd Prize



**Zenith
Q
Infinity
Quiz**



Pegasus 2023

The Intercollegiate Arts and Sports fest was conducted in Bagayam Campus, CMC from 11th to 16th of September 2023. It was coordinated by Medical Students Association, Bagayam. Students participated in various art and sports competitions and bagged prizes. A week long fest with hours and hours of practice and hard work paid off in the end.

The winners of Pegasus 2023 are listed below:

Competition	Prizes	Name of the student	Class
Photography Competition	Second	Ms.Marsymbudki	1 st Year BSc
4*100m Relay		Aatma Mariya	2 nd Year BSc
		Roseline R	1 st Year BSc
		Mary Chongneimawi	1 st Year BSc
		Jonsy S	1 st Year BSc
100 meter		Roseline R	1 st Year BSc
200 meter		Roseline R	1 st Year BSc
Javelin Throw		Felcy Jasmine	

SNAI Biennial conference Zonal level

SNAI Zonal level Biennial conference was hosted by Pachamuthu CON, Coimbatore on 15th of August, 2023. A total of 29 students participated in the conference, SNA unit of CON; CMC Vellore bagged the award for the Best SNAI Unit and Best SNAI Diary. Students won prizes in various competitions (face painting, dance, essay and poster presentation to name a few) during this conference.



SALT Workshop for student leaders

Student leaders (SNA Vice-president & Secretary) from the SNA Unit of CON, CMC Vellore participated in the SALT - Student

Advocacy and Leadership training, a one day workshop organized by TNAI at Sree Balaji College of Nursing, Chennai. The workshop's emphasis being - "Leadership and Learning are indispensable to each other."

TNAI Skill Development Training Program

The Trained Nurses Association of India Skill Development Training Program was conducted on 24th September 2023. Four students from SNA who successfully registered appeared for the preliminary round entrance exam.

Religious activity

Students take part in Chapel services, family prayers, class retreats, scripture classes and RAC special meetings. They are also engaged in the teaching mission sessions and SHILOH Student Annual Missions conference. These are aimed at supporting students' spiritual nourishment during their time here in college.



Students were also involved in the ASHA- USAID simulation lab inaugural program, during the NAAC peer team visit- Various committees presented their activities from NSS, Junior Red Cross and showcased their academic and co-curricular

activities through exhibits and cultural programme. Students were also part of the Quality Assurance Conclave organized to celebrate the occasion where our College was accredited from NAAC with 'A' grade (first stand-alone Nursing College to achieve this grade in the country).



Other social activities like blood donation camps and visit to orphanage were organized by the students with guidance from faculty.

Student nurture and welfare

Students are nurtured and guided in the college and hostel by the class advisors and warden. Regular Bible classes are conducted by Chaplaincy department for all batches.

A counselor is available every day in the hostel for their need. The counseling classes (once a month) by the counselor along with the Bible classes are being continued which are beneficial for students. Foster parent and foster batch programmes are also continued and aimed at building relationships.

The students are also given scholarship by the institution as well as through Friends of Vellore US,UK and Australia, donations from Alumni and well-wishers of College of Nursing CMC,Vellore. A total of 165 Undergraduate students received scholarship from the institution and 5 Postgraduate students received scholarship from the Alumni. The generous contribution of the Alumni of CON towards this endeavor is acknowledged and greatly appreciated.

NURSING SERVICE NEWS

We are thrilled to connect with you through this newsletter, extending warm regards from the Office of the Nursing Superintendent at Christian Medical College, Vellore. As we persist in our journey of excellence in healthcare and nursing education, we are privileged to share some notable highlights and updates from our recent endeavors and achievements.

Administration

Nursing Superintendent: Mrs. Alice Sony

Associate NS : Mrs. Jeyalinda Christopher
 Associate NS : Mrs. Anne Jarone
 Deputy NS : Mrs. Sophia Vijayanathan
 Deputy NS : Mrs. Shanthi Gladston
 Deputy NS : Mrs. Lillian Percy Kujur
 Deputy NS : Mrs. Arokiaseeli Annarani Mabel
 Mrs. Anbarasi Benjamin

Workshops conducted by Nursing Services

Nursing services take the major lead in periodic training and certifying staff with regard to CPR and IV therapy along with other In-house programs in collaboration with the various departments according to the clinical areas need.

S. No	Name of the workshop	No. conducted	No. of participants
1.	CPR BLS training (Adult)	53	1796
2.	Pediatric BLS training	8	250
3.	Advance Cardiac Life support ACLS (Adult)	3	102
4.	Pediatric Advanced Life support (PALS)	1	35
5.	In-house workshop	35	1811
6.	IV therapy	18	564

Nursing Service Endeavors and Achievements:

Release of the Clinical Nursing Manual: We proudly launched the 5th edition of the Clinical Nursing Manual on 13.03.2023, setting new standards for basic nursing practice and serving as an invaluable reference for educators, students, and healthcare professionals alike.

NABH Nursing Excellence Renewal Assessment - 2023: We successfully conducted NABH- Renewal assessments on November 6th and 7th at the Town campus, and on November 15th and 16th at the Ranipet Campus.

Sports Championship: Our nursing staff demonstrated their exceptional athletic abilities, securing the Overall Championship at the Institutional Staff Sports Meet held in November 2023.

Clinical Initiatives: Introducing new specialist roles and expanding the existing roles such as POCSO Nurse, Laryngeal Nurse Educator, Cardiothoracic Nurse Coordinator, Medoncolgy Chemotherapy Nurse Coordinator, Lifestyle Nurse Educator, Stroke Nurse Coordinator, and IBD Nurse Specialist, we aim to enhance patient care and outcomes across all our campuses.

Human Resource Initiatives: We have digitized staff personal records and shifted former employees' scanned records to the Kaniyambadi warehouse, streamlining our data management processes effectively.

Performance appraisals have been transitioned online to accommodate the expansion of our campuses.

Establishment of the Nursing Service Office at the Ranipet campus: The Office of the Nursing Superintendent at Ranipet campus dedicated on 08.11.2022, signifies our commitment to managing everyday activities efficiently. Assisted by three administrative staff, our Associate Nursing Superintendent and Deputy Nursing Superintendent oversee Nursing Service activities at this campus.

Staff Recognition and Awards: During our Nurses Day celebration, we took the opportunity to honor and recognize individuals for their outstanding contributions to patient care. It is through their dedication and commitment that we continue to uphold the highest standards of nursing practice.

Trained Nurses Association of India (TNAI) Activities: Our TNAI local unit remains actively engaged in various social welfare activities, celebrating International Nurses Day, organizing fundraising events, and fostering professional development opportunities for nurses.

ALUMNI ASSOCIATION

Office Bearers

President : Dr. Vathsala Sadan (till June 2023)
Dr. Vinitha Ravindran

Vice President : Dr. Mary Johnson
Secretary : Mrs. Regina Xavier (till Aug 2023)
: Mrs. Bharathy R

Joint Secretary : Ms. Priya Ranjani

Treasurer : Mrs. Angeline Esther :

Joint Treasurer Mrs. Angeline Jayarani:

Coordinators

Standing Committee : Mrs. Alice Sony

Welfare Committee : Dr. Shirly David

Scholarship Committee : Dr. Christy Simpson

Editorial Committee Convenor : Mrs. Deena David

Editorial Committee Co Convenor: Ms. Deborah Snegalatha

Workshop Committee : Mrs. Menaka Raghuraman

Alumni representatives-India

Sno	Name of the Alumni Representative	State
1	Mrs. Sisy Joseph	Kerala
2	Mrs. Amudha Sundari	Karnataka
3	Ms. Shimy John	Maharashtra
4	Mrs. Jothi Clara	Tamil Nadu
5	Mrs. Nirmala Margaret	Andhra Pradesh
6	Mrs. Mercy Oommen	Orissa
7	Mrs. Era Dayal	Uttarakhand
8	Ms. Jasper Damaris	Delhi
9	Mrs. Lilly Christopher	Madhya Pradesh
10	Dr. Christy Simpson	Dimapur
11	Mrs. Christy Martina	Assam
12	Mrs. Devakirubai	South Tamil Nadu
13	Mrs. Annie Veda	Puducherry
14	Mrs. Sangeetha Samuel	Ludhiana
15	Ms. Sirisha	Telangana

Alumni representatives Global		
Sno	Name of the Alumni Representative	Country
1	Dr.Leah Macaden	Scotland
2	Mrs. Aleyamma Koshy	UK
3	Mr.Boaz, Mrs.Shanthi John	Ireland
4	Mr.Ramesh	Canada
5	Mrs.JessyThambiraj Ms.AlisonFernandez, Ms.Ancy Riya George	Australia
6	Dr.Selva Titus ,Mrs.Priyalatha	UAE
7	Mrs.Anandhi	Muscat
8	Mrs.Aruna Samuel	Saudi (Jeddah)
9	Ms.Jane Rita, Ms.Margaret Kumar, Ms.Vinciya Pandian	USA
10	Mrs.Asiya Ibrahim	Maldives
11	Mrs.Priscilla Talwar	Nepal
12	Mrs.Malathy Chelladurai	Doha
13	Mrs.Aminath Jameel Mrs.Mary Nelson	Malaysia and Singapore
14	Mrs.Deepika	New Zealand

We would love to hear from you! Please feel free to reach out to us with your updates, feedback, or any inquiries. Your input helps us shape our initiatives and strengthen our community. Thank you for your unwavering support and dedication to the nursing profession. Together, we strive for excellence and make a meaningful impact on healthcare Worldwide.

Contact details

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With best wishes

Dr.Vinitha Ravindran Mrs. Deena David
President

Alumni
Association

Convenor
Editorial Committee

Ms.Deborah
Snehalatha
Co-Convenor
Editorial
Committee